Community Matters







Many thanks for all your work in our community. Please get in touch if you want to know more.

Kind regards, Lin Powell <u>LindseyPowell@bvt.org.uk</u>

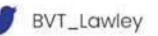
Community Development & Partnerships Officer, Bournville Village Trust

All information is correct at the time of publishing, please check with groups and event organisers for details and for costings. To unsubscribe please email us with your request. We welcome your feedback on our noticeboard to help us improve this community resource.

















LAWLEY AND OVERDALE PARISH COUNCIL



Protect, care and invest to create a better borough







STARTING FRIDAY 6TH JUNE 2025

NO NEED TO BOOK

5:30pm - 7:30pm **Lawley Community Centre Telford TF4 2PR**

Activities will include sports, arts/crafts, game consoles, pool, darts and more!

John Campion Police and Crime Commissioner

YOUTH OFFER



PLEASE CONTACT US FOR FURTHER INFOR **INFO@4ALL.FOUNDATION**



6





















Next Date: Thursday 12th June 2025

COFFEE AND CAKE

DROP IN TO TALK TO OUR COMMUNITY PARTNERS



















2025 Dates:





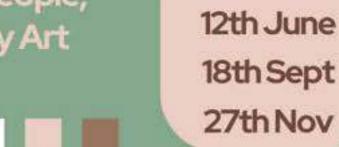








Come to Lawley Community Hub to meet new people, speak to local organisations, view the Community Art Gallery and use the Little Lending Library.







lawleystewardship@bvt.org.uk

Lawley Community Hub, Telford, TF3 5BZ







Contact Us





SATURDAY 5 JULY 2025 + FAMILY FUN DAY+ 1 P M - 9 P M ◆

STAGE PROGRAMME

AFTERNOON PERFORMANCE'S

- ♦ 1.15pm 1.45pm Telford Concert Band
 - ♦ 2.00 pm 2.15 pm Gem Academy
 - +2.30pm-2.50pm Dreamers Choir
- ♦3.05pm-3.35pm Boardroom Gaming Cafe
 - +4.00pm-4.45pm Emily Woods Music

EVENING LIVE BANDS

- ♦ 5 pm 5.45 pm Two Rivers Deep
 - ♦6pm-6.45pm David Busby
- ♦7pm-7.30pm Jack Evans & Holly Bone
 - *8pm-9pm Callumn & The Pookies

ENTERTAINMENT

THROUGHOUT THE DAY

- ◆Inflatables ◆ Carnival Games ◆ Crazy Golf ◆
- ◆Face Painters ◆ Balloon Modelling ◆ Climbing Wall ◆
 - ◆ Giant & Table Top Games ◆ Gaming Bus ◆
 - Stalls + Food & Refreshments And Lots More +
 - Find us on Facebook and Twitter Summer Fest, Telford

Raising funds for PODS



Organised by:













