

LAWLEY COMMUNITY VIRTUAL NOTICEBOARD

YOUR NEWS

- RECENT EVENTS AND PROJECTS
- UPCOMING EVENTS
- YOUTH OPPORTUNITIES
- VOLUNTEERING OPPORTUNITIES
- COMMUNITY GROUPS
- FUNDING NEWS
- FUTURE OPPORTUNITIES
- COMMUNITY NEWS AND EVENTS

MONTH

MARCH 2024

THIS MONTH FEATURES
COMMUNITY ACTION, ARMED
FORCES & COMING SOON

HERE FOR YOU!

RESIDENTS
COMMUNITY GROUPS
CHARITIES
ORGANISATIONS
LOCAL SERVICES
BUSINESSES

TELL US THE OPPORTUNITIES
AND SUPPORT THAT YOU
WOULD LIKE TO SEE IN LAWLEY

WANT YOUR EVENT, PROJECT OR GROUP FEATURED?

EMAIL: LIN POWELL FROM BVT
lindseypowell@bvt.org.uk

Many thanks for all your work in our community. Please get in touch if you want to know more.

Kind regards, Lin Powell LindseyPowell@bvt.org.uk

Community Development & Partnerships Officer, Bournville Village Trust

All information is correct at the time of publishing, please check with groups and event organisers for details.

Recent Events & Projects



Lawley Community Hub was officially opened by Caroline Cadbury on Tuesday 20th February 2024. Read more here about our new hub:
<https://bvtlawleyvillage.org.uk/news/2024/2/21/new-community-hub-officially-opens-in-lawley>

Telford & Wrekin Council

Did you know we run FREE foxy sessions for girls and boys across the borough? Funded through our Safer & Stronger Communities project in partnership with **West Mercia PCC** It's all about getting young people active and making friends in a safe space 🍌

Great news – from Friday sessions start in Lawley too and these are being funded thanks to our ward councillors.

- 👉 **Lawley Village Primary Academy** Bryce Way
- 👉 6.30pm-7.30pm
- 👉 Aged 12-16

AFC Telford United Football Starting in Lawley

Led by qualified coaches from **AFC Telford United (Official)**
 No need to book, just turn up 👍

Lawley Primary School

We need your help Lawley!

Loose parts are items that can be used to facilitate different kinds of play, or any material that a child can manipulate for playful purposes.

WE NEED YOU!

We are looking to source donations towards our den building in school. Can you help?

Natural Loose Parts

Upcycled Loose Parts

bvtlawleyvillage.org.uk
 0300 333 6540
 BVT_Lawley
 bvtlawleyvillage
 BVTLawleyVillage

Coming
Soon!



FREE PIZZA
& COLLEGE
CV ADVICE

LAWLEY YOUTH FORUM

OVERPOWERED GAMING TAKEOVER



COME & TRY THE GAMING VAN WITH YOUR FRIENDS

Join our first Youth Forum Consultation in the community hub. Drop in and join us for pizza, Overpowered Gaming Van with 12 screens* and tell us what you want for young people in Lawley. Ages 10+

*Screen time subject to availability and on rotation

OVERPOWERED GAMING

MOBILE VIDEO GAMING ENTERTAINMENT

www.overpoweredgaming.co.uk

Thurs 28th March
6pm-7.30pm

Lawley Community Hub,
Unit 3 Birchfield Way,
Lawley Square,
Telford, TF3 5BZ

For details contact:
lawleystewardship@bvt.org.uk

Children's Holiday Activities 2024



Located in Lawley, Lightmoor Village & Overdale

FREE

Priority given to residents from these areas

COMING SOON!!!
DATE: EASTER HOLIDAYS 2024



Check out the website for our
fantastic range of free children's
activities and other popular Lawley
annual events such as Summerfest



Find events by
scanning the QR
code or search
Eventbrite



For more info contact: events@bvt.org.uk
or clerk@lawleyoverdale.org.uk
or search www.whatsoninlawley.com

From Lawley Partnership Board
& Lightmoor Village Delivery Group

Includes a variety of activities from
partners & with some funding from:



Lawley 2024 Dates For You Diary



Join Our Community Art Project!



Show off your skills in painting, drawing, photography or digital art.

Decorate a white square 9cm x 9cm with your design. All ages and skill levels welcome.

Entries will be exhibited together for a time as a Community Art Installation in Lawley Village.



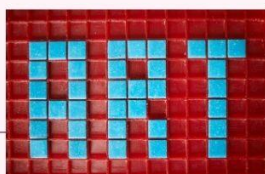
Submission deadline:

12th April 2024

Submit entries to Lawley Community Hub.

For more details contact:

lawleystewardship@bvt.org.uk



Lawley 2024 Dates
For You Diary



Coming In 2024



EASTER TRAIL
MON 25TH MARCH



SUMMERFEST
SAT 6TH JULY

*Lawley 5k
Fun Run*

5K FUN RUN
SAT 7TH SEPT



**LAWLEY'S BIG
CHRISTMAS EVENT**
SAT 7TH DEC



FOR MORE EVENTS
www.whatsoninlawley.com



**JOIN IN &
VOLUNTEER
WITH US!**



FOR ONGOING YOUTH ACTIVITIES



For more details contact:
enquiries@lawleyoverdale.org.uk
lawleystewardship@bvt.org.uk



*Important Change
Of Date!*



**LAWLEY
ARMED FORCES
NETWORK**

**Now on a
Thursday!**

**Pop in for a
drink, ask for
our table at
the bar!**

**The Grazing Cow, Lawley
The second THURSDAY
of the month at 7.30pm**



Join our friendly meetings
All welcome including serving personnel, ex-military, their families and supporters of the Armed Forces Community.

