



LAWLEY COMMUNITY VIRTUAL NOTICEBOARD

YOUR NEWS

- RECENT EVENTS AND PROJECTS
- UPCOMING EVENTS
- YOUTH OPPORTUNITIES
- VOLUNTEERING OPPORTUNITIES
- COMMUNITY GROUPS
- FUNDING NEWS
- FUTURE OPPORTUNITIES
- COMMUNITY NEWS AND EVENTS

MONTH DEC 2024

THIS MONTH FEATURES
CHRISTMAS, EVENTS & FAMILY

HERE FOR YOU!

RESIDENTS
COMMUNITY GROUPS
CHARITIES
ORGANISATIONS
LOCAL SERVICES
BUSINESSES

TELL US THE OPPORTUNITIES
AND SUPPORT THAT YOU
WOULD LIKE TO SEE IN LAWLEY

WANT YOUR EVENT, PROJECT
OR GROUP FEATURED?
EMAIL: LIN POWELL FROM BVT
lindseypowell@bvt.org.uk

Many thanks for all your work in our community. Please get in touch if you want to know more.

Kind regards, Lin Powell LindseyPowell@bvt.org.uk

Community Development & Partnerships Officer, Bournville Village Trust

All information is correct at the time of publishing, please check with groups and event organisers for details. To unsubscribe please email us with your request. We welcome your feedback on our noticeboard to help us improve this community resource.

LAWLEY CHRISTMAS FAYRE

Lawley Square
2.00pm - 5.00pm

7 December 2024

Santa's Grotto
Childrens Crafts
Face Painter
Stalls
Light switch on

Rodeo Reindeer
Street Performer
Balloon Twister
Festive Music
And lots more.....!

Including performance from
The Voice finalist Callum Doignie Music

Raising funds for
PODS



Lawley Partnership Board



Pride in Our
Community
Councillors' Pride Fund

Upcoming
Events



OVER 60'S CHRISTMAS MEALS

SATURDAY 21 DECEMBER 2024
SUNDAY 22 DECEMBER 2024
12.00PM - 4.00PM

LAWLEY COMMUNITY CENTRE

Tickets are only £5 and will include:

- A welcome drink
- 3 course set Christmas menu with glass of wine
- Tea & Coffee
- Music & Bingo
- Raffle with proceeds going to charity PODS

 SCAN ME



For further details and
to book tickets scan here or
go to website
[https://lawleyoverdale-
pc.gov.uk/events/](https://lawleyoverdale-pc.gov.uk/events/)

LAWLEY AND OVERDALE
PARISH COUNCIL



Happening Now!



ST Johns Christmas Fair

- Raffle
- Meet Santa
- Homemade Cakes
- Chocolate Tombola
- Toys
- & More!
- Bric a Brac

30th November
12PM-3PM

St Johns Church Hall, Lawley, TF4 2PD

PODS Indoor Table Top Sale

PODS Hub Saturday 30th November 2pm-4pm
1 Hawksworth Road, Central Park, TF2 9TU

Join us for our inspiring Christmas Tabletop Sale. We have multiple stalls with Beautiful handmade items perfect for Christmas gifts.

Raffle, Drinks and cakes on sale

FREE activity for Children draw our colour in a picture to send to santa

If you would like a space at our indoor table top sale, at the cost of £5, please contact events@podstelford.org
NO PYRAMID SELLING!

retirement communities

Lawley Bank Court
Lawley Bank, Martingale Way, Telford, Shropshire, TF4 2PP

Christmas Fayre

Saturday 30 November
10am-12pm

Eat, drink, shop and be merry whilst soaking up the atmosphere and spirit of the season!

Craft stalls | Raffles | Bric-a-brac

Plus, a special visit from Father Christmas

Free entry – all welcome!

For more information, or to book a stall, contact:
Lawleybank@sanctuary.co.uk
01952 502 420

www.sanctuary-supported-living.co.uk

Sanctuary Supported Living

Craft stall

Tombola

Christmas FAYRE

Cake stall

Lucky dip

Raffle

★ Saturday 30th November ★

Refreshments available
10:00-14:00

Please contact Marie on 07843812266 for table hire.

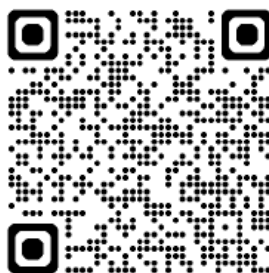
T.S Wrekin
12 Wellington Road
TF2 8AW
registered charity: 522580

TCW South Guidebook Launch – To Include Lawley Area

Join us for the launch of the first of our 2 TCW guidebooks and a celebration of the walks on December 7th. The public event will start at 11am. Books will be for sale from then until 13.00pm. There will be a chance to do each of the 2 versions of walk 16 at

11.15am, 2 miles and 3.5 miles, 7th Dec 2024, 11:00 – 13:00

Telford Library , Southwater Square, Southwater Way, Telford TF3 4JG, UK



Lawley Community Art Project



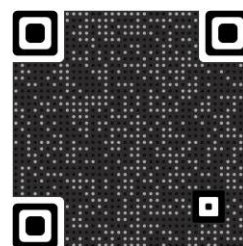
The artwork was unveiled at the Lawley Art Exhibition on 26th Nov.

Here is a video of the creation of the artwork:

[Lawley Community Art Project 2024 - Video – Canva](#)

We hope you enjoy it!!

Thank you everyone for your contributions!





ST Johns Church Lawley Christmas Services

- Friday 13th December - 7pm Carol Service
- Tuesday 24th December - 4pm Christmas Eve Crib Service
- Tuesday 24th December - 9.30pm Christmas Eve Holy Communion Service
- Wednesday 25th December - 10am United Parish Christmas Day Communion Service

Stay safe in cold weather



Help us
help you make
the right
choice



Wear multiple layers of thinner clothing and shoes with good grip.



Go to a pharmacy when you start to feel unwell, even if it's just a cough.



Access advice and out-of-hours GPs and pharmacists through NHS 111.

Older Residents

Dawley Town Hall

★ The Dawley Indoor Bowls Group has resumed its winter sessions at Dawley Town Hall and is eager to welcome new members!

Sessions are held every Monday from 2pm to 4pm at Dawley Town Hall. Whether you're a beginner or an experienced player, feel free to pop in next Monday. Don't worry if you haven't got the equipment, these can be supplied to you. ❤️



All ages welcome

LAWLEY AND OVERDALE PARISH COUNCIL

Come and join us at the

OVERDALE HUB


For Tea, Toast and Talk



JUST TURN UP AND JOIN THE FUN!!!

FOOD . HOT DRINKS . ACTIVITIES

EVERY FRIDAY 9.30AM - 11.30AM



Shropshire Community Foundation

Pride in our Community

ANOTHER GREAT OFFER FROM THE CROWN INN

BOARD GAMES CLUB

On the 1st & 3rd Thursdays
of each month



Play Games, Bring & Share Games

7pm to 10pm at the Crown Inn

Free entry, all welcome!

SEE OUR FACEBOOK PAGE FOR MORE INFO.

Telford & Wrekin *Dependable Quality* | Protect, care and invest to create a better borough

Telford online

FREE DIGITAL DROP IN SUPPORT

Support with your digital needs
Such as navigating and using your device, using WhatsApp, how to use email, how to use council services, online shopping and more!