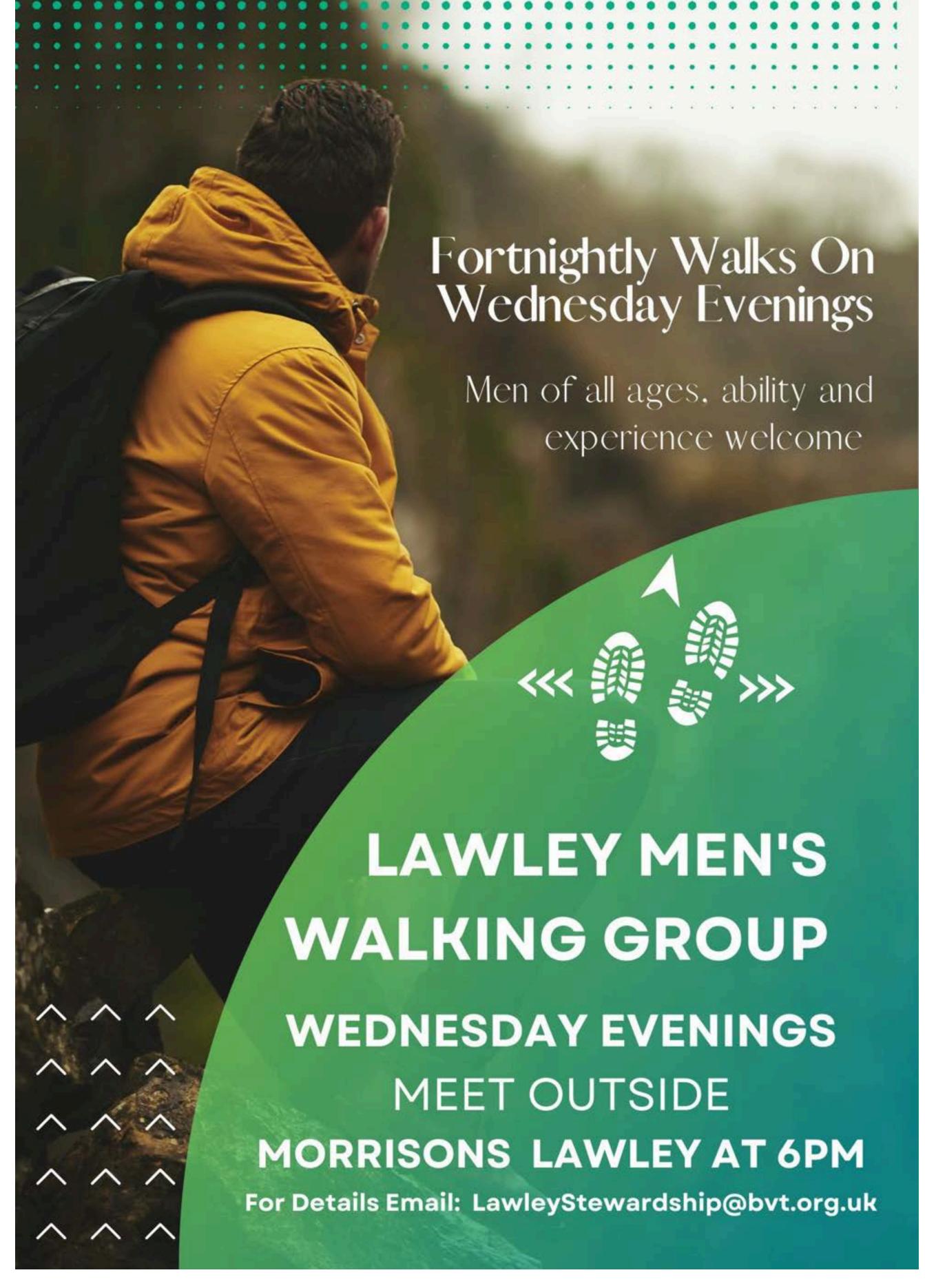




Happening in Lawley



























Across the Weekend

WARTIME REENACTORS VINTAGE TRADERS
WINSTON CHURCHILL CLASSIC AND MILITARY VEHICLES
STEAM LOCOMOTIVE PROMENADERS







PAY ONCE RIDE ALL DAY! 23rd - 24th August IF ANY REENACTORS,
PROMANDERS, VINTAGE STALLS OR
MILITARY VEHICLES

WOULD LIKE TO ATTEND PLEASE EMAIL: Events@telfordsteamrailway.co.uk

ALL ATTRACTIONS ARE SUBJECT TO AVAILABILITY AND WEATHER CONDITIONS







whatever they do.



About Our School
Our school is dedicated to providing the

best possible education in a stimulating and safe environment.



Learning Benefits
We aspire to instil in all our children a
desire to never stop learning and to
have the courage to succeed in

Places available for 3 & 4 year olds







www.lawleyprimary.co.uk

Creative Opportunities





2025 Lawley Photography Competition & Community Photograph Collage

We need your help to collect 125 photos of Lawley in 2025!!



Lawley Community Art Project

CAPTURE OUR COMMUNITY'S
UNIQUE BEAUTY & IDENTITY
SCAN THE QR CODE FOR FULL DETAILS

Submission deadline: October 2025 (Submit entries to Lawley Community Hub)

For more details contact: lawleystewardship@bvt.org.uk

Entries will be exhibited at Lawley Art Exhibition November 2025





lawley 5k Fun Pun 6th September 2025







To book your place scan here or go to website:

https://lawleyrunningclub.co.uk/ lrc-events/lawley-5km-fun-run/

Raising funds for **PAPYRUS**



Organised by:

















Outreach at Lawley Community Hub















0300 333 6540

Outreach at Lawley Community Hub





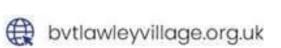




Attend an evening quarterly meeting to share your views

















BVT Lawley Estate Dates





Estate Dates with BVT Estates & Stewardship Team

Meet us out in Lawley for *Pride In Your Patch* contact with the team. For details email <u>lawleystewardship@bvt.org.uk</u> or call 0300 333 6540.

Saturday 07/06/2025 Lawley Community Hub (LCH) Unit 3 Birchfield Way, Lawley

10.30am-12 noon

At our last Estate Date, Nicola from the BVT Lawley Estates Team, Su from BVT Housing and Elle from Wrekin Housing Group, out meeting residents in Lawley.

If you wish to join the next Estate Date please come along to speak to the BVT Lawley Estates Team or message us for more information.



The Wrekin Housing Group





If you would like help or advice about community development activities and projects, please contact BVT's Lin Powell Community Development and Partnerships Officer.

<u>LindsevPowell@bvt.org.uk</u>







Join our Lawley Communiations **Forum**



As a member of our new communications forum, you can:

- Review our key communications to make sure they are easy to understand and include the information you need.
- Check our Lawley website and give suggestions to make sure it's relevant and useful.
- Share your experiences of living in Lawley through our online and offline platforms including blogs, articles and videos.
- Gain useful communication experience, meet new people and develop skills that look great on a CV.