For more details about activities and support,
Contact: lawleystewardship@bvt.org.uk



Armed Forces Covenant
Proudly supporting those who serve



Upcoming Events



80's Party night

All In Aid Of
 motor neurone disease association

DISCO QUIZ
ROCK & ROLL BINGO

SATURDAY 16TH MARCH 2024

LAWLEY COMMUNITY CENTRE
 7PM TILL 10:30PM

EARLY BIRD TICKETS £6
 GENERAL ADMISSION £7.50

FOR MORE INFORMATION VISIT:
WWW.WHATSONINLAWLEY.COM

SUMMER FEST

STALL HOLDERS WANTED

SATURDAY 6TH JULY 2024 +
 FAMILY FUN DAY 1PM TILL 9PM +
 LAWLEY VILLAGE GREEN +

To register your interest for a stall, please e-mail enquiries@lawleyoverdale.org.uk by 18 March 2024

Lawley Partnership Board

Find us on Facebook and Twitter Summer Fest, Telford

ARMED FORCES MATCH DAY 2024

Saturday 16th March
 Shrewsbury Town FC v Carlisle FC

Fan Park opens at 13.00
 Kick off at 15.00

Free tickets for Veterans
 To apply for free tickets, contact SAFCC@shropshire.gov.uk

Cut off for ticket request 1st March
 All tickets to be collected on the day from the Fan Park.

The IRONBRIDGE WW1 WEEKEND

1940's Afternoon Tea Dance

Live Entertainment by Dawn Alacey

Sunday 10th March 2024
 Doors Open from 1.00pm
 Music from 1.30pm
 Coalport Village Hall

134 Coalport High Street, Telford, TF8 7HT

£5 per ticket
 Tickets available through our website www.ironbridgeww2weekend.co.uk

The Ironbridge WW2 Weekend is 25th & 26th May 2024

Telford Community Events



Join Climate Action Hub Telford's
FREE Sustainable Sunday event
Sunday 24th March 11am-3pm
Belmont Hall, Wellington, TF1 1LU

- Fun Eco Arts & Craft workshop for all ages: all materials provided
- Teddy Tombola
- Carbon free crafting ideas
- Swap & giveaway: clothes, books, DVD's, toys, household items etc.
- Terracycle recycling: see website
- Eco library: books & magazines
- Vegan snacks & drinks

PODS WARM HUB

Pop along to PODS warm hub this winter!
Here you can meet others, access hot drinks, soup and biscuits, have a cuppa and enjoy activities run by PODS staff! Everyone in the community welcome

Wednesday 28th February	Knit and natter	10am-12pm
Wednesday 6th March	General Crafts	10am-12pm
Friday 15th March	General Crafts	12pm-2pm
Wednesday 20th March	Knit and natter	10am-2pm

Funded by National grid community fund

Find us at:
1 Hawksworth road
Central park
Telford
TF29TU

Contact us : 01952 458047

Spring Drama in the Forest

at Wrekin Forest School (near Telford)

25th - 28th March
6 - 12 year olds

A fun, playful drama, movement, music workshop in a beautiful forest that builds your child's confidence, team work and creativity ending in a magical performance.

Early Bird Offer available until 4th March

Early Bird Offer: £100 (£25/day) per child

Go to www.moonstruckastronaut.com/projects or find 'Spring Drama in the Forest' on Eventbrite to book or for info.

Supported using public funding by ARTS COUNCIL ENGLAND

HAPPY Healthy ACTIVE Holidays

Energy Saving Workshop.

Save money: Be energy-fit

Household energy costs are now 5% higher and will remain high for 2024.

Come along to the free workshop, run by Telford Energy Advice and Save our Shropshire, to find out how to be warm and save money.

Please book your place at <https://bit.ly/energyfit> or scan the QR code. A number of walk in places will also be available on the day.

- ✓ Practical advice on how to reduce energy bills whilst staying warm and comfortable.
- ✓ Find out about energy efficiency measures that are quick and easy to install at home.
- ✓ 1-to-1 support from expert Energy and Climate Advisors.

Friday 1st March 2024
11am - 2pm.
Lunch included.
Meeting Point House, Southwater Square, Telford, TF3 4HS.
FREE Entry.

0800 677 1952 | tea@mea.org.uk

Telford & Wrekin Climate Change Fund



Telford Community Events



LOOKING FOR A PLACE TO HOLD A

Party?

Visit <https://lawleyoverdale-pc.gov.uk/community/lawley-community-centre/> or scan the QR code for more information

WHAT'S ON IN LAWLEY 2024

WWW.WHATSONINLAWLEY.COM

FOR MORE INFO ABOUT VOLUNTEERING AND EVENTS



WILD! ZOOLOGICAL PARK


Home Educators' Day

Tuesday 19th March

Join us for an interactive day, learning about wildlife.

- Two educational displays, focussing on adaptations and habitats, featuring mammals and our free flight bird show team
- A handling workshop about life in cold blood featuring reptiles and mini beasts
- Keeper talks through the day featuring a variety of animals
- Venture around the park, take part in the explorer quiz. Discover interactive walkthrough habitats

£9.00
Per adult or child



EVENTS

 **The Silver Threads Hall**
Lawndale, Wellington Road, Donnington TF2 8AD
www.thesilverthreadshall.org.uk
Follow us on Facebook

Easter Fayre & Easter Egg Hunt



Easter Fayre & Easter Egg Hunt- The Silver Threads Hall are holding an Easter Fayre and Easter Egg Hunt on-Sunday 24th March 11am to 2pm.

We will have several stalls selling a huge range of goods including books, homemade cakes, wax melts & candles, stationery items, soaps & bath bombs and so much more! We will be having a range of free crafts activities for children. As well as having tea, coffee, and scones for sale on the day.

