

LAWLEY ARMED FORCES NETWORK





LAWLEY ARMED FORCES NETWORK BROCHURE

A guide to support, events and activities for Lawley residents and around the local area

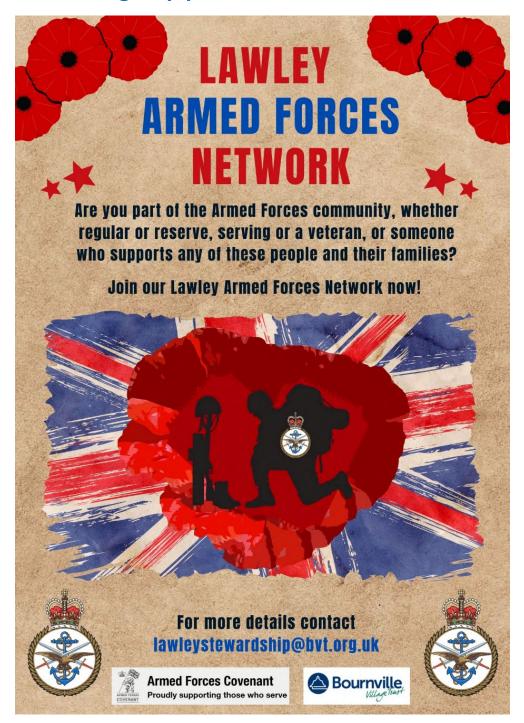


Goals and Partnerships





Here is the group poster. Please feel free to share:





Goals and Partnerships





ABOUT US!

Lawley Armed Forces Network is a group of local residents and organisations, working in partnership, to support and celebrate our Armed Forces personnel and their families.

We aim to:

- Provide a support network for local people to access services and activities.
- Signpost members to opportunities and charities with partner organisations.
- Celebrate our community with events and activities for the Armed Forces Community.
- Connect serving personnel and ex-service members to help with transitions.

Lawley Armed Forces Network is proudly supported by Bournville Village Trust in Lawley Village and The Armed Forces Covenant, plus many other charities.

Read on to find out about what is available in your area:

Activities & Community
Opportunities

Goals and
Partnerships

Community
Groups

Community
Groups

Community News
& Events



Support & Charities







Armed Forces Covenant

Proudly supporting those who serve



To those who proudly protect our nation, who do so with honour, courage and commitment, the Armed Forces Covenant is the nation's commitment to you. It is a pledge, by the nation, that together we acknowledge and understand that those who Serve or who have Served in the Armed Forces, and their families, should be treated with fairness and respect in the communities, economy and society they Serve with their lives. The Covenant focusses on helping members of the Armed Forces Community to "have the same access to government and commercial services and products as any other citizen". Special consideration may also be appropriate for those who have sacrificed the most including the injured and bereaved.

Across the UK, over 11,000 businesses and organisations have pledged their support to our Armed Forces community by signing the Covenant and across Telford, this includes approximately, 120 organisations including Telford & Wrekin Council and the vast majority (26 out of 27) of our Town & Parish Councils.

Telford & Wrekin Council has a strong framework in place to deliver their commitments to the Armed Forces Covenant including dedicated <u>webpages</u> where our Armed Forces community can find further information and support and an:

- An Armed Forces Champion Cllr Chris Turley chris.turley@telford.gov.uk
- A Cabinet Member with Portfolio Responsibility for the Armed Forces Covenant – Cllr Raj Mehta – <u>rajesh.mehta@telford.gov.uk</u>

For further information, please contact the Armed Forces Covenant Co-ordinator at armedforcescovenant@telford.gov.uk



Support & Charities







The Armed Forces community is a strong part of our local demographic and Bournville Village Trust (BVT) in Lawley Village are working with local residents and the Armed Force Covenant to support service and ex-serving personnel.

To support community development in Lawley, BVT are helping facilitate the new Lawley Community Hub in Lawley Square. We hope to have an Armed Forces Covenant Outreach Worker based there at some point for drop-in sessions and also welcome network members to use the space free of charge for community meetings.

BVT will be supporting the Lawley Armed Forces Network by hosting their group webpage within our website. This will have armed forces information, links to local charities and events.

https://bvtlawleyvillage.org.uk/

Check out our new website!