What do I need to do?

- Attend four meetings each year and occasionally be contacted at other times through email.
- Be in a household that pays our stewardship charge.
- Email commsforum@bvt.org.uk for further information.











Group of the Month









Shropshire Community Health

Wellbeing Information Hub, Caring in our communities.

Working in Partnership with Bridgnorth Hospital and The League of Friends. Together we are hosting a bi-monthly Wellbeing Information Hub.

The Information Hub gathers a variety of exhibitors offering essential services to the community, including support for health, mobility, financial advice, and emotional well being. It provides valuable resources to help individuals live safely, independently, and comfortably in their own homes.

Forthcoming Hubs:

Thursday 24th April 2025 Thursday 26th June 2025 Thursday 31st July 2025 Thursday 28th August 2025 Thursday 30th October 2025

Time: 10:00 am - 1:00 pm

Venue: Bridgnorth community Hospital, N. Gate, WV16 4EU





Call Siobhan Davis
Community@telford.homeinstead.co.uk

Coffee shop will be open as usual







MEMORY CAFE

Are you living with or supporting someone with dementia or memory issues? Join us at our Memory Cafe.

A warm, welcoming space for those living with dementia and their caregivers. Meet new friends, share stories, and feel supported. No need to book, and it's FREE to attend. Everyone is welcome!

When: Every third Wednesday of the month Time: 10am - 12 noon

Venue: Broseley Library, 20 Bridgnorth Road Broseley, Shropshire TF12 5EQ

For more information

Call 01952 913219



Dates

Wednesday 16th April 2025 Wednesday 21st May 2025 Wednesday 18th June 2025 Wednesday 16th July 2025 Wednesday 20th August 2025 Wednesday 17th September 2025 Wednesday 15th October 2025 Wednesday 19th November 2025 Wednesday 17th December 2025

Each Home Instead office is independently owned and operated franchise of Home Instead UK Limited



THE IRONBRIDGE GORGE **MUSEUM TRUST**

MEMORY CAFE

Are you living with or supporting someone with dementia or memory issues? Join us at our Memory Cafe.

A warm, welcoming space for those living with dementia and their caregivers. Meet new friends, share stories, and feel supported. No need to book, and it's FREE to attend. Everyone is welcome!

Details

When: Last Tuesday of every month Time: 10am - 12 noon Venue: Ironbridge Gorge Museum Trust The Glass Classroom (adjacent to Enginuity) 10 Wellington Rd, Coalbrookdale, Telford TF8 7DX

For more information

Call 01952 913219



Tuesday 29th April 2025 Tuesday 27th May 2025 Tuesday 24th June 2025 Tuesday 29th July 2025 Tuesday 26th August 2025 Tuesday 30th September 2025 Tuesday 28th October 2025 Tuesday 25th November 2025 Tuesday 30th December 2025

Dates

Each Home Instead office is independently owned and operated franchise of Home Instead UK Limited

home instead. **MEMORY CAFE**

Are you living with or supporting someone with dementia or memory issues? Join us at our Memory Cafe.

A warm, welcoming space for those living with dementia and their caregivers. Meet new friends, share stories, and feel supported. No need to book, and it's FREE to attend. Everyone is welcome!

When: Every third Friday of the month Time: 10am - 12 noon Venue: Pattingham Village Hall, High Street

Pattingham, Wolverhampton WV6 7BQ

For more information

Call 01952 913219



Dates

Friday 16th May 2025 Friday 20th June 2025 Friday 18th July 2025 Friday 15th August 2025 Friday 19th September 2025 Friday 17th October 2025 Friday 21st November 2025 Friday 19th December 2025

Each Home Instead office is independently owned and operated franchise of Home Instead UK Limited