Tuesday 09.30am - 11.30am	Holy Trinity Church Woodwardine Wood, Church Road, TF2 7AH	Thursday 9.30am - 11.30am	Wrekin Housing Group Hub Unit 2 Strickley Rd, Telford TF3 1ET
Tuesday 12.30pm - 2.30pm	Donnington and Muxton Community Library Turnell Avenue, Donnington Telford, TF2 8HG	Thursday 1.30pm - 3.30pm	Wellington Library Wellington Civic and Leisure Centre, Larkin Way Wellington, Telford TF1 1LX
Wednesday 10am - 12noon	Southwester Library Southwester Square, Telford Town Centre, TF3 4JG		
Wednesday 12.45pm - 2.45pm	Lawley Bank Court Martingale Way, Lawley Bank, Telford TF4 2PP		



For more information
www.telford.gov.uk/telfordonline or call 01952 382915

Older Residents

Over 60's Christmas Dinner

9th, 10th and 11th of December

Tickets can be collected from Donnington and Muxton Parish Council office, at Turreff Hall (Mon-Thu 9am to 3pm and Fri 9am to 1pm)

Please bring proof of age and address. Tickets are limited. Donnington and Muxton Parish residents only



RAMBLERS WELLBEING WALK MADELEY

11am

START - OUTSIDE THE ANSTICE

FINISH - WELLBEING MADELEY COMMUNITY CAFE

WEEKLY EACH THURSDAY

EVERYONE WELCOME, JUST TURN UP

NOVEMBER/DECEMBER OFFER

ENJOY A PIECE OF CAKE OR A BREAKFAST SANDWICH AND A TEA/COFFEE FOR £3.50 AT WELLBEING MADELEY COMMUNITY CAFE FOLLOWING THE WALK.

For more information email luce.roberjot@tandwcvcs.org.uk





- Grade 5 upwards
- Over 18's only
- Subs of £1 per rehearsal
- Wide repertoire of music played
- Gig opportunities around Shropshire
- Under the direction of a Professional Musical Director
- Rehearsals 19:30-21:30, Monday evenings, Lawley Community Centre, TF4 2BF

Due to an increased number of booking, we are currently recruiting for:

- Flutes
- Clarinets
- Saxophones
- Cornets / Trumpets
- Horns (Tenor or French)
- Trombones
- Tubas
- Percussion



Contact us now:

<https://www.facebook.com/TelfordConcertBand/>

+44 (0) 7988 639 642

TelfordConcertBand@gmail.com

Community Partners



JOIN OUR COMMUNITY VOLUNTEER TEAM

Bournville Village Trust

BVT Sounding Group Members

We are searching for new community volunteers to join the Bournville Village Trust (BVT) Sounding Group to give feedback on Estates and Stewardship services in Lawley.

Could you:

- ✓ Represent residents who pay BVT's community charge.
- ✓ Help with consultations and feedback on BVT services and activities
- ✓ Attend an evening quarterly meeting to share your views

Email us at:
lawleystewardship@bvt.org.uk

lawley arts & crafters network

Are you an artist, photographer, crafter or someone keen to learn?

Join our local network to showcase your work, connect with people or learn new creative skills.

To find out about the network or to display artwork at the Lawley Community Hub please contact:

lawleystewardship@bvt.org.uk

LAWLEY WALKERS

Join our group

**Local walks together
Search for us on Facebook**

Want your events or group featured here?
It's easy! Send your flyers or posters over to us at BVT.
Contact:
Lin Powell
LindseyPowell@bvt.org.uk

Community Partners



NEW!
Starts 4th March 2024

LAWLEY VILLAGE LINE DANCE CLUB

ABSOLUTE BEGINNER CLASS

MONDAY NIGHT
5:45 - 6:45pm **£2**

LAWLEY COMMUNITY CENTRE ARLESTON LANE, LAWLEY, TF4 2PR
CALL/TEXT: 07504 868419 www.lawleylinedancers.uk contactus@lawleylinedancers.uk

MONDAY NIGHTS
7:00 - 8:30pm

MEET NEW PEOPLE **£3** MAKE NEW FRIENDS

LAWLEY VILLAGE LINE DANCE CLUB

INTERMEDIATE CLASS

MONDAY NIGHT
8:30 - 9:30pm **£2**

LAWLEY COMMUNITY CENTRE ARLESTON LANE, LAWLEY, TF4 2PR
CALL/TEXT: 07504 868419 www.lawleylinedancers.uk contactus@lawleylinedancers.uk

MEET NEW PEOPLE **blakemora foundation** **Bournville Village Trust** **Arlestone** **Persimmon** MAKE NEW FRIENDS

Bournville Village Trust

NEED HELP WITH COMMUNITY SUPPORT OR FUNDING?

SUPPORT AVAILABLE

- Social Media Aid
- Fundraising Advice
- Event Support
- Networking and local partnerships

GRANT FUNDING

- Community Groups & Charities
- Community Projects & Events
- Searching National Grants Databases

CONTACT US ABOUT THE EILEEN HEWER COMMUNITY FUND IN LAWLEY VILLAGE

WE CAN HELP

Email BVT for more information

lawleystewardship@bvt.org.uk

bvt.org.uk 0300 333 6540 @bvtnews /bvthousing

GRAZING COW QUIZ NIGHT

EVERY THURSDAY

Registration from 7:30pm
Free Entry

Join everyone's favourite quiz master for a night packed with laughs and prizes!

Registration & drinks from 7pm
FREE ENTRY

Quiz night



If you would like help or advice about community development activities and projects, please contact BVT's Lin Powell Community Development and Partnerships Officer.
LindseyPowell@bvt.org.uk



Learning Opportunities



Telford & Wrekin
Cooperative Council

Protect, care and invest
to create a better borough

learn telford
adult learning starts here

FREE

Maths

Functional skills

All levels starting in February 2025

Multiple locations to choose from:

- Hadley Community Centre
- Donnington Community Hub
- Dawley Social Club
- The Wakes (Oakengates)
- Park Lane Centre (Woodside)

BENEFITS OF GAINING FUNCTIONAL SKILLS QUALIFICATIONS

- Help with maths anxiety
- Improve Health & Wellbeing
- Enable to progress to further & higher education
- Unlock job opportunities & lead to high wages
- Gain skills you need in everyday life and at work
- Boost confidence

For more information & to register please ring 01952 382888 or visit our website: www.learntelford.ac.uk

Ofsted Good Provider

Telford & Wrekin
Cooperative Council

Protect, care and invest
to create a better borough

learn telford
adult learning starts here

FREE

English

Functional skills

All levels starting in February 2025

Multiple locations to choose from:

- Hadley Community Centre
- Donnington Community Hub
- Dawley Social Club
- The Wakes (Oakengates)
- Park Lane Centre (Woodside)
- Online

BENEFITS OF GAINING FUNCTIONAL SKILLS QUALIFICATIONS

- Improve Health & Wellbeing
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For more information & to register please ring 01952 382888 or visit our website: www.learntelford.ac.uk

Ofsted Good Provider

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adult learning starts here

SKILLS FOR LIFE
MULTIPLY

scan to register

Funded by UK Government

SPRING BULB Planters

FREE COURSE

Date: Wednesday 4th December 2024
Time: 9:45am - 2:45pm
Duration: 1 Day
Location: Sambrook Centre, Stirchley, TF3 1FL

This FREE course will show you the practical techniques to prepare soil and plant bulbs such as daffodils, tulips and snowdrops, which will end in a spectacular flowering display the following year. This Multiply course will support your confidence with the number skills needed to accurately measure soil and use measurements for spacing.

Eligibility: Adults aged 19+

To register your interest, please call/text 07976 710840 or visit www.learntelford.ac.uk

Ofsted Good Provider

Telford & Wrekin
Cooperative Council

Protect, care and invest
to create a better borough

Read Easy
Helping adults learn to read

Do you know someone who struggles to read?

Read Easy provides free and confidential one-to-one reading coaching for adults. People can learn to read or improve their reading skills at their own pace and without pressure. It's friendly, flexible and fun!

To find out more, please contact: **07941 515 220**

readeasy.org.uk

© Read Easy Ltd. All Read Easy groups are legally and financially independent local organisations, affiliated to Read Easy Ltd (Registered Charity: 1211286)

Learning Opportunities

learn telford
adult learning starts here

City & Guilds

What is ESOL?