We will also be holding an Easter Egg Hunt which will cost £2.00 Per Child this is payable to confirm your place on the Egg Hunt and you will be given a time slot. To book your Egg Hunt please email alan.watkins@thesilverthreadshall.org.uk

 Crane Quality Counselling
Charity No. 1175610

EVERY CHILD HAS A VOICE

MUSICAL CHARITY CONCERT

Shrewsbury Abbey
on
Friday 8th March 2024
at
6.00pm

SUPPORTING SHROPSHIRE YOUNG PEOPLE WITH MENTAL HEALTH

Buy Tickets : £6 per adult
Children under 16 are free

BOOK NOW AT:
<https://cranecounselling.co.uk/>



Community Action



Join us for exciting activities and learn new skills

Lawley Scout Group Need You!

Seeking volunteers as Leaders and Occasional Helpers. No experience needed.

email: lawleycubs@gmail.com



Cubs (ages 8-10) meet Thursdays
6.00pm - 7.15pm in term-time

Scouts (ages 10-14) meet Thursdays
7.30pm - 8.30pm in term-time

St Johns Church Hall, Dawley Road,
Lawley, Telford, TF4 2FT

LAWLEY AND OVERDALE
PARISH COUNCIL



All residents are welcome to attend.
If you are unable to make it but would like to know more about the Community Action Team or have any issues you would like to raise then please email clerk@lawleyoverdale.org.uk



WED, 6 MAR AT 10:00

Community Action Team Walkabout
Lawley Village Green

★ Interested

Looking for a way to help the local community?
Join our volunteer network now!



SAVE MONEY – GET ENERGY FIT

Meeting Point House

Friday 1st March 11 am to 2 pm

Please visit <https://bit.ly/energyfit> to book your place
Or simply turn up on the day

The event is free and includes lunch and refreshments!

Come along to this **FREE** workshop to get expert advice on how to save money on energy use. That's helpful in a cost-of-living crisis.

It's on **Friday 1st March**, at 11 to 2 pm in Telford's Meeting Point House, Southwater Square; **lunch is included**.

You will find out:

- Simple tips and tricks to stay warm, but save lots of energy and money
- Energy efficiency measures that you can install at home.
- About climate change and how you can reduce energy bills by up to 80 %

To book a place please visit <https://bit.ly/energyfit>

Keen & Green



Lawley Village Green Group

Are you interested in wildlife, the environment or gardening?

Why not join our group for projects and planting in the community?

Join our meetings and events.
Email: lawleystewardship@bvt.org.uk



Transition Telford

Check these out, open to all, even if you think your group is 'transition' it might be.

TRAINING FOR TRANSITION

Spring 2024
Workshops now open!



Transition Together

We're excited to share our upcoming training programmes to help you unlock change in your community:

- LAUNCH** for new and emerging groups - tools to get you started on a firm footing over two half days (9 & 23 March)
 - THRIVE** to help existing Transition groups refresh, renew their purpose and grow their impact (6 weekly sessions, 16 April-21 May)
 - SKILLSHARES** - bitesize chunks on the themes you choose - let us know what we should plan our next round, starting in April.
- Free and online! Sign up and find out more about our approach to training, and how it's here to serve and support you in your vital work: transitiontogether.org.uk/how-training-supports-transition/



Climate Action Hub Telford:

We bring people together to inspire eco-conscious living & spark **transformative change**.

climateactionhub.org.uk



Sustainable Sundays 2024

- Jan 14th:** Film 'Once You Know' (PG) plus Climate Cafe, Gift Swap, Eco Library and networking
- Feb 11th:** Energy Efficiency Advice for your home
- Mar 24th:** Zero Carbon Craft Activities
- Apr 21st:** Get Growing! Wildlife friendly gardening advice and help to grow your own veg
- May 19th:** Sustainable Fashion Show & Clothes Swap
- Jun 2nd:** Eco Art Workshop for adults and children
- July 14th:** Zero waste cooking workshop
- Aug 11th:** Eco Kids activities & school uniform swap
- Sept 22nd:** Harvest focused activities using your home grown veg
- Oct 20th:** Plastic free Halloween crafts
- Nov 17th:** Film session (tbc)
- Dec 1st:** Sustainable Christmas ideas

Time: All sessions run from 11-3pm and are **FREE!**

Venue: Belmont Hall, Wellington, TF1 1LU

Refreshments: Hot drinks and vegan eats available.

Swap and Giveaway: browse our selection of second hand clothes, books and household items. Swap for free or take for a pay-as-you-can donation.

Eco library of books to borrow.

Terracycle facilities for hard-to-recycle items.

More details: <https://climateactionhub.org.uk>



Older Residents



Residents of #lawleybankcourt are seeking help from the local community to assist with their new project.

The Knit and Natter group, which takes place on Thursdays from 11:00am, are currently making blankets for the dementia unit and bonding squares for preemie babies, for the Shrewsbury and Telford Hospital Charity.

If you are a knitter or a crocheter and would like to have natter then the group would love to meet you.



Loads to do in the Feb/March Newsletter with Forum 50+. Find them online and search near you!



February-24.pdf (forum50plus.org.uk)

BVT Lightmoor Village
Events & activities



Date & time: Friday 8th March 5.30pm-7.30pm
Location: Bournville House
Suitable for: Everyone

New Year Smiles Community Celebration

Councillor Raj Mehta and Councillor Ian Preece invite you to an evening of celebration.

Come and join Raj, Ian and the BVT team for free food, face painting, music and entertainment.

Chicken or vegetable balti, with rice & naan bread.

All Lightmoor Village residents are very welcome to attend.

Interested?
No need to book, just turn up.



www.bvtlightmoorvillage.org.uk 0330 333 6540 @BVT_Lightmoor /BVTLightmoorVillage



Shropshire Telford & Wrekin



Breakfast Club

Would you like to make new friends while enjoying a hearty breakfast?