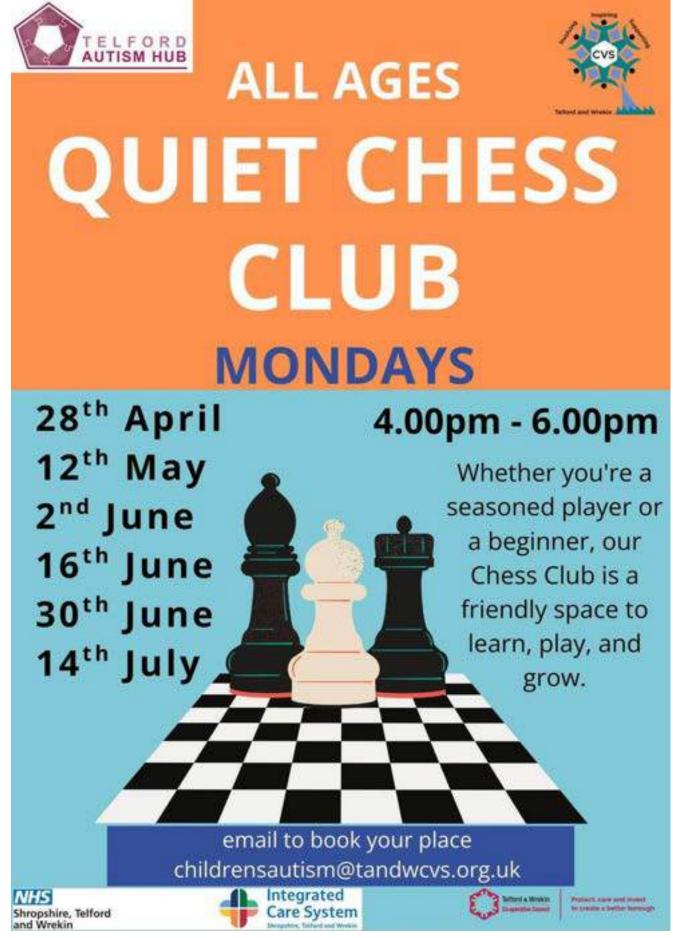


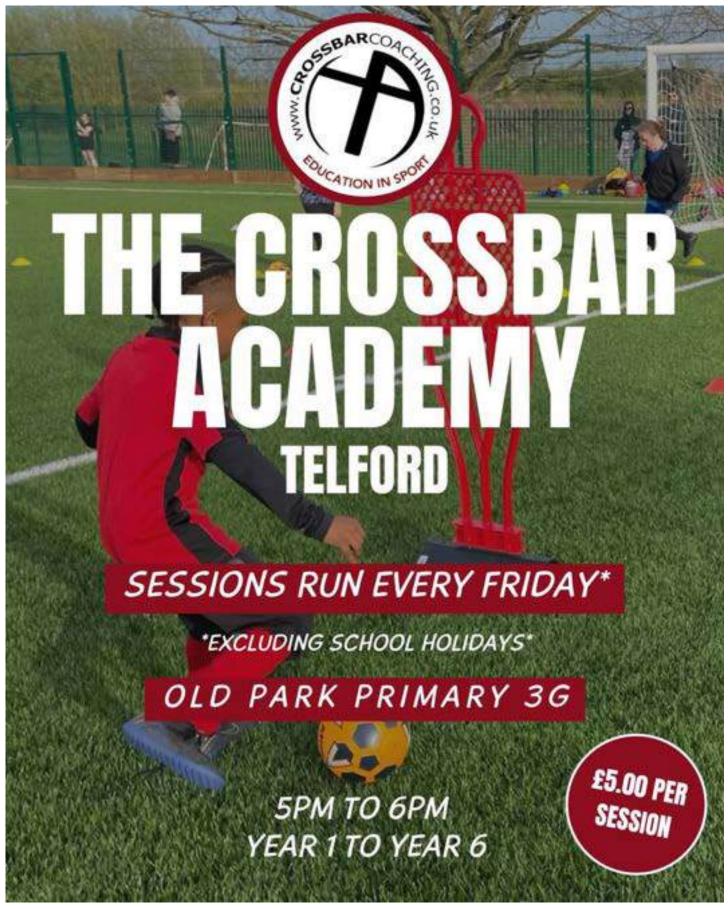
Youth Activities

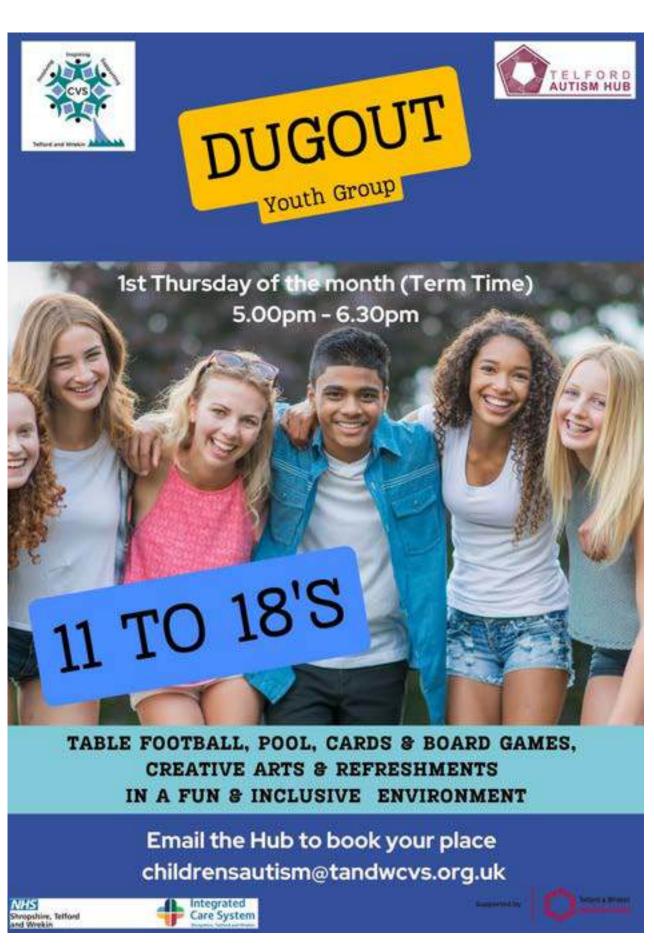














BVT_Lawley

Youth Activities











Teen Anxiety

#MentalHealthAwarenessMonth SelfLoveRainbow

The average delay between onset of mental illness symptoms and treatment is Il years.