ESOL is short for English for Speakers of Other Languages and ESOL courses are for non-native English speakers. Learners will have the opportunity to work towards a world recognised English qualification, accredited by City & Guilds. The courses take place in community venues across Telford and Wrekin.

Levels we offer:

What can learning an ESOL course help?

- Day-to-Day life in the UK
- Gain confidence in using English
- Engage and interact in society
- Support children's homework
- Visa applications
- CV writing
- Finding employment
- Unlock further learning opportunities

What is involved in an ESOL course?

You will be learning 4 elements and gaining 3 qualifications:

- Speaking & Listening
- Reading
- Writing

To register, please call us on 01952 382888 or visit www.learntelford.ac.uk

Ofsted Good Provider

EdTech & Skills Enterprise Guild

Protect, care and invest to create a better borough

learn telford
adult learning starts here

ESOL Information Sessions

(English for Speakers of Other Languages)

Dates to choose from:
Tuesday 17th December / Wednesday 18th December / Thursday 19th December

Starting everyday at:
9.30am, 11am or 1pm

Location: Learn Telford, Bishton Court, TF3 4JE

- You will be tested in this session so that we can offer you a place on the right level of English course for January 2025.
- Learners must be aged 19 years and above.
- Fees may apply, eligibility depending on individual financial circumstances.

To register, please call us on 01952 382888 or visit www.learntelford.ac.uk

Ofsted Good Provider

EdTech & Skills Enterprise Guild

Protect, care and invest to create a better borough

City & Guilds

learn telford
adult learning starts here

Funded by UK Government

SKILLS FOR LIFE MULTIPLY

FREE course

COFFEE, CAKE AND DIAMOND CARDS

Start Date: Monday 2nd December 2024
End Date: Monday 16th December 2024
Start time: 9:15 - 11:15am
Duration: 3 weeks
Location: Hadley Holy Trinity Church, TF1 5NX

Join us on this new course where you will have an opportunity to create six beautiful diamond painted festive cards, enjoy 'coffee and cake' and meet new people in a relaxed and friendly environment. As the course is funded by our Multiply programme, skills and confidence with everyday maths will also be discussed.

Eligibility: Adults aged 19+.

SCAN ME

To register, please text/call 07866 619328 or visit www.learntelford.ac.uk

Ofsted Good Provider

EdTech & Skills Enterprise Guild

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learn telford
adult learning starts here

SKILLS FOR LIFE MULTIPLY

Multiply: Coffee, Cake and Cribbage

FREE COURSE

Date: Tuesday | 10th Dec 2024
Duration: 1 Day
Time: 9:30am-12pm
Location: Park Lane Centre, Woodside, TF7 5QZ

Coffee, Cakes and Cribbage is a new course aimed at boosting your everyday maths skills and confidence with counting, whilst learning how to play cribbage, in a relaxed and friendly environment. At the end of the session, you will take away a FREE deck of cards and cribbage set, to continue playing games with family and friends at home.

Eligibility: Adults aged 19+.

SCAN ME

To register your interest, please call / text 07528 979376 or visit www.learntelford.ac.uk

Ofsted Good Provider

EdTech & Skills Enterprise Guild

Protect, care and invest to create a better borough

Outreach at Lawley Community Hub



telford antenatal classes

expert midwives preparing you from pregnancy to parenting & beyond



expecting
expectingclasses.co.uk

LAWLEY COMMUNITY HUB
(VILLAGE SQUARE, LAWLEY)

WELCOME TO OUR NEW MONTHLY COMMUNITY VENUE FOR 2024-25

Find out about:
Graduated Response - Assess, Plan, Do, Review
School SEND offer
Local offer
EHCP
Sen Support and more...

FREE PARKING AT MORRISONS

Tuesday 10th September, 9-11.30am - Drop in info session - come and say hello to SENDIASS

Thursday 17th October, 9-11.30am - SEN Bitesize session(email/phone to book on)

Tuesday 12th November, 12-3pm - Telford Children's Autism Hub - Outreach support

Tuesday 10th December, 12-3pm
Festive Drop in. Chat all things Send and join SENDIASS & Telford Children's Autism Hub with a Mince pie

For further advice, information or support please call us 01952 457176 or email info@iass.org.uk




Listening Hub

Drop in for free tea / coffee and biscuits.

Hosted by **The Methodist Church in Telford**

Friday 13th December 2024
Friday 10th January 2025
Friday 7th February 2025
10.30am to 12pm



Lawley Community Hub,
In the Square
(Unit 3 Birchfield Way, TF3 5BZ)

Parking on the community carpark by Morrisons Lawley



Citizens Advice

Lawley Community Hub 



Volunteering
Opportunities



COMMUNITY VOLUNTEER GROUP

Register now to find opportunities in
Lawley and surrounding areas.

It is quick and easy to sign up to our online
portal and search for local opportunities!



Give a little time & gain a lot of community value
Email: getinvolved@communityvolunteers.uk

To sign up or for details scan or visit:
www.communityvolunteers.uk

Christmas Planning

Look out for us!!
Thank you to all the mystery knitters and the Parish Council



**Ironbridge Lions Club
Christmas 2024
100 bag challenge**

Are you able to brighten someone's Christmas?

Each year we collect 4 tonnes of food, fill 400+ Christmas food parcels and distribute them to local residents who find themselves in crisis at Christmas!

If you, your school, your office, your pub, or any other group can put together a bag or a box of non-perishable foodstuffs then call one of the numbers below and we'll come and collect.

07771 753855 or 07871 527247

Ironbridge Lions are volunteers, enabling individuals and groups to build better communities




**OVERDALE
CHRISTMAS
Fayre**

Carpenter Family Centre, Overdale
2.00pm - 5.00pm

14 December 2024

Santa's Grotto	Rodeo Reindeer
Childrens Crafts	Festive Mascots
Face Painter	Balloon Twister
Magician	Festive Music
Stalls	And lots more.....!

LAWLEY AND OVERDALE PARISH COUNCIL | Pride in our Community



**Telford
CHRISTMAS
MARKET**

**25th November - 23rd December
Southwater**

Christmas Planning



THE CARERS CENTRE
WE PROVIDE A WARM WELCOME TO ALL UNPAID CARERS WHO ARE LOOKING AFTER A RELATIVE OR FRIEND AGED 18+ TO OUR



CHRISTMAS WREATH WORKSHOP

FRIDAY 6TH DECEMBER

10.00 - 12.00

AT
TELFORD & WREKIN CVS
IN THE FAMILY ZONE
SUITE 12 & 15 HAZLEDINE HOUSE
TELFORD CENTRE
TF9 4JL




Call us: 01952 240200
E-mail: admin@telfordcarers.org.uk

www.telfordcarers.org.uk
For latest updates follow our page:
<https://www.facebook.com/telfordcarerscentre/>



MADELEY COMMUNITY CAFE

You're invited to join us this Christmas, for a turkey bap, stuffing and cranberry sauce. With Christmas pudding and custard. Gluten and dairy free available. Join us to celebrate.

CHRISTMAS Lunch baps

£7 11TH AND 18TH DECEMBER

Booking times 11am, 12pm and 1pm. To book please call or email the cafe.

01952 916033 or
community.cafe@tandwcvcs.org.uk

31 HIGH STREET, MADELEY, TELFORD, TF7 5AR





MADELEY COMMUNITY CAFE

Christmas BINGO AFTERNOON

GREAT PRIZES AND FUN FOR ALL

Get ready for a festive and fun-filled afternoon of Christmas songs bingo! Gather your friends and family for an afternoon of laughter, joy, and exciting bingo games with a Christmas music twist!

16

12

24

Please email or call to book- 01952 916033
community.cafe@tandwcvcs.org.uk




MADELEY COMMUNITY CAFE

31 High Street, Madeley, Telford, TF7 5AR

GINGERBREAD Decorating

Get into the Christmas spirit with our Gingerbread Decorating! Gather your friends, family, children or coworkers for a delightful afternoon of icing and decorating gingerbread!