Join us on the fourth Tuesday of the month, 10.00am-12.00pm

Toby Carvery Telford Shawbirch Cross Roads Telford TF1 3QA

Our new breakfast club for men aged over 50 is a great way to meet new friends from your community and enjoy each other's company. (Pre-booking essential).

For more information please call **01743 233 123**
email enquiries@ageukstw.org.uk
or visit ageukshropshireandtelford.org.uk

Starts 23 January

Age UK Shropshire Telford & Wrekin is a charitable company limited by guarantee and registered in England and Wales. Registered Charity Number: 109045. Company Number: 4410286. Registered office is Bellisone, Shrewsbury, Shropshire SY1 3HX.



Prostate Testing



April and we will be holding another test session at the Abraham Darby Academy on Saturday 29th June this year. Please contact us if you need further information on any aspect of this. For further information on PSA testing and to register for a test just go to <https://myspatests.org.uk/>

Our first Prostate testing event of 2024 is scheduled for Saturday 9th March. All appointment slots have now been filled but we always have some cancellations before the day so it's worth adding your name to the wait list if you are interested in having a test. Failing that, our friends at Gnosall, Newport and District Lions are holding 2 test events in Newport in



Youth Opportunities



LIGHTMOOR VILLAGE SPEAK UP, SPEAK OUT!

A YOUTH FORUM FOR YOUNG PEOPLE IN YEAR 6 UP TO THE AGE OF 18, WHO LIVE IN THE LIGHTMOOR VILLAGE AREA...

Would you like to be part of a team and have your say in what goes on in your area for young people?

Would you like to be a voice for other young people in Lightmoor Village?

SESSIONS FOR THIS TERM...

TUESDAY 9TH JANUARY 5PM – 6:30PM
TUESDAY 6TH FEBRUARY 5PM – 6:30PM
MONDAY 12TH FEBRUARY 3PM – 5PM
TUESDAY 5TH MARCH 5PM – 6:30PM

@The Oak Tree Community Centre,
Lightmoor Way, Lightmoor Village Centre,
Telford, TF4 3EG



For more info please contact Emma Brown:
07710 095798 emma.b@sya.org.uk
Facebook: @LightmoorVillageYouthProject



If anyone would like to sign up for a free trial or find out more please contact Emma on littledreamerschoir@gmail.com

We meet every Wednesday at Lawley Village Community Centre.



TELFORD CHILDREN'S AUTISM HUB

Teen Confidence



There will be 6 interactive sessions that are delivered to a small group of up to 8 young people

We concentrate on helping our young people learn more about themselves and autism in a fun and informal way.

The young people who attend will get an opportunity to interact and socialise with other young people, we encourage them to learn more about themselves and how autism is unique to them as an individual.

- 6th March - 4.30pm - 5.30pm - My Autism
- 13th March - 4.30pm - 5.30pm - Anxiety and worries
- 20th March - 4.30pm - 5.30pm - Social interaction and communication

Break for two weeks due to Easter holidays

- 10th April - 4.30pm - 5.30pm Anger and emotions
- 17th April - 4.30pm - 5.30pm - Sensory
- 24th April - 4.30pm - 5.30pm - Happiness and wellbeing



MADELEY CC'S FUTURE STARS!

U11, U13 & U15 SQUADS

Junior Membership for the season £20

Includes Weekly training sessions each Monday evening

Registration evening on Friday 8th March 2024! Come & see what we have to offer!

Dynamos / All stars (4-11)

Every evenings from 10th May 2024

Register your interest here to access priority online booking from 6th March 2024

<https://www.ecb.co.uk/play/dynamos-cricket>

Choose Madeley Cricket club as your local centre



For more information message us on Facebook or email madeleycricketclub1855@gmail.com



Learning Opportunities



learn telford **SKILLS FOR LIFE MULTIPLY**

CRAFT WITH NUMBERS AND PATTERNS

FREE course

Start Date: Monday 4 March 2024
 End Date: Monday 18 March 2024
 Start time: 9:15-11:45am
 Duration: 3 weeks
 Location: Arleston Community Centre, TF1 2AB

Maths is embedded into everything we do, including crafts! Come along to this **FREE** informal course and try some craft activities that involve numbers and patterns. **All the materials will be provided on this course.**

Eligibility: Adults aged 19+.

SCAN ME

Ofsted Good Provider To register, please text/call 07866 619328 or visit www.learntelford.ac.uk Telford & Wrekin Creative Council Protect, care and invest to create a better borough

learn telford **SKILLS FOR LIFE MULTIPLY**

CRAFT WITH NUMBERS AND PATTERNS

FREE course

Start Date: Tuesday 5 March 2024
 End Date: Tuesday 19 March 2024
 Start time: 9:15-11:45am
 Duration: 3 weeks
 Location: Donnington Community hub, TF2 7RB

Maths is embedded into everything we do, including crafts! Come along to this **FREE** informal course and try some craft activities that involve numbers and patterns. **All the materials will be provided on this course.**

Eligibility: Adults aged 19+.

SCAN ME

Ofsted Good Provider To register, please text/call 07528 979376 or visit www.learntelford.ac.uk Telford & Wrekin Creative Council Protect, care and invest to create a better borough

SmallWoods

Skill Share Day

For ex-service personnel friends and their families

Sat 2nd March 2024, 11am to 2pm

The Green Wood Centre, Coalbrookdale

Experience green woodwork skills, traditional woodland crafts, traditional woodland coppicing, willow weaving.

“I've been in the woods before, but never like this. I've learnt so much being out here, about trees, about living things...about me.”