Statistics

An estimated 31.9% of adolescents meet the criteria for an anxiety disorder.

Treatment

Therapy Open dialogue Journaling Meditation School resources Medication Coping skills

Symptoms

Upset stomach Avoiding school Constant worry Hyperfocused on perfection Migraines/headaches Emotional outbursts Avoiding socializing Constant need for approval/reassurance Withdrawal from hobbies Panic attacks

What was your first symptom?



Does your child love to learn fun dance routines to music

Connection Dance is definitely the place to be.

Everyone welcome

Every Wednesday

5pm-7pm

The venue Hills lane

15 Queens Ct, Telford TF7 4LA

£4.50 pay as you go













Youth Activities









Derwen-College

Local **Experience** Day

Thursday 12 June 2025 9.30am - 1.30pm

For schools and their young people from year 9 and upwards, parents, carers and supporting professionals looking for day placements in the local area.



Discover our pathways and programmes



Tour the campus



Meet staff and students

Derwen College Gobowen Nr Oswestry Shropshire SY11 3JA

Visit the website to register: www.derwen.ac.uk 01691 661234 admissions@derwen.ac.uk

IF YOU FEEL ANXIOUS, YOU COULD TRY ...



- ... REACHING OUT TO A FRIEND OR A LOVED ONE. ... GOING OUTSIDE FOR A BREATH OF FRESH AIR.
- ... LISTENING TO MUSIC THAT LIFTS YOUR MOOD.
- ... MAKING REST AND RELAXATION A PRIORITY.
- ... DISTRACTING YOUR MIND WITH A FUNNY FILM. ... REFLECTING ON WHAT YOU'RE THANKFUL FOR.
- ... BEING PRESENT BY NOTICING YOUR 5 SENSES.
- ... CREATING SOMETHING ART, A MEAL, ETC. ... THINKING OF A FUN ACTIVITY TO DO LATER.
- ... FOCUSING ON TANGIBLE OBJECTS NEAR YOU.
- ... RUNNING YOUR HANDS UNDER ICY WATER.
- ... GETTING PHYSICAL DANCE, WORKOUT, ETC.
- ... WRITING ABOUT WHAT YOU'RE EXPERIENCING.
- ... REREADING A BOOK YOU FIND COMFORTING.
- ... SITTING WITH AND VALIDATING YOUR FEELINGS.
- ... LOOKING AT INSPIRING AND SOOTHING ART.
- ... REMINDING YOURSELF THAT THIS IS TEMPORARY.









BVT_Lawley







SEND Support







Support in the community by the community!

Nurture and Grow provides specialist PA support for children and young people aged 0-25 with disabilities and additional needs.

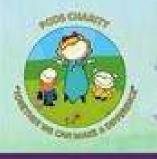
We are accepting new support clients who are self funding.

We offer fully qualified and highly trained personal assistants providing 1-1 person centered support, tailored to your needs.



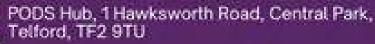
- Help accessing community based activities and events.
- · Support sessions at our purpose designed Hub.
- · Afterschool/wraparound care.
- · Development of independence and
- · Increasing confidence and social interaction.





Please follow the QR code to apply.