FREE WITH EVERY CHILDREN'S MEAL

Save the Date!
11am-1pm
call or email to book to-
01952 916033 OR
community.cafe@tandwcvcs.org.uk

DURING THE DECEMBER HOLIDAYS




Armed Forces

Our Veterans Christmas Lunch

DECEMBER 5TH 2024

2 Courses & a Hot Drink £5

Entertainment by the amazing Jack Dent

11:30am - 1pm
Donnington Community Hub, St Matthews Road
Donnington, Telford, TF2 7PR
Tel: 382202 to book yours

mind Telford Veterans' Cafe

The cafes will offer the space to bring the veteran community together, to get the support they need and to meet and talk to like minded people

Monday	Wednesday	Thursday
2pm-4pm 2nd & 4th Monday of the Month	4pm-6pm 1st Wednesday of the Month	5pm-7pm 3rd Thursday of the Month
Dawley House 22 Burton Street, Dawley TF4 2ES	Turreff Hall, Donnington, TF2 8HG	Jubilee House High Street Madeley TF7 5AH

For more information please email talk2@telford-mind.co.uk or call 07434869248

CALLING ALL FORMER & CURRENT ARMED FORCES & EMERGENCY SERVICE PERSONNEL

MODEL MAKING

Leegomery Community Centre
Leegate Ave
Telford TF1 6NA
13:30-15:00
1st and 3rd Tuesday every month

MODELLING AND PAINTING PROMOTES POSITIVE MENTAL HEALTH AND WELL BEING. GRAB A MODEL KIT OR BRING YOUR OWN.

garymorris6890@gmail.com

Armed Forces



Telford Steam Railway

Forces Veterans Breakfast



2nd Sunday of every month
Furnaces Tea Room at Telford Steam Railway

The 19th Hole are excited to be holding an Armed Forces Brunch on the 24th November.

☕🍞🥓🍷🍴

Call now to book

Armed Forces Community Brunch
9.30am-11.30am £7.50

Horsehay Golf Club
24 November and
29 December



VETERANS

2025 CORE PROGRAMME DATES!

ClimbingOut!

1. 17-21 Mar - Lake District (full)
2. 21-25 Apr - Anglesey
3. 19-23 May - Lake District
4. 14-18 Jul - Anglesey
5. 4-8 Aug - Peak District
6. 1-5 Sep - Lake District
7. 10-14 Nov - Lake District

BLACKSMITHING COOKING PAINTING

SEWING BRICKLAYING METAL WORKING CRAFTING

Fully Funded Practical Workshops

Do you feel socially isolated?
Are you perhaps struggling with life in general and feel unsupported?
Would you like to learn some new practical skills for pleasure, or perhaps to help you move towards training or employment?
Are you currently not in any kind of paid work and over the age of 18 TO 70-?

We are offering a fully funded 12-week programme covering three days per week. If you would like the opportunity to meet people of all ages, have new life experiences and feel more confident, then please get in touch to find out more.

01748 781842
enquiries@crowsmillcraftcentre.co.uk

COMMUNITY FUND Crowsmill Craft Centre C.I.C.

WOODWORKING GARDENING

TELFORD & WREKIN ARMED FORCES OUTREACH EVENTS & ACTIVITIES

December 2024 & January 2025

DATE & TIME	ACTIVITY	LOCATION	FURTHER INFORMATION
1600 -1800 hrs 4 Dec 24 No Café in Jan 25	Veterans' Café	Turreff Hall, Turreff Avenue, Donnington, TF2 8HG	1 st Wednesday of each month.
1330 – 1630 hrs 03 and 17 Dec 24 07 and 21 Jan 25	Models for Heroes Session	Leegomery Community Centre, 29 Halifax Drive, Telford, TF1 6XR	1 st & 3 rd Tuesday of each month.
1400 – 1600 hrs 09 Dec 24 No café 23 Dec 24 13 & 27 Jan 25	Veterans' Café	Dawley House, 22 Burton Street, Dawley, TF4 2ES	2 nd & 4 th Monday of each month.
1500 -1800 hrs 7, 14 and 21 Dec	Bake and Banter	Interfaith Council, 19 New Street, Wellington, TF1 1LU	Saturday
1000 -1130 hrs 16,23 and 30 Jan 25	Art Class	Donnington Hub, St Matthews Road, TF2 7PR	Every Thursday
1000 – 1230 hrs 05 Dec 24 09 Jan 25	Armed Forces Community Drop-In Session	Sambrook Centre, Grange Avenue, Stirchley, TF3 1FL	1 st Thursday of each month (except January 25)
1700 – 1900 hrs 19 Dec 24	Veterans' Café	Jubilee House, High Street, Madeley, TF7 5AH	3 rd Thursday of each month.
1300 – 1500 hrs 13 Dec 24 27 Dec 24, Cancelled 10 & 24 Jan 25	Armed Forces Community Craft/Sewing Group	Strickland House, The Lawns, Wellington, Telford. Shropshire. TF1 3BX	2 nd and 4 th Friday of each month.

The Veterans Cafes are run by Telford Mind on a drop-in basis and supported by the individual Town & Parish Councils. For further information on any of the above, or if you have suggestions for further events, please contact armedforcescovenant@telford.gov.uk or phone the Telford & Wrekin Council's Armed Forces Covenant Team on Mob. 07854 661346.

Group of the Month



Telford Children's Autism Hub

FAMILY FUN SESSION

3RD TUESDAY OF THE MONTH
4PM TO 5PM TERM TIME ONLY





COME AND JOIN US FOR OUR FAMILY FUN SESSION FOR PRIMARY AGED CHILDREN
If you would like to attend Email our team at childrensautism@tandwcvcs.org.uk

A project of Telford & Wrekin CVS




Telford Children's Autism Hub



Telford Autism Hub

Girls Social Group

All Ages (5 and above)

Join our girls' social group for fun and friendship.




Upcoming Date


10th December, at Evers So Creative In Newport
Starting at 4.30pm

We would love for you to join us for a Christmas Painting Ceramics workshop


Prices start from £8.00

PAYMENT WILL BE REQUIRED ON THE DAY

Email our team at childrensautism@tandwcvcs.org.uk to reserve your place.

Telford Children's Autism Hub



Telford Autism Hub

LAWLEY COMMUNITY HUB

(Village Square, Lawley)

Come along and meet some of the team from Telford Children's Autism Hub

FREE PARKING AT MORRISONS



Find out more about our service and what we offer including;
Information, advice & guidance,
Activities
Peer Support Groups
Workshops and much more...

Tuesday 12th November 12pm-3pm
Autism Outreach Support with Sam from Autism West Midlands

Tuesday 10th December 9am-11.30am
Festive Drop in.

Chat all things Autism & SEND with SENDIASS & Telford Children's Autism Hub (Mince Pie included!)

For further advice, information or support please call us 01952 262062
OR
email childrensautism@tandwcvcs.org.uk


SENDIASS
Telford & Wrekin



SOUTHWATER LIBRARY



Telford Children's Autism Hub



Telford and Wrekin FAMILY HUBS

Drop in at Southwater Library.
Provided by Strengthening Families and Dandelion Peer Parent support

Wednesday 23rd October
Wednesday 20th November
Wednesday 11th December
9.30am-12.30pm

**SENDIASS and Telford Children's Autism Hub are joining the Drop in on the above dates..
Please drop by to get information, advice and support**



Green & Keen

Grow Your Community

JOIN OUR INCREDIBLE EDIBLE COMMUNITY



We Need Help From You

- ✓ Community Consultations
- ✓ Annual produce swap/share/donation
- ✓ Fruit Pickers and Gardeners
- ✓ Knowledge & Experience
- ✓ Learning Opportunities
- ✓ Help Grow Your Community

Engagement Events, Community Action Days and Day Trips for 2024

Projects starting in Lawley, Lightmoor Village and Bournville areas.