Support & Charities

LAWLEY ARMED FORCES NETWORK



Organisation	Contact
	Telephone: 01743 233123 (Monday to Friday from 10am to 4pm)
Age UK Shropshire, Telford and Wrekin	Email: enquiries@ageukstw.org.uk
	https://www.ageuk.org.uk/information-advice/
Armed Forces & Veterans	https://www.afvbc.world/
Breakfast Clubs	Email: contactus@afvbc.world
Blind Veterans UK	https://www.blindveterans.org.uk/
	Telephone: 0300 111 22 33
Citizens Advice	https://www.citizensadvice.org.uk/
	Telephone: <u>0800 144 8848</u>
Combat Stress	For urgent psychological support, please call 0800 1381619
Defence Medical Welfare Service	Telephone: 0800 9993697
	Mobile: 07785 614832
	Email: referrals@dmws.org.uk
Fighting with Pride	https://www.fightingwithpride.org.uk/
	The LGBT+ Veterans Charity
	Email: info@fightingwithpride.org.uk
Government Website	https://www.gov.uk/topic/defence-armed-forces/support-services-military-defence-personnel-
	families
Help For Heroes	https://www.helpforheroes.org.uk/
	getsupport@helpforheroes.org.uk
Op Courage	https://veteranaware.nhs.uk/op-courage/
	The Veterans Mental Health and Wellbeing Service.
Op Nova	https://www.forcesemployment.org.uk/programmes/op-nova/
	Delivered by Forces Employment Charity provides support for veterans who are in contact with the
	justice system, enabling them to access the services they need.
SSAFA Shropshire	https://www.ssafa.org.uk/
	Helpline available 24 hours a day, 7 days a week to take your message. Then one of the local SSAFA
	team will then get in touch with you by phone.
	Telephone: 01743 344220
Samaritans	Freephone their Veterans Support Hub for the military community on 0808 175 3075 (24/7) or
	email <u>io@samaritans.org</u> – to access confidential emotional support for feelings of distress, despair
	or suicidal thoughts.
Shelter	For urgent housing support, please call 0808 800 4444
Shout	A crisis text support service for people in the military community who are struggling and need
Silout	immediate support to get through a crisis. Text CONTACT to 85258. #TextCONTACT85258
Telford Mind	Telford Mind have recently signed the Armed Forces Covenant and can be contacted by phone.
	Telephone: 07434 869248
	https://telford-mind.co.uk/contact-us/
The Royal British Legion	https://www.britishlegion.org.uk/
	The Contact Centre is open for calls 7 days a week from 8am to 8pm. This will then be passed onto
	the local team who will make contact.
	Telephone: 0808 8028080
The Veterans' Mental	This is a free NHS mental health service for all ex-serving members of the UK Armed Forces and
Health Transition,	Service personnel who are making the transition to civilian life including reservists.
Intervention and Liaison	Telephone: 0300 3230137
(TIL) Service	Email: mevs.mhm@nhs.net
	https://www.yss.org.uk/
YSS Remember Veterans	We provide a wide variety of mainly community focused support for people and are often
	described as the 'glue' between those at risk of social isolation and wider mainstream society.
	Email: info@yss.org.uk



Support & **Charities**





Schools

Did you know schools are allowed to exceed maximum recommended class sizes in certain circumstances? Contact the Armed Forces Covenant to discuss appealing a decision if you have been unsuccessful in attaining a place.

Did you know if you declare armed forces status for your family to the school then they will receive extra funding and support?

Medical Treatments

Did you know you can attach the code 13JY to your medical records for yourself and family members? This will direct referrals for physical treatments and mental health to specialist armed forces services.

DID YOU KNOW?

Housing

Did you know housing associations need to give priority to armed forces personnel and families. You do not need a connection to the area. Wrekin Housing Association is the local association to

Entitlements

Did you know you are entitled to preferential help for some services like debt management, finances and more?

Did you know there are many charities that are here to help the Armed Forces Community? For example, the RAF Benevolent Fund gives free legal advice to veterans.

There are a wide range of services and products that the covenant can help signpost you to. If you would like help and advice for members of our Armed **Forces** community, please

email: armedforcescovenant@telford.gov.uk.



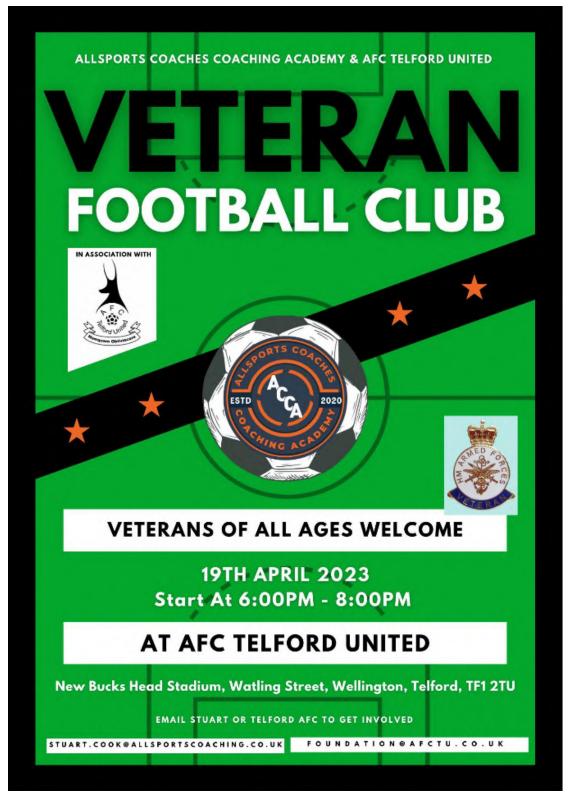
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Activities & Opportunities

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Activities & Opportunities

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Contact

Smallwoods

today

We need volunteers!!