Project participant

For more information, please contact Rebecca Vincent-Evans
 ● rebeccavincentevans@smallwoods.org.uk ● 01952 432769 / 01952 979518

Connect with us

FREE course

learn telford **SKILLS FOR LIFE MULTIPLY**

Introduction to Bread Making

FREE hands-on course introduces you to making homemade handmade bread. During the course you will follow practical steps to make your own loaf. You will mix ingredients, prepare the dough, and bake your loaf. You'll also be using numeracy skills including measures, time, and cost.

Eligibility: Adults aged 19+.

Start Date: Friday, 22.3.2024
 End date: Friday, 22.3.2024
 Time: 9.15am-1.15pm
 Duration: 1 Day
 location: Creative Training Spaces, Wellington, TF1 1BJ

Would you like to learn the basics of bread making? This **FREE** hands-on course introduces you to making homemade handmade bread. During the course you will follow practical steps to make your own loaf. You will mix ingredients, prepare the dough, and bake your loaf. You'll also be using numeracy skills including measures, time, and cost.

Eligibility: Adults aged 19+.

scan to register

To register, please call/text 07866 619328 or visit www.learntelford.ac.uk Telford & Wrekin Creative Council Protect, care and invest to create a better borough

Apprenticeships & Employment



SAMARITANS

Join our team of amazing volunteers

Volunteer with us

Be part of our team and help people change their lives for the better.

We will train, mentor and support you all the way.

To find out more and apply, visit samaritans.org/volunteer

© 2021 Samaritans. Photography: Samaritans. A registered charity.

The Job Fairs

Sponsored · ⚙️

Looking for a job or career change?

📍 The Telford & Shrewsbury Jobs Fair arrives on Friday 1st March at Mercure Telford Centre Hotel, 10am to 12pm.

Meet and speak with employers, including brands such as G4S, West Midlands Police, Lyreco, plus many more!

Discover hundreds of jobs from various industries at the Telford & Shrewsbury Jobs Fair ✅

Register your free ticket on Eventbrite today! 🎟️

Hiring staff? Exhibit at this event via www.thejobfairs.co.uk/network/



THE TELFORD SKILLS SHOW



14 MARCH
The International Centre
Telford 11.30am-7pm

Brought to you by Telford & Wrekin Council's Job Box team, the Telford Skills Show returns to the Telford International Centre.



"The Telford Skills Show is a great opportunity to get ideas about what employment and apprenticeship opportunities are out there. When I attended last year, I was amazed at the vast amount of opportunities that there are available in the area."

CLARE SHYRELL DATA ANALYST APPRENTICE
TELFORD & WREKIN COUNCIL - POLICY AND GOVERNANCE

The Telford Skills Show at Telford International Centre on Thursday 14 March 2023 (11.30am-7pm) is the perfect place to find out about apprenticeships on your doorstep as well as employment and training opportunities.

Open to all ages, discover hands-on activities delivered by employers and training providers so you get a better understanding of the apprenticeships and roles available.

You can also speak to employers that may be in a business sector you are interested in.

They will be able to offer support, advise you about options which are available and help you make that all important decision about an apprenticeship, your first career move or even a change of career path.

Register for the event now: ➔
<https://orlo.uk/RQIEH>

#NAW2024

Armed Forces



VETERANS' ON TARGET CLUB

VETERANS SHOOT & TALK

EVERY SUNDAY 13:00 - 15:00
UPPER WOODHOUSE FILE RANGE
WOODHOUSE FARM,
TELFORD, TF2 9PA

REGISTRATION FEE :

ON THE DAY £8	OR	MEMBERSHIP £35 PER MONTH
------------------	----	--------------------------------

AIR RIFLES & EQUIPMENT | HOT & COLD DRINK
AVAILABLE

MORE INFO : CALL STUART ON
07739561062

**CALLING ALL FORMER & CURRENT
ARMED FORCES & EMERGENCY
SERVICE PERSONNEL**



**MODELS
FOR
HEROES**

MODEL MAKING

Leegomery Community Centre
Leegate Ave
Telford TF1 6NA
13:30-15:00
1st and 3rd Tuesday
every month

MODELLING AND PAINTING PROMOTES POSITIVE MENTAL HEALTH
AND WELL BEING. GRAB A MODEL KIT OR BRING YOUR OWN.

garymorris6890@gmail.com



Telford & Wrekin Council

Breaking news; new Veterans' Café coming to Donnington!

We're launching a new monthly Veterans' Café in Donnington, starting this week and then every first Wednesday of the month. We've also got monthly Cafes in Madeley and Dawley too!

📍 Turreff Hall, Donnington, 2pm to 4pm on the first Wednesday of every month (starts Wednesday 7 February)

📍 Dawley House, Dawley 2pm to 4pm on the second and fourth Monday of the month (next one Monday 13 February)

📍 Jubilee House, Madeley 5pm to 7pm every third Thursday of the month (next one 15 February)

With over 20,000 armed forces personnel living on our borough, our Veterans' Cafes in partnership with Telford Mind and local town and parish councils, are one of the many ways we support serving members of the forces, their families and veterans as part of the Armed Forces Covenant.

You can find out more about the range of support available here <https://orlo.uk/INdEY>

Thursday Thoughts

The Reeva Programme
Veteran's support Dog Programme

Thursdays
1730-1930
@ The Reeva Programme CIC

Brunswick Recreational club, Leigh RD Hindley Green wn24xw



Shropshire Armed Forces Covenant

SSAFA Shropshire Branch are at the Veterans Hub in the Headley Court Veterans' Orthopaedic Centre at **The Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust** on the first and third Thursday of every month from 10.00 - 13.00

If you have any questions for them please pop in and say hello.

#SupportingOurVeteranCommunity
Shropshire Council

Association of Service Drop In Centres - ASDIC

Community Support



All ages welcome

LAWLEY AND OVERDALE PARISH COUNCIL

Come and join us at the
OVERDALE HUB
For Tea, Toast and Talk

JUST TURN UP AND JOIN THE FUN!!!