SENDIASS INFORMATION APPOINTMENTS. PRE-BOOKABLE ONLY

Donnington Community Hub, TF2 7PR 9am-11.30am

> Monday 12th May 2025 Monday 9th June 2025

TO ARRANGE AN APPOINTMENT TO DISCUSS **ANY QUESTIONS RELATING TO:**

Finalised EHCP's **Annual Reviews** Mediation **Appeals**

Please call/email: info@iass.org.uk 01952457176

NHS Shropshire, Telford and Wrekin







Join our FREE webinar

The SEND journey and your rights as a parent/carer

Monday 9 June, 12.30 - 1.30 pm

WWW IPSEA ORG UK



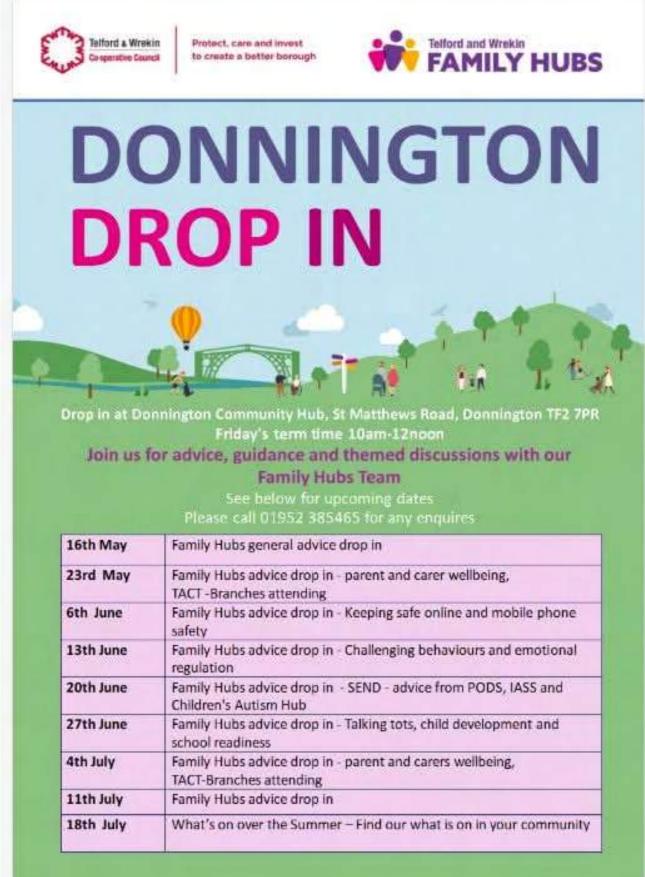
SEND Support















If you're a Mum, why not join us at our weekly drop-in group. We offer support, advice and a place to take some "me time"

Sessions include crafts, well-being sessions, pampering and peer support.

Mondays at 1pm - 2.30pm (term time only) Hollinswood Neighbourhood Centre, TF3 2EW

Please contact us on 01952 872280 or info@homestarttandw.org.uk for more info!







Family Support







5 ways to support new parents

- Celebrate what they are doing well
- Acknowledge that becoming a parent is a huge transition
- Ask them how they are really doing
- Ask what practical help you can give
- Encourage them to seek out support if they need it