I've been in the woods before, but never like this. I've learnt so much being out here, about trees, about living things...about me.

Project participant

An opportunity for veterans and their families to connect positively with the woods, each other and themselves.

- Take part in biodiversity work that helps to give shape, form and health to the woodland.
- Learn new woodland skills and about how humans interact with the living world.
- Socialise and give back to the community by helping to create a vibrant and healthy woodland site.

When & where

Mondays, 10am - 3pm

Squatter's Cottage, Woodlands Lane, Lightmoor, TF4 3Q What3words: rejoined.lifeguard.bagels

Get in touch

rebeccavincentevans@smallwoods.org.uk

Connect with us

smallwoods.org.uk

1081874 Registered charity number



Activities & Opportunities

LAWLEY ARMED FORCES NETWORK



CALLING ALL FORMER & CURRENT **FORCES & EMERGENCY** PERSONNE



MODEL MAKING

Leegomery Community Centre



Leegate Ave Telford TF1 6NA 13:30-15:3 O 1st and 3rd Tuesday

every month

MODELLING AND PAINTING PROMOTES POSITIVE MENTAL HEALTH AND WELL BEING. GRAB A MODEL KIT OR BRING YOUR OWN.



Activities & Opportunities

LAWLEY ARMED FORCES NETWORK





Protect, care and invest to create a better borough









TELFORD'S VETERAN TRAIL

Saluting Todays Veterans

IN TELFORD TOWN PARK

Celebrating the service of veterans and serving members of our Armed Forces



Find out more about purchasing a stone info@telfordsveterantrail.co.uk

Supported by The Royal British Legion and Telford Rotary









Protect, care and invest to create a better borough



Veterans' Cafes

Drop in – no need to book



FOR FURTHER INFORMATION, PLEASE CONTACT TELFORD MIND - 07434 869248

Supporting Veterans' Mental Health
Calm Cafes by Telford & Wrekin Council and Telford Mind

Veterans' Cafes aim to fill the void caused by isolation and detachment after Service whilst also providing a platform for social interaction and comradery. Both sites are wheelchair accessible and have parking close by. For further information, please email: armedforcescovenant@telford.gov.uk or phone 01952 384772.









The Official Armed Forces & Veterans Breakfast Clubs Network

Armed Forces and Veterans Breakfast Club

There are Veterans Breakfast Clubs all over the UK and further afield that all share the same ethos of mutual support and understanding. Breakfast Clubs exist to facilitate veterans (and current Service personnel) meeting face to face in a relaxed, safe, social environment. They meet regularly on Saturday mornings at the following locations:

- Malinslee: The Church Wickets, Church Road, Malinslee, TF4 2AS on the 3rd Saturday of each month at 9am.
- Halesfield: Willows Cafe, Halesfield 22, TF7 4QX on the 1st Saturday of each month at 9am.
- Oakengates: The Wakes/Outpost Cafe, Oakengates, TF2 3EP on the last Saturday of each month at 9am.

For further information, including contact details, please <u>visit the</u>

<u>Armed Forces and Veterans Breakfast Clubs website</u>









RAF Museum Midlands

Carer's Café is a monthly social group for carers.

Come and meet new people, try new things and have a chat over a hot drink.

Absolutely Free!

No need to book, just turn up!

Car parking pass for the day provided

Carer's Cafe is on the 3rd Friday of each month at RAF Museum Midlands 10.30am - 12.00pm

If you would like to know more, email, community-midlands @rafmuseum.org

RAF Museum Midlands Lysander Avenue, Cosford, Shifnal, TF11 8UP www.rafmuseum.org.uk















LAWLEY ARMED FORCES NETWORK



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ARMY WELFARE SERVICE COMMUNITY SUPPORT



Join us for a friendly chat and a stay and play session





Donnington Community Centre Venning Barracks - V9

Wednesday morning's 1000 - 1130 £1 per child Snack included





Find us on FB to book your place -Donnington Community Centre

Themed activities, messy play, crafts, sensory play, songs, stories and more...









A space to bring the veteran community together and allow veterans, of all ages, to get the support they need.

Monday

2pm-4pm 2nd & 4th Monday of the Month

Dawley House 22 Burton Street, Dawley TF4 2ES

Thursday

5pm-7pm 3rd Thursday of the Month

> Jubilee House High Street Madeley TF7 5AH





Protect, care and invest to create a better borough



Community News & Events

LAWLEY ARMED FORCES NETWORK



Here are some of the annual community events run in Lawley for everyone to enjoy:













You are invited

to attend a Community Act of Remembrance

Sunday 12 November 2023 10.45am

War Memorial, Lawley

All Welcome!
Together, we will
remember them.



Community News & Events





What else would you like to see happening in your local area for the network?



Join our community now and be part of the Lawley Armed Forces Network.

You could:

- Use the support network and connect with people and charities.
- Meet socially with others who understand the lifestyle.
- Help make events and activities happen for your local area.
- Support other veterans and those transitioning out of the service.