FOOD . HOT DRINKS. ACTIVITIES
CARPENTER CENTRE, OVERDALE

EVERY FRIDAY 10AM - 12PM

Working with the Safer Stronger Communities Project

PODS EVENTS AND FUNDRAISING TEAM

CALL FOR VOLUNTEERS

MAKE A DIFFERENCE TODAY BY JOINING OUR EVENTS AND FUNDRAISING TEAM!

CAN YOU SPARE JUST A FEW HOURS OR MORE? WE'D LOVE TO HAVE YOU INVOLVED IN OUR UPCOMING FUNDRAISING EVENTS AND ACTIVITIES.

WITH YOUR SUPPORT, WE CAN CONTINUE TO MAKE A POSITIVE IMPACT IN OUR COMMUNITY.

CONTACT US NOW TO LEARN MORE ABOUT HOW YOU CAN GET INVOLVED.

Fundraising Activities Events

MORE INFO events@podstelford.org

Starts Tue 20 Feb

FREE

WARM SPACE Breakfast Drop-In

For children upto age 16yrs

Drop into the Hub on the Hill between 8-8:45am weekdays for Toast, Cereal & Fruit

**Under 11 years to be accompanied by an adult*

TELFORD CRISIS SUPPORT

Wish List

Sixty items for 60 years

McPHILLIPS

We are always grateful to receive the following

- Tinned meats - steak, mince, chicken, corned beef etc.
- Tinned meals - stew, meatballs, curry, chilli
- Long-life Milk - semi-skimmed & whole
- Cereal & breakfast products
- Chocolate Bars & Biscuits
- Kettle only items - pasta, rice, noodles
- Coffee & Sugar
- Tinned veg - potatoes, peas, carrots
- Rice, microwave type
- Rice pudding & tinned fruit
- Tinned tuna & salmon

- Shampoo
- Deodorant
- Sanitary Pads
- Baby Wipes
- Size 5 & 6 Nappies
- Toothpaste
- Shaving Foam
- Disposable razors
- Shower Gel & Soap
- Toothbrushes
- Tampons

We also welcome any dietary or culturally specific foods, vegetarian, halal, gluten-free, free-from etc.

Award winning, independent Multi-bank: Food, Baby/Toddler, Hygiene, Pet Food, Clothing, Well-being, Household, and more, supporting communities across Telford & Wrekin and Shropshire border area. Tel 01952 586646 @telfordsupport

SEND Focus



SENDIASS BITESIZE SESSIONS

Come and join in one of our sessions to build your knowledge and understanding of the special educational needs processes in early years, schools & post 16

SEN SUPPORT

THURSDAY 14TH MARCH 2024
10AM-12PM - MS TEAMS

WEDNESDAY 10TH APRIL 2024
10AM-12PM - FACE TO FACE

THE SESSION WILL COVER THE FOLLOWING:

GRADUATED RESPONSE - ASSESS, PLAN DO REVIEW

SCHOOL SEND OFFER

LOCAL OFFER

THERE WILL BE AN OPPORTUNITY FOR YOU TO ASK ANY QUESTIONS

TO FIND OUT MORE INFORMATION & TO BOOK A PLACE

PLEASE CALL

01952 457176

OR

EMAIL INFO@IASS.ORG.UK



Telford Children's
Autism Hub

Coffee & Chat

Need someone to talk to who just gets it? Want to be part of a group where you can share ideas and benefit from each others lived experiences? Then come along to our Coffee & Chat peer support group,

Every Monday 11:15am to 12:15pm (term time only)

If you would like to attend email our team on childrensautism@tandwcv.org.uk

I feel less isolated and more supported

It's a relief to be able to share and listen to others who really understand.

Make new friends

Find support



If you would like to find out about other services the Parenting Team offers please email Parenting_team@shropshire.gov.uk or call us on 01743 250950



PARENTING HELP AND SUPPORT LINE

available

Monday to Thursday from 9.30am to 4.30pm

and

Friday 9.30am to 3.30pm

You can contact the Parenting Help and Support Line by calling

01743 250950

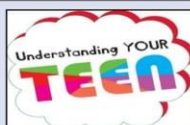
Parenthood can be extremely rewarding and enjoyable. It can also be demanding, frustrating and exhausting. The Parenting Team is here to support parents and carers to raise healthy, well-rounded children in a loving and stable environment.

Do you have any questions around child development and parenting?

Why not call our Parenting Help and Support Line where one of our trained Parenting Practitioners will be ready to listen.

(Please note the Parenting Help and Support Line will not operate Bank Holidays and between Christmas & New Year)

If you have concerns about a child's safety or well-being, please call **First Point of Contact 0345 678 9021**



www.shropshire.gov.uk
General Enquiries: 0345 678 9000



Autism Champion Training

Autism Champion training is an advisory course providing:

- An overview of autism
- Detail on the challenges experienced by autistic children, adults and their families
- Guidance on how you can effectively support autistic people in your place of work

Grounded in practical experience, the course provides a good base knowledge for those looking to improve their overall knowledge in autism and topics related to the autistic experience in various environments.



Provided by **autism** west midlands

When & Where?

15th May 2024
10.00am - 12.30pm

Telford & Wrekin CVS
Suite 12 & 15 Hazledine House
Central Square, Telford Centre
TF3 4JL

To book your place contact childrensautism@tandwcv.org.uk (01952) 262062

Very informative. Great to share thoughts and ideas



It was an excellent session and definitely increased my awareness

Practical tips to think about in the workplace

Staying Safe



Magnets can rip a hole in your child's gut!



- Super strong magnets, like these, can cause serious damage to your child's insides if they swallow them.