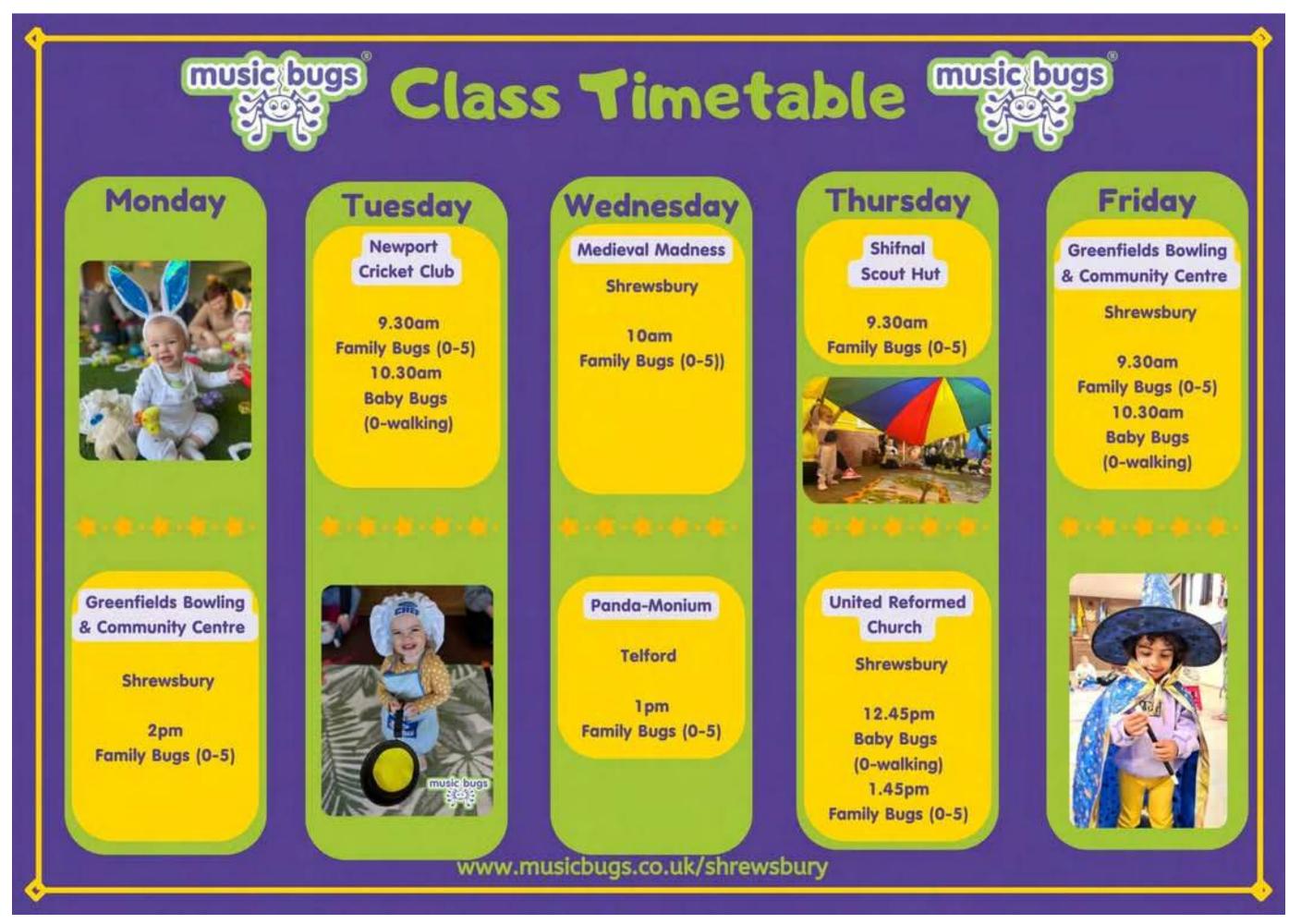






































BVT_Lawley







As part of the Telford & Wrekin Start for Life initiative, there are FREE places available for Shropshire, Telford & Wrekin PARENTS / PARENTS TO BE to attend a Baby and child First Aid and Accident Prevention class run by

MINI FIRST AID - SHROPSHIRE







class is up to 3.5 hours with a break - DRINKS AND LIGHT REFRESHMENTS INCLUDED



Please note that this is only open to pregnant parents or parents who have a child under the age of 2 years old in the Shropshire and Telford area

Please email kellie@minifirstaid.co.uk if you'd like more information







Integrated Care System







HLC Family Room Hadley, TF1 5NU



01952 872280



story time and more!



receive peer support and take part in activities, with others who are also 🧶 home educating.