CONTACT US

For Lawley or Lightmoor Village email events@bvt.org.uk
For Birmingham Areas email communityadmin@bvt.org.uk

Website www.bvt.org.uk

No experience needed, if you're KEEN and GREEN we need you!




We're hiring!
Species Recovery Officer

Closing date:
Monday 2
December 2024




Shropshire Wildlife Trust

GREEN



Join Climate Action Hub Telford's FREE Sustainable Sunday event
Sunday 1st December 11am-3pm
Belmont Hall, Wellington, TF1 1LU


- **Wreath making workshops with Anna M:** to book a place via Eventbrite scan the QR codes →  
- **Gift wrap & tag making workshop for kids with Anna M:** turn up anytime
- **DIY Christmas card & decoration making:** turn up anytime
- **Telford Energy Advice:** on keeping warm at home this winter
- **Christmas Swap & Giveaway:** gifts, toys, books, decorations, gift bags, clothes etc.
- **Terracycle, Eco library & Refreshments** 

Follow us   

See website for details: www.climateactionhub.org.uk



Community Support


Children's Book Project

Share the gift of reading this Christmas.

CHRISTMAS BOOK DRIVE

DONATE YOUR CHILDREN'S PRE-LOVED BOOKS & THEY WILL BE GIFTED ACROSS YOUR COMMUNITY TO CHILDREN WITH VERY FEW BOOKS OF THEIR OWN

Where: SP Services, Bastion House, TF1 7XT
When: 11th December



www.childrensbookproject.co.uk
 Registered charity: 1183092

Reminder for all those Struggling at the Moment and Stressing over Christmas

- ❄️ You Don't Need Matching Christmas Pyjamas To Be Happy
- ❄️ You Don't Need 100 Instagram Pics with Santa at Different Venues To Have a Good Christmas
- ❄️ You Don't Need a Christmas Eve Box To Have a Magical Christmas Eve
- ❄️ Children Need Presence More than Presents - Family & Friends are Everything!
- ❄️ A Christmas Movie Night Does not have to be in a Picture Perfect Home on a 65" TV
- ❄️ Colour Coordinated Decorations mean nothing to Children!
- ❄️ The Size of Your Present Pile isn't a reflection of you as a parent, whatsoever!
- ❄️ Your Kids Will Grow Up and Only Remember the Love and Laughs at Christmas! Not what they got!

Your Christmas is Perfect, Stop Letting Social Media Make You Think Otherwise!

ChristmasCountdown.uk





Join us for a winter walk and help forage for fresh ingredients for our Christmas Wreath Workshop.

CARERS WALK APLEY WOODS

THURSDAY 5TH DECEMBER 11AM

Meet us at the entry to the woods from the carpark on Apley castle. Please bring secateurs (if you have them) and a plastic carrier bag for your treasures. We look forward to seeing you!

admin@telfordcarers.org.uk
 01952 240209
www.telfordcarers.org.uk



ACTIVITY DROP IN

FRIDAY MORNING
 ANYTIME BETWEEN 10.00 - 12.00
 INDEPENDENT LIVING CENTRE
 3A HAZELDINE HOUSE,
 TELFORD TOWN CENTRE,
 TELFORD, TF3 4JL

We provide a warm welcome to all unpaid carers who are looking after a relative or friend aged 18+. You are welcome to bring the person you are caring for to this session too. Come and join us for a coffee and discover.....

WHAT'S ON IN 2024:-

Friday 1st November
 If you needed help when you're out and about, do you know where you can go? Join us to find out about "Safe Places" in our community with our guest Ann

Friday 8th November
 Game day!! Forget a game of cards or dominoes? How about testing your maths at UNO, the choice is yours!

Friday 15th November
 Try your hand at water colour painting. This easy technique using carbon paper to trace beautiful images will surprise you!

Friday 22nd November
 Pop along to create a light up bottle or jar to add a little twinkle in time for the festive season.

Friday 29th November
 Let's get ready to get warm and cosy. Today we will be making hot chocolate jars that you can gift or keep for yourself!

Friday 6th December - in the family zone
 With Christmas just around the corner, come along and make your own fresh wreath for your door or table.

Friday 13th December
 Bring along your prizes and we will help with your Christmas wrapping. Forget a card? Lets make one!

Friday 20th December
 Let's get into the Christmas spirit with some party games, hot chocolate and mince pies.

Contact Us
 01952 240209

More Information
www.telfordcarers.org.uk




Youth Activities

Join us for exciting activities and to learn new skills

Lawley Scout Group

Seeking young people to join the group and adult volunteers as Leaders and Occasional Helpers

email: hello@lawleyscouts.uk



Cubs (ages 8-10) meet Thursdays
6.00pm - 7.15pm in term-time

Scouts (ages 10-14) meet Thursdays
7.30pm - 8.45pm in term-time

St Johns Church Hall, Dawley Road,
Lawley, Telford, TF4 2FT

'It's about going out in the world and exploring stuff. It's given me an opportunity to do so much!'
Daisy




Girls have fun, hangout, learn more and give back
for ages 14 to 18

Rangers is an open and relaxed space for you to regularly hangout with good friends and be yourself. You can go on trips at home and abroad, to help make a difference to the things you really care about.


Tuesdays
7:30 - 9:00pm



Registered charity number: 308016

Join a local Rangers group girlguiding.org.uk/joinus

LAWLEY YOUTH FORUM



ARE YOU AGED 13-19 & LIVE IN LAWLEY?
CAN YOU HELP GIVE YOUNG PEOPLE A VOICE IN OUR AREA?
DO YOU WORK/VOLUNTEER WITH YOUNG PEOPLE IN LAWLEY?

Join our youth forum as a youth volunteer or adult to plan how to engage our youth and provide opportunities for all.

Lawley Community Hub,
Unit 3 Birchfield Way,
Lawley Square,
Telford, TF3 5BZ

For details contact:
lawleystewardship@bvt.org.uk

The Lightmoor Village
'Speak Up, Speak Out' Youth Forum presents...

STOP The Clock!

Residents of Bournville House are invited to attend a variety of FREE activity sessions with the young people of Lightmoor Village. Pause, take a break and meet new people, bridge the gap between old and young and find common interests.

TUESDAY 26TH NOVEMBER 2024, 5PM - 6:30PM
Come along for a cuppa to meet everyone and find out more about the project

TUESDAY 3RD DECEMBER 2024, 6PM - 8PM
Get into the Christmas Spirit with our Festive Singing Workshop

TUESDAY 21ST JANUARY 2025, 5PM - 7PM
Enjoy Pool, Darts, Curling, Card and Board Games

TUESDAY 11TH FEBRUARY 2025, 5PM - 7PM
Come along to our film night with popcorn!

TUESDAY 25TH MARCH 2025, 5PM - 7PM
Join us for our last session of Prize Bingo and a raffle

All activities will take place at Bournville House
Refreshments provided

This project has been funded by Telford & Wrekin Council 'Make a Change' funding



For more info please contact Emma Brown:
07710 095798 emma.b@sva.org.uk
Facebook: @LightmoorVillageYouthProject

Youth Opportunities

Fully Funded Beauty Training Courses

Living in County of Shropshire and looking to start your own business?



A curated selection of beauty courses is available for young people in county of Shropshire, ages 16-24, who are not currently in employment, education, or training.

To book your place, please contact SYST at hello@systbusiness.co.uk or call **01952 299214**

Lash Extensions Training Course

19th November 2024
(10am - 4pm)

Beginner's Facial Training Course

26th November 2024
(10am - 4pm)

Brow Lamination Training Course

3rd December 2024
(10am - 2pm)

Lash Lift Training Course

3rd December 2024
(10am - 2pm)

Brow Wax & Tint Training Course

10th December 2024
(11 am - 2 pm)

Spray Tan Training Course

17th December 2024
(11 am - 2 pm)



PODS HAPPY HEALTHY & ACTIVE HOLIDAY SCHEME

Saturday 21st December 10am - 12pm	Chocolate Yule Log Making at the PODS Hub. £3 per child.
Monday 23rd December 10am - 1pm	Blists Hill, with parks, rides and the museum. £3 per person.
Friday 3rd January 11am - 1pm	Join us at Airea 51 for a session on the trampolines. £3 per person.