- They can join together and make holes in their gut. Removal can be difficult and need complex surgery.



- They can be in toys, jewellery, fridge magnets or cheap products bought from online marketplaces. They can be 10 times stronger than is safe.

⚠️ If your child may have swallowed magnets, don't delay! ⚠️
Call 999 for an ambulance or go straight to A&E. Symptoms can seem like a stomach bug or appendicitis.

www.capt.org.uk/magnets @ChildAccidentPreventionTrust



What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

KEEP SCROLLING

WHAT ARE THE RISKS?

- POTENTIAL ADDICTION:** In the digital world, persuasive design can make certain activities more addictive and harder to walk away from. Some people may begin to feel anxious or irritable when they have no access to their favourite app, website or game. This often means quite little things, like a notification, or a pop-up, or a 'like' that they don't see. If they spend most of their time on social media, they may start to find it difficult to talk to other people in real life.
- MENTAL HEALTH CONCERNS:** Scrolling online or gaming without regular breaks is potentially harmful to our mental health. The constant bombardment of news stories (many of them negative), images and advertisements can create sensations of anxiety, depression and FOMO. Fear of missing out. Young people can get lost in the endless scroll and miss their bedtime or other important things.
- PROLONGED SCROLLING:** Social media can draw any of us, regardless of age, into a continuous stream of advertisements, sponsored posts and links down rabbit holes of endless sponsored content made by others. This endless scrolling can end up time when you could have been spent on more productive activities. It can also lead to people who are not online being left out of the online world which isn't always apparent.
- SENSORY OVERLOAD:** Repetitive scrolling, clicking on links or playing games can create an overwhelming amount of new information and visual stimuli. Put it all together and you have a sensory overload and causing them to feel stressed, overwhelmed and anxious.
- COSTLY ADDICTIONS:** Many games sometimes offer offers for downloadable content or in-game purchases that can be bought with real money. While these offers are tempting, promises to improve a player's gaming experience, or that they can win money, could spend a considerable sum very quickly indeed.
- PHYSICAL CONSEQUENCES:** Hours spent sitting and scrolling means less time moving around and getting exercise. Being sedentary for a long period is a physical health risk. Prolonged scrolling can lead to eye fatigue and neck pain. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

Advice for Parents & Carers

- ESTABLISH LIMITS:** Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends - or perhaps they can only go on it at specific days of the week. You should also discuss how to handle the family if they're having a shared screen time agreement, making things fair (and healthier) for everyone.
- ENCOURAGE MINDFULNESS:** Acknowledging any addiction to key in overcoming it - and compulsive scrolling is no different. Any thing involves in this addictive behavior, it's addictive. Encourage your child to take a break from their phone, tablet or console. Encourage them to think about how often they scroll through social media (and how often they scroll up whenever they have a spare moment).
- MIX NOTIFICATIONS:** Stop those links appearing at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these will no longer interrupt your child's attention and focus back to our device. Switching them off - or even deleting any particularly intrusive apps - can help prevent your child from being pulled back into the online world.
- MAKE A CHECKLIST:** Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prevent young people from using themselves if they're watching anything or benefiting from this activity - or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

Meet Our Expert

Meet our expert, who has been on the 20-year anniversary of the field of persuasive design and how it's changed. She's also a leading expert in the world of digital marketing and how it's changed. She's also a leading expert in the world of digital marketing and how it's changed.

The National College **NOS** **National Online Safety** **#WakeUpWednesday**

@nationalonlinesafety | NationalOnlineSafety | @nationalonlinesafety | @national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 31.01.2024

SCREEN TIME: WHAT TO REMEMBER

THERE ARE SOME BENEFITS TO SCREEN TIME!

QUALITY OVER QUANTITY!

KNOW WHAT YOUR CHILD IS WATCHING...

...IS WHAT THEY'RE WATCHING AT A LEVEL THEY UNDERSTAND?

VIDEO CALLS WITH FAMILY ARE A GREAT WAY TO BUILD BONDS!

FACE-TO-FACE TIME HELPS BABY'S DEVELOPMENT AND SOCIAL SKILLS... BUT VIEWING BALANCE IS IMPORTANT! ...AND TV CAN'T OFFER THAT!

WATCHING TOGETHER WITH YOUR CHILD AND TALKING ABOUT IT IS GREAT!

SCREEN TIME IS BEST KEPT TO A ROUTINE

BOUNDARIES MAKE SCREEN TIME RULES EASIER

INTERNET SAFETY IS IMPORTANT FOR ANY AGE

BBC TINY Happy PEOPLE

3 Qs to ask when buying baby products online

- Who are you buying from?**
The online store of a high street chain? The website of a big-name brand? Or a company you've never heard of?
- Where is the seller based?**
Remember overseas sellers on online platforms can evade their safety responsibilities
- Has the product been recalled?**
Search product recalls on GOV.UK

child accident prevention trust




LAWLEY

FUN, DEVELOPMENTAL
MUSIC CLASSES

**NEW YOUNG
BABY CLASS
COMING SOON!**

**RHYTHM
TIME**

The poster features two photographs: the top one shows a baby sitting on a green mat playing with a red xylophone, and the bottom one shows a woman sitting on the floor with two young children, one of whom is playing a xylophone. The text is in various colors and fonts, with musical notes and stars around the 'RHYTHM TIME' title.

 Lawley Parents

♥ Introducing Rhythm Time Young Baby Classes! ♥

Join us for a magical journey of music and joy designed especially for your little ones!

👶 Age-Appropriate Fun: Created for babies up to 6 months, our classes engage and captivate young minds through the power of music.

🌈 Developmental Milestones: Foster your baby's sensory and motor skills in a supportive, interactive environment.

👪 Bonding Time: Strengthen the parent-child connection through shared musical experiences.

📅 Date & Time: 22nd Feb, 11.30am

📍 Location: St John's Church Hall

🔗 <https://portal.rhythmtime.franscape.io/class-overview/12627>

★ Secure your spot now for a melody-filled adventure! ★

Curious Little Bears

Fun, upbeat and imaginative play classes for your little ones. We have songs, signs, bubbles and a teddy bear's picnic too 🐻🐻🐻

Tuesdays 10am at Coalbrookdale and Ironbridge Community Centre.

We have a big park if you're travelling from further away 🚗

Please feel free to message me or you can book at www.curiouslittlebears.co.uk/booking

Vicki x



Telford & Wrekin Libraries

Lego Club is back!!!

Every Saturday 11am-1pm at Southwater Library. Come and get creative building lego.

We can't wait to see your creations.

No need to book, just bring along your imagination!



Early Years & Families



Protect, care and invest to create a better borough



Right help at the right time

Supporting the Home Learning Environment Conference

Monday 11 March 2024

'Parents [and carers] play a key role in children's learning. They are experts on their own children, and they are a child's first and enduring educators, (National Children's Bureau -NCB, 2010).

As a strand of the Family Hub programme, we have been utilising interventions and approaches that are evidenced based to support children's Speech, Language, Communication and Literacy at home. This is your opportunity to learn more about these tools and the importance of the Home learning environment from a range of national speakers.

Speakers from National Organisations include:-

Speech and Language UK – Louisa Reeves Director of Policy and Evidence, Talk Boost and more.
National Children's Bureau – Making it REAL (Raising Early Achievement in Literacy)
NASEN – Alex Grady, Supporting children with SEND.
NSPCC – 'Look, Say, Sing and Play' and 'Talk Pants'

Who should attend- professionals working with Early Years Children 0 – 5, parents/carers, Voluntary Organisations who support families, Strengthening Families teams works, Social Workers, Health professionals, including SALT, Health visitors and community nursery nurses, schools, and EY settings.

Venue: Mercure Telford, Forge Gate, Telford, TF3 4NA

Times: Arrival for 9:30am - Start 10:00am, Close 3:30pm

Cost – Funded, a buffet lunch will be provided.

Booking via talkingchildcare@telford.gov.uk



Breastfeeding Network Shropshire, Telford & Wrekin

"The workshop was great. It was well organised and not too overwhelming. Had a lot of time to have discussions and to ask questions. My husband enjoyed and learnt so much from the workshop."

"The demonstrations were excellent and really helped me feel more confident"

👩‍👧 If you are currently expecting sign up to our free infant feeding workshop today. 🧑‍👧

<https://www.eventbrite.co.uk/o/breastfeeding-network-telford-wrekin-71049407633>

Sessions funded by Telford & Wrekin Council

BOOK NOW!

FREE INFANT FEEDING WORKSHOP



JOIN SARAH AND BECKY FOR OUR WORKSHOP COVERING WHAT TO EXPECT IN THE FIRST FEW DAYS, UNDERSTANDING YOUR BABY'S CUES, PRACTICAL TIPS AND TRICKS TO GET OFF TO THE BEST START PLUS A CHANCE TO ASK YOUR QUESTIONS.

6th February
6:30-8:30pm
Zoom

25th February
10am-12:30pm
Oakengates

28th February
6:30-8:30pm
Zoom

6th March
6:30-8:30pm
Zoom



FREE COURSE*

Children and Young People's Mental Health

Increase your knowledge and understanding by learning strategies to support children and young people's mental health.

01952 642554

employability@telfordcollege.ac.uk

Sign up today

Sessions held at
11 Tan Bank Wellington TFI 1HJ

Ambition CENTRE

Your one stop stop for all training and development *T&C's apply

TODDLER GROUP



ToDDLER GroUp

Indoor activities with arts and crafts, wide range of play activities.

NO NEED TO BOOK!



MARKET DRAYTON

THE ZONE COMMUNITY HUB,
MARKET DRAYTON, TF9 1QU

FRIDAY

10:30AM
11:30AM

FREE

INFO@4ALL.FOUNDATION

March Events Tot Time Telford

So much more than your average Baby and Toddler class

March 4th, 6th & 17th



Coffee and Cake Social

Our monthly coffee and cake social. This month with special guest - nutritional expert Little Gannets.

March 17th



My First Easter Photoshoot

Book your slot through us with NAC Photographic. You have two beautiful sets to choose from for some photographs you will treasure forever.

Wb March 24th



Easter Specials

Easter themed classes. Let's have our usual Tot Time fun, Easter style!



Stay
Informed



Follow us!

If you'd like to keep up to date with information about community activities, events or service information you can by:

Signing up to our bi-monthly online newsletter:

<https://www.bvt.org.uk/publications/register-for-online-newsletter/>

Visiting our website:

www.bvtlawleyvillage.org.uk

Following us on social media:

<https://www.facebook.com/BVTLawleyVillage/>

https://twitter.com/BVT_Lawley

SIGN UP

BVT on-line newsletter

Local schools invited to apply for travel bursaries to visit Selly Manor Museum



The next newsletter includes:

- Discover the Woodlands programme for retired and serving veterans
- Don't be silent on hate crime, find out how.
- Read about the amazing Hero of the Holocaust recently honoured
- Find out why a couple were awarded for being good neighbours



Would you like us to share details of your events, groups and activities?
Email: lindseypowell@bvt.org.uk



Looking for a way to help the local community?

Join our volunteer network now!

Email: Lawleystewardship@bvt.org.uk



**JOIN IN &
VOLUNTEER
WITH US!**



Visit Lawley Community Hub to find out about using this space for community activities. Drop in to hear more about local events, activities and opportunities.

**Lawley Community
Hub, Unit 3 Birchfield
Way, Lawley Square,
Telford, TF3 5BZ**