OPEN TO ALL AGED 0-25, INCLUDING SIBLINGS.
EACH ATTENDING CHILD WILL RECEIVE A FREE LUNCH.
ADULTS MUST ACCOMPANY THROUGHOUT.
FAMILIES WILL ONLY BE OFFERED ONE SESSION.
TO REQUEST A DATE PLEASE SCAN THE QR CODE.




COUNTYLINES
CONTROLLING LIVES

TRAP HOUSE
INTIMIDATION
CONTROLLED
VULNERABLE

WE WANT TO PROTECT YOU FROM HARM
YOU OR SOMEONE YOU KNOW MIGHT
BE INVOLVED IN COUNTY LINES

KNOW THE SIGNS **#COUNTYLINES**

West Mercia POLICE **NSPCC** **Yearless.org** **#PROTECT**

USE OUR BEWARE ONLINE FORM TO GIVE US ANY INFORMATION ABOUT CONCERNS ANYWHERE

Staying Safe

Let's put an end to DRINK SPIKING

- Look out for your friends
- Never leave your drink unattended
- Watch your drinks being poured
- Don't accept a drink from a stranger

Together we can stop it



Caught over the drink drive limit?

You risk losing your licence, your job and six months in prison.

THINK! #OpLimit



#OpLimit
 caught **prison**
 drink drive
 lose your
 licence
 lose your
 job limit
 prison
#OpLimit

#TACKLINGVIOLENCE TOGETHER

WORRIED ABOUT A MATE?

THINK THEY MIGHT BE CARRYING A KNIFE?

ALL YEAR ROUND
 KNIVES CAN BE SURRENDERED
 NO QUESTIONS ASKED
 AT PARTICIPATING POLICE STATIONS

If you are worried or concerned visit fearless.org

Use the secure online form to give any information about crime 100% anonymously.

#PROTECT

If you are in danger call 999. West Mercia Police will always be there for you.

SEND
Support

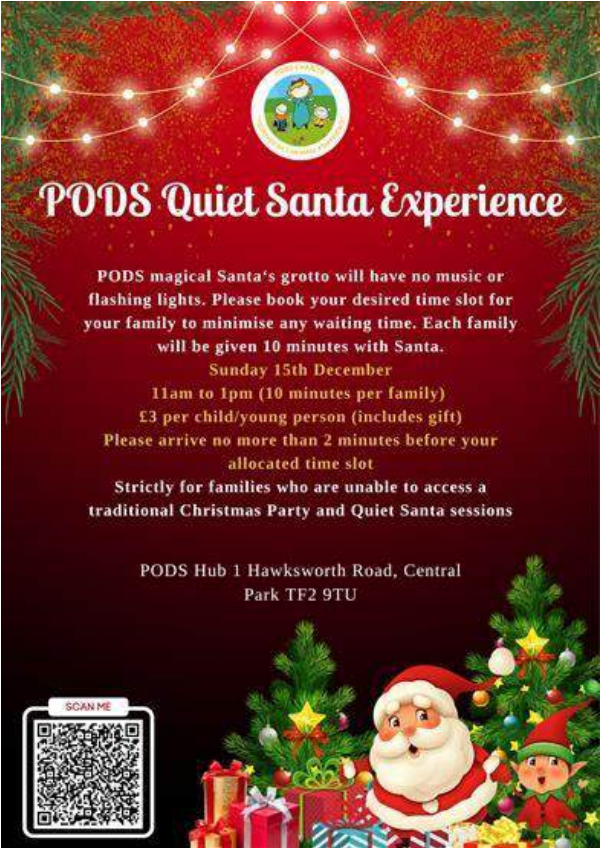


Please Join Us
**Christmas
TEA PARTY**

PODS would like to invite you to a small Christmas Tea party. This will consist of a finger food buffet, gentle background Christmas music and a visit to Santa. Parent/carers must attend and a ticket is required for each person attending.

Tuesday 3rd December
5:30pm to 6:30pm
£5 per ticket

Please arrive no more than 5 minutes before the start time
PODS Hub 1 Hawksworth Road, Central Park TF2 9TU
Strictly for those who have not booked onto the PODS Family Christmas Party or Quiet Santa sessions



PODS Quiet Santa Experience

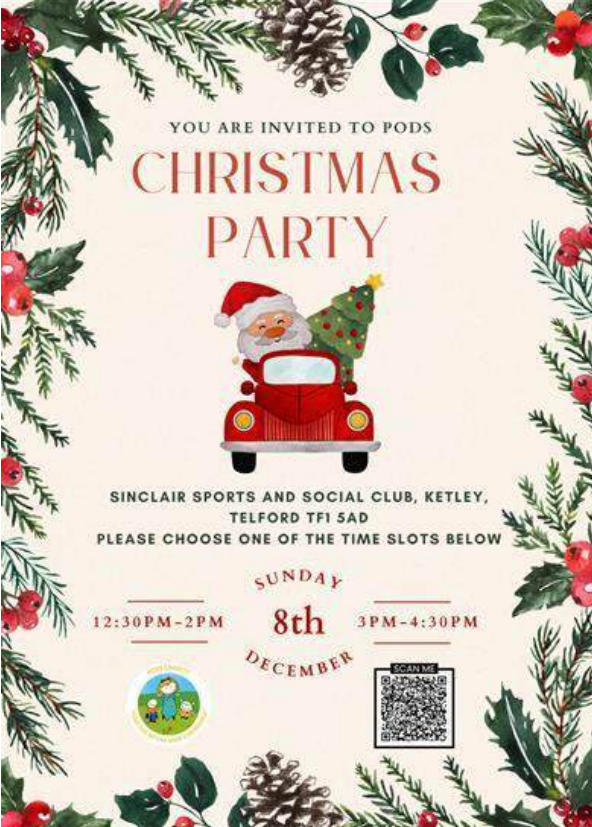

PODS magical Santa's grotto will have no music or flashing lights. Please book your desired time slot for your family to minimise any waiting time. Each family will be given 10 minutes with Santa.

Sunday 15th December
11am to 1pm (10 minutes per family)
£3 per child/young person (includes gift)


Please arrive no more than 2 minutes before your allocated time slot

Strictly for families who are unable to access a traditional Christmas Party and Quiet Santa sessions

PODS Hub 1 Hawksworth Road, Central Park TF2 9TU




YOU ARE INVITED TO PODS
**CHRISTMAS
PARTY**



SINCLAIR SPORTS AND SOCIAL CLUB, KETLEY,
TELFORD TF1 5AD
PLEASE CHOOSE ONE OF THE TIME SLOTS BELOW

SUNDAY
12:30PM-2PM **8th** 3PM-4:30PM
DECEMBER



INCLUSIVE
Party Night



80's

**THURSDAY 23rd
JANUARY**

Live "80's Show" & DJ Entertainment

Tickets £12 inc Basket Meal Doors 6pm-10pm
[www.caseysvenues.co.uk /product/pods](http://www.caseysvenues.co.uk/product/pods)

Early Years & Families



Telford Babies & Toddlers Classes & Groups



Join this fantastic Facebook community for information and news across Telford for young ones and families.

01952 872280
info@homestarttandw.org.uk

BUMP TO BABY CLUB

Is your little wilding under 1? Or maybe you're expecting a baby soon... Why not join us at Bump to Baby Club!

We meet at Gratitude Cafe 10 Duke Street, Wellington, TF11BJ on Monday mornings from 9.30am - 10.30am (term time only) Free hot drink and slice of cake!



HOME START
Telford and Wivle

FAMILY HUBS
Supporting families at the right time

Early Years



Telford

Friday
Admaston House CC

9:45am - Teenies

10:30 - Didees/Littles

Sunday
Lawley Village Academy

9:30am - Minis

10:20am - Littles

11:10am - Didees




T - Teeny [walking - 2] / D - Didee [2 - 3.5] / L - Little [3.5 - 5] / M - Mini [5 - 7]

There is no better way to get a child interested in **EATING VEGETABLES** as getting them interested in **GROWING VEGETABLES!**



Early Years & Families



Open to all parents of little ones aged 1 and under.
Join us for a special weaning workshop led by Jaki Taylor.

📍 Hadley Learning Community
📅 Monday 11th November 2024
🕒 1.00pm - 2.30pm



DAD SQUAD

LET'S PLAY! COME AND MEET LIKE-MINDED DADS AT JUNGLELAND. ENJOY SOME TIME WITH THE KIDS (cost of entry covered by Home-Start)
Please call 01952 872280 for more information!

We'll be meeting at 9:30 on:
MONDAY 18TH NOVEMBER

HOME START Telford and Wrekin
Telford and Wrekin FAMILY HUBS Right help at the right time

ACTIVITIES

Did you know that a newborn's stomach is the size of a cherry?

Did you know that paced bottle feeding helps baby to register how full they are?

Did you know that breastfeeding reduces your risk of breast & ovarian cancer?

Join our FREE infant feeding Workshop
to learn more and prepare for feeding your baby. Covering bottle feeding, breastfeeding, feeding cues, normal baby behaviour & more.

Wed 20 Nov - 6.30pm - Zoom
Sun 24 Nov - 10am - Tweedale
Wed 4 Dec - 6.30pm - Zoom

Support partners welcome & encouraged to attend. For families living in Telford & Wrekin.

Telford & Wrekin Community Board
Protect, care and invent to create a better tomorrow

Telford and Wrekin FAMILY HUBS

the breastfeeding network

ME TIME

If you're a Mum, why not join us at our weekly drop-in group. We offer support, advice and a place to take some "me time"
Sessions include crafts, well-being, pampering and peer support.
Mondays at 1pm - 2.30pm (term time only) Hollinswood Neighbourhood Centre, TF3 2EW

01952 872280
info@homestartandw.org.uk

COMMUNITY FUND

ROAD SAFETY

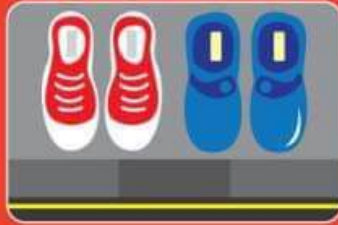
THINK

about where
you should cross.



STOP

in a safe place
at the side
of the road.



USE YOUR EYES & EARS

to see and hear
any approaching
vehicles.



WAIT

until all the
vehicles have
passed.



LOOK AND LISTEN

again to make
sure all is clear.



CROSS

the road.
Keep looking
and listening.





The Buildwas Players present.....



Thursday 6th - Saturday 8th February 2025

in Buildwas Village Hall

Set sail for a swashbuckling adventure! Join the mischievous Long John Silver, his feather-brained parrot Claude, and their band of bloodthirsty pirates as they hunt for hidden treasure. But can young Jim Hawkins and the daring Jane Trelawney outwit them and save the day? Packed with toe-tapping songs, spooky pirate skeletons, and non-stop laughter, this panto is a treasure chest of fun for the whole family! Raising funds for the Motor Neuron Disease Association (MND).

Tickets on sale now - £10 adults, £5 children

For more details and to book, visit trybooking.com/uk/70427

Community Activities

Voice Box Classes Presents

SPONSORS WANTED!

Cabaret AWARDS EVENING

15TH DECEMBER

Celebrate a year of hard work with a showcase from students and an awards ceremony to remember.

START AT 5:30PM | £6 ENTRY
DORRS OPEN AT 5PM

Birchmeadow center Brosley

JOIN OUR PTA COFFEE MORNING

We would love you to join us for coffee, cake and a chance to meet/catch up with other parents. This is also an opportunity to buy toys for low prices, just in time for Christmas!

Friday 29th November

8:45am til 10:30am

In the School hall
Please enter via the office



Lawley Village Academy

THE CHRISTMAS Fayre

DATE
12 DECEMBER
12 TO 4PM
Set up 10.30 - 11.30
Set down 4pm

BRIDGNORTH RFC
BANDON LANE

TRADERS

LOOKING FOR TRADERS
£30 per table
Please bring your own table max 6ft
PLI required

FREE ENTRY

Pawfect Presents - Christmas Appeal -

Small Rescues, Big Hearts, Forgotten Dogs
Let's change that—donate a shoebox and make a dog's Christmas

HOW YOU CAN HELP!

- Fill a shoebox or cardboard box with treats, toys, tinned food and anything else you can think of!
- Attach a heartwarming message and who its from*
- Take to a drop-off point, or @/DM Shropshire Canine to collect from your address!

Drop-off Points

- Choice Grooming, Leegomery
- Groom at No. 1, Cressage

*to be added DM Shropshire Canine for up-to-date list

HELP GIVE FORGOTTEN HOMELESS DOGS A PRESENT THIS CHRISTMAS XX



Shropshire Canine



Relax Kids

Festive classes for children

Relax Kids may improve:



- Concentration
- Confidence
- Self-esteem
- Sleep
- Creativity
- Listening Skills
- Focus



Relax Kids classes include:

- movement and games
- stretching
- peer / self massage
- breathing exercises
- positive affirmations
- visualisations



Christmas can be a very exciting time for children. It can also become overwhelming with the change in routine, flashing of lights, excitement for Santa!



Relax Kids can help your child to learn different relaxation techniques to help regulate these big feelings.

Why not book a Relax Kids session with me to help your child manage all the different emotions Christmas can bring.

For more information:-

Follow me on Facebook

Relax Kids Telford with Kirsty

or email:- relaxkids.telford@hotmail.com

You can also find me on Live well Telford

USE CODE - RKCHRISTMAS to get 5 sessions for the price of 6

www.relaxkids.com



Health & Wellbeing

Integrated Care System
Shropshire, Telford and Wrekin

NHS
Shropshire, Telford and Wrekin

Are you concerned about your child's health?

The Healthier Together website provides accurate and trusted information, including next steps for medical help on common illnesses.



All the information on this site has been checked by clinicians, to ensure the best advice for:

- Parents and carers
- Pregnant women
- Children and babies
- Young people

Visit:
www.stw-healthiertogether.nhs.uk



UK Government

Are you over State Pension age, or know someone who is?

Pension Credit tops up pension income and can help with day-to-day living costs.

If you are over State Pension age, you may be eligible to claim **Pension Credit**, even if you own your home or have savings. People who claim **Pension Credit** may also be able to get:

- The **Winter Fuel Payment** and other help with heating costs
- Help with rent and Council Tax
- A free TV Licence for those aged 75 or over
- Help with the cost of NHS services, such as NHS dental treatment, glasses and transport costs for hospital appointments

You could be eligible for **Pension Credit** if your weekly income is below £218.15 or, if you have a partner who lives with you, £332.95. Qualifying income level may be higher in some circumstances.

Don't miss out.



Check your eligibility at gov.uk/pension-credit or by calling **0800 99 1234**

Eligibility criteria apply for the equivalent in Scotland.

SAMARITANS

Day or night We're here when life's difficult



If life's hard right now, we're here to listen so you don't have to face it alone.

Call free day or night on **116 123**

Email jo@samaritans.org

samaritans.org

Wellbeing



Shropshire Youth Support Trust

We are a registered Charity that provides support for young people in Shropshire, including Telford and Wrekin, who are between 16 - 30 years of age and are not in education, employment or training



SCAN ME

View our website



01952 299214
hello@systbusiness.co.uk

Community Support

LAWLEY & OVERDALE ENGAGEMENT VAN POLICE SURGERIES

Times and dates:

- Friday 06th September 2024 11:30am-12:30pm
- Friday 04th October 2024 11:30am-12:30pm
- Friday 08th November 2024 10-11:30am-12:30pm
- Friday 06th December 2024 10-11:30am-12:30pm



Come and speak to the team about any issues/concerns that you have in your local area

—

Sign up to Neighbourhood matters

—

Free Smartwater kits

—

Crime prevention advice and leaflets

—

Free Top dog cards

CARPENTER CENTRE,
Overdale,
Telford,
TF3 5BT

LAWLEY & OVERDALE ENGAGEMENT VAN POLICE SURGERIES

Times and dates:

- Friday 06th September 2024 10-11am
- Friday 04th October 2024 10-11am
- Friday 08th November 2024 10-11am
- Friday 06th December 2024 10-11am



Come and speak to the team about any issues/concerns that you have in your local area

—

Sign up to Neighbourhood matters

—

Free Smartwater kits

—

Crime prevention advice and leaflets

—

Free Top dog cards

LAWLEY SQUARE,
Lawley,
Telford,
TF3 5HT

NEVER ALONE

- NSPCC 0808 800 5000 (24hrs)
- National Domestic Abuse Helpline 0808 2000 247 (24hrs free)
- Mind 0300 123 3393 (Mon-Fri 9-6)
- Victim Support 0808 168 9111 (24hrs)
- Cruse Bereavement 0800 808 1677 (Mon-Fri 9-5)
- ChildLine 0800 1111 (24hrs)
- Action on Elder Abuse 0808 808 8141 (Mon-Fri 9-5)
- Respect - Men's Advice Line 0808 801 0327 (Mon-Fri 9-5or8pm)
- Samaritans 116 123 (24hrs free)
- National Centre for Domestic Violence 0207 186 8270

LITTLE LENDING LIBRARY

READ IT, LOVE IT, SWAP IT!

Lawley Community Hub
Please call from 10:30 to 12:30 hours. Access to members.

COMMUNITY COFFEE MORNINGS

“Community Coffee Mornings” will be held on the 11th of September at the Lawley Community Hub.

10:30am - 12:30pm

- Women's Wellbeing Support
- Wellbeing Support for Men
- Wellbeing Support for Children

11am - 12:30pm

lawleycommunityhub@bt.com

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signalling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M' check is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>

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ELF ON THE SHELF CHEAT SHEET

A HANDY GUIDE FOR ALL PARENTS

- 1/12 Elf arrives with a a breakfast from the North Pole
- 2/12 Elf dresses the Christmas tree with underpants
- 3/12 Elf wraps up children's school shoes with tin foil
- 4/5 Elf is doing colouring in a book.
- 5/12 Elf makes a snowman by writing on toilet rolls.
- 6/12 Elf has turned the milk into chocolate milk in the fridge.
- 7/12 Elf takes a piece of candy from the advent calendar.
- 8/12 Elf leaves a note to say they've hidden candy canes
- 9/12 Elf had made a shoe train with other toys
- 10/12 Elf is ziplining on a candy cane.
- 11/12 Elf switches the cereals around in the cereal boxes and leaves a message made from cheerios.
- 12/12 Elf decorates the Christmas tree with toilet tissue.
- 13/12 Elf pants dad/mums toenail
- 14/12 Elf has a snowball fight with cotton wool balls with other toys
- 15/12 Elf rides on dinosaurs down the hallway
- 16/12 Elf is riding in a toy car.
- 17/12 Elf decorates the kitchen with present bows.
- 18/12 Elf watches 'Elf' on TV.
- 19/12 Elf hangs from the lights.
- 20/12 Elf is on the table with a "5 days until Christmas" note.
- 21/12 Elf hides in coat pockets.
- 22/12 Elf leaves a message made from skittles
- 23/12 Elf empties flour onto the kitchen floor and makes a snow angel
- 24/12 Elf reads The Night Before Christmas.
- 25/12 Elf is hiding in the Christmas tree with a note to say his work is done -Merry Christmas!

Simple Play & Craft Ideas

Useful Information



STAYING SAFE IN WINTER - ICE SAFETY



NEVER GO ONTO THE ICE.

There is no way of knowing whether it will take your weight/how thick the ice is/how cold, deep and fast the water beneath is.

KEEP A SAFE DISTANCE FROM THE EDGE.

Fallen leaves and snow could obscure the water's boundary and cause slippery surfaces.



CHECK FOR SAFETY SIGNAGE.

It is there to warn you of hazards you may not be aware of.

ALWAYS SUPERVISE CHILDREN.



KEEP DOGS ON LEADS AND DON'T THROW BALLS/STICKS FOR THEM NEAR ICE. Never go on to the ice to rescue a dog.

IN AN EMERGENCY, CALL 999 AND GIVE CALM AND ACCURATE INFORMATION ABOUT THE SITUATION AND LOCATION.

Never go on to the ice to help.



STAYING SAFE IN WINTER

Icy bodies of water can look beautiful and inviting, but they can pose a serious hazard. Each year, there are distressing incidents involving individuals who have made the wrong decision to venture onto frozen-over waters with often fatal consequences.

To help keep yourself and others safe, it's important to understand the risks associated with ice and take the necessary precautions.

ICE SAFETY ADVICE

Always supervise children. Just a moment's distraction could have serious consequences for a curious child.

Keep a safe distance from the edge. Fallen leaves or snow could obscure the water's true boundary.

Most importantly, **stay off the ice.** Never be tempted to venture onto ice – you have no way of knowing how thick it is and how cold and deep the water beneath is. The water beneath could also be fast-flowing. Don't ever risk it.

Check for safety signage. This can help inform you of hazards in that area you may not be aware of.

Keep dogs on leads. Otherwise they could end up on the ice and in danger. Also don't throw sticks and balls for dogs near ice.



water safety
Scotland

DON'T TEST THE ICE



water safety
Scotland



Never go onto ice



Keep a safe distance from the edge



Check for safety signage near ice



Supervise children and keep dogs on leads around ice



In an emergency, call 999

Stay Informed

Follow us!

If you'd like to keep up to date with information about community activities, events or service information you can by:

Signing up to our bi-monthly online newsletter:

<https://www.bvt.org.uk/publications/register-for-online-newsletter/>

Visiting our website:

www.bvtlawleyvillage.org.uk

Following us on social media:

<https://www.facebook.com/BVTLawleyVillage/>

https://twitter.com/BVT_Lawley

Would you like us to share details of your events, groups and activities?
Email: lindseypowell@bvt.org.uk



Looking for a way to help the local community?
Join our volunteer network now!
Email: Lawleystewardship@bvt.org.uk

INFORMATION & WEBSITE



Check out our new website!

<https://bvtlawleyvillage.org.uk>

Scan the QR for details of BVT estates services, key information and event details in Lawley



Visit Lawley Community Hub to find out about using this space for community activities. Drop in to hear more about local events, activities and opportunities.

Lawley Community Hub, Unit 3 Birchfield Way, Lawley Square, Telford, TF3 5BZ



If you're looking for a room to hire for meetings, a space for a community group or simply looking for a change from working from home, the new Lawley Community Hub located in the village square has a space for you.

Lawley Community Hub has a private meeting room to hire as well as a larger open space. Discounts are available for Lawley charge paying residents, charities, community groups and local authorities.

The hub could be used for:

- **Business meetings.**
- **121 wellbeing/counselling sessions.**
- **Local community groups.**
- **Local charities.**
- **Professional groups/meetings.**
- **Parent and baby classes.**
- **Knit and natter groups.**
- **Book club.**
- **Community meetings.**
- **Desk space.**



For more information about hiring the hub or using a hot desk, click on the QR code, pop in or call the number below.