Park Lane Centre, Woodside, Telford, TF7 5QZ

















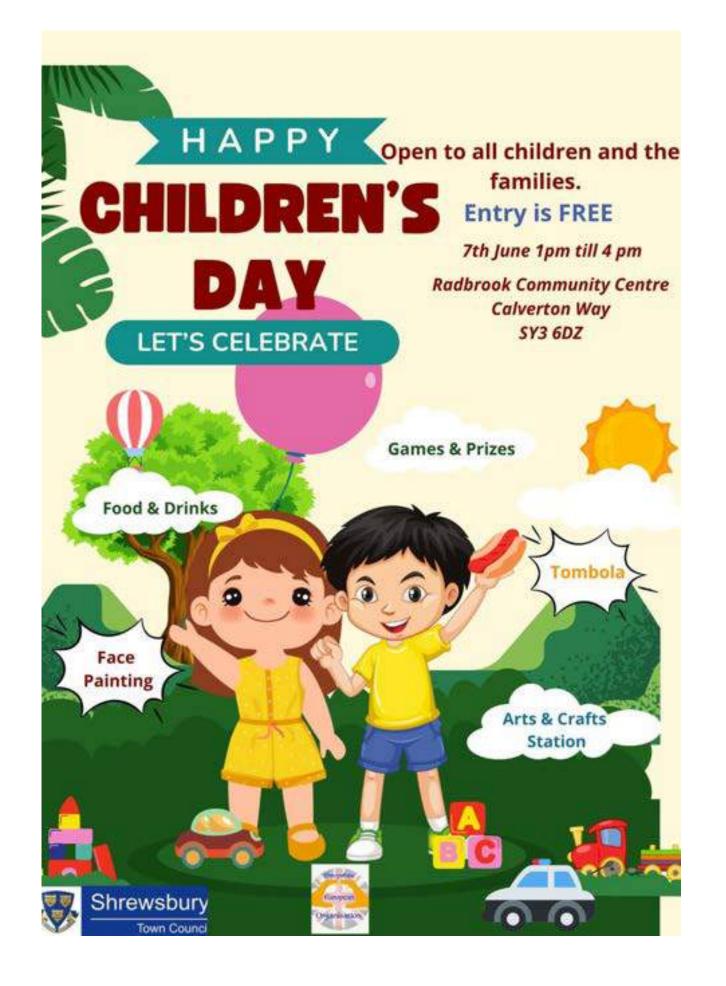












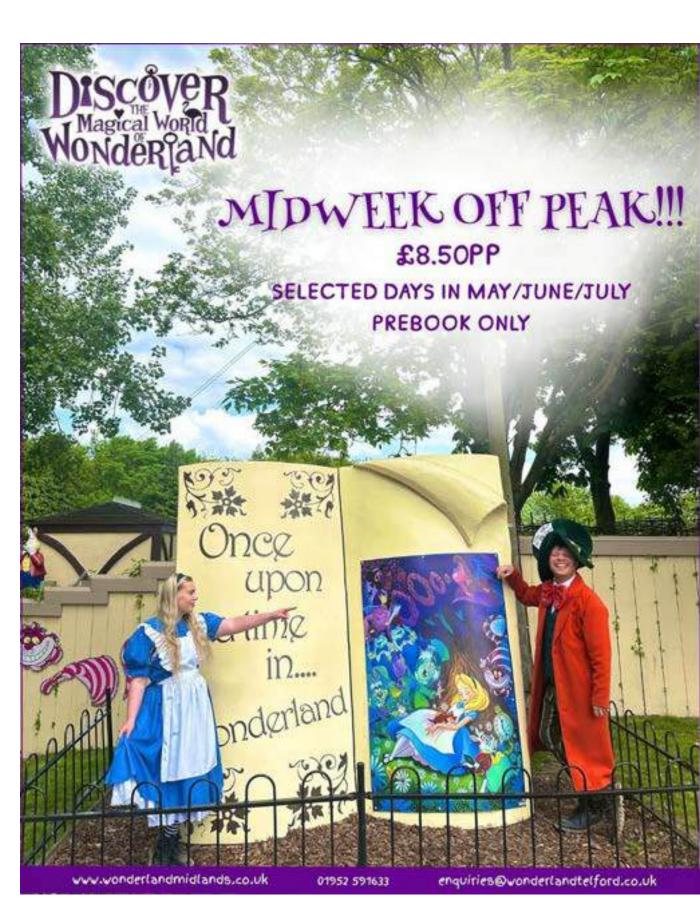




If you're a Mum aged 24 or under, why not join us at our weekly drop-in group. We offer support, advice and a place to take some "me time" Sessions include crafts, well-being sessions, pampering and peer support.

> Meeting Point House, Southwater, TF3 4HS Thursdays 10am - 11.30am (term time only)





0300 333 6540

BVT_Lawley

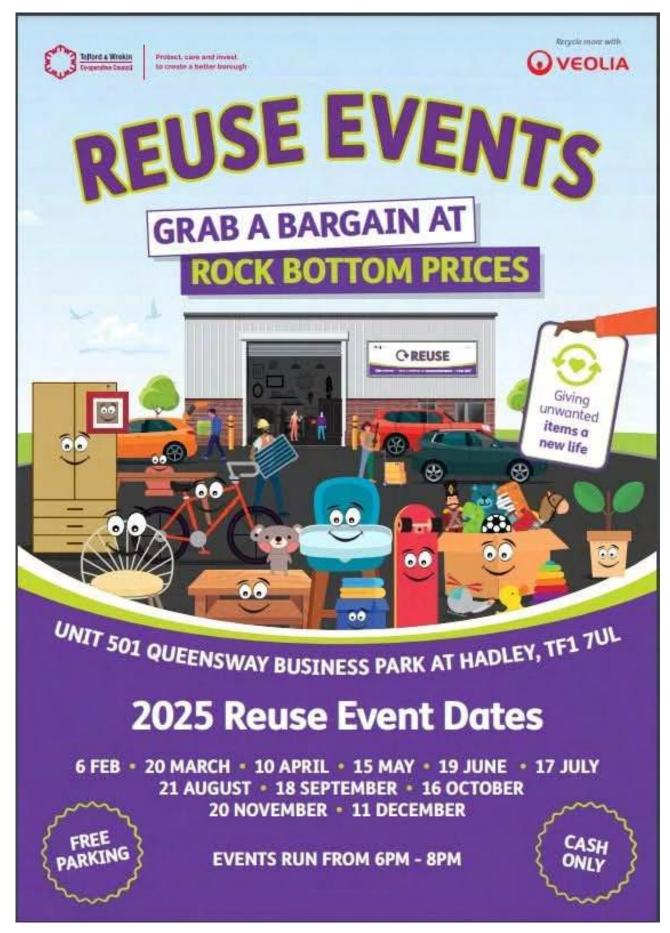
Green & Keen



























Connecting With Nature





















Connecting With Nature





MINE FOUND A BABY BIRDIN

START

IS THE BIRD VISIBLY INJURED OR BEEN CAUGHT BY A CAT?

CALL YOUR LOCAL WILDLIFE RESCUE!

ARE ITS EYES OPEN? WES

IS IT WELL FEATHERED AND CAN HOP ABOUT?







EVERY SO OFTEN SO THEY MUST BE

LEFT ALONE!

CAN YOU SEE THE NEST IT CAME FROM?

MAKE AN ARTIFICIAL NEST FROM I BOWL OR BASKET PLACE IN A SAFE PLACE UP HIGH AS CLOSE AS PARENTS RETURN TO FEED THEM

CALL YOUR LOCAL WILDLIFE RESCUE!

THE CHICK CAN BE RETURNED ABANDON THEIR YOUNG BECAUSE OF YOUR SCENT

HAVE THE PARENTS COME BACK?

IN SHROPSHIRE OR THE SURROUNDING AREA? CALL CUAN WILDLIFE ON 01952 728070



WELL DONE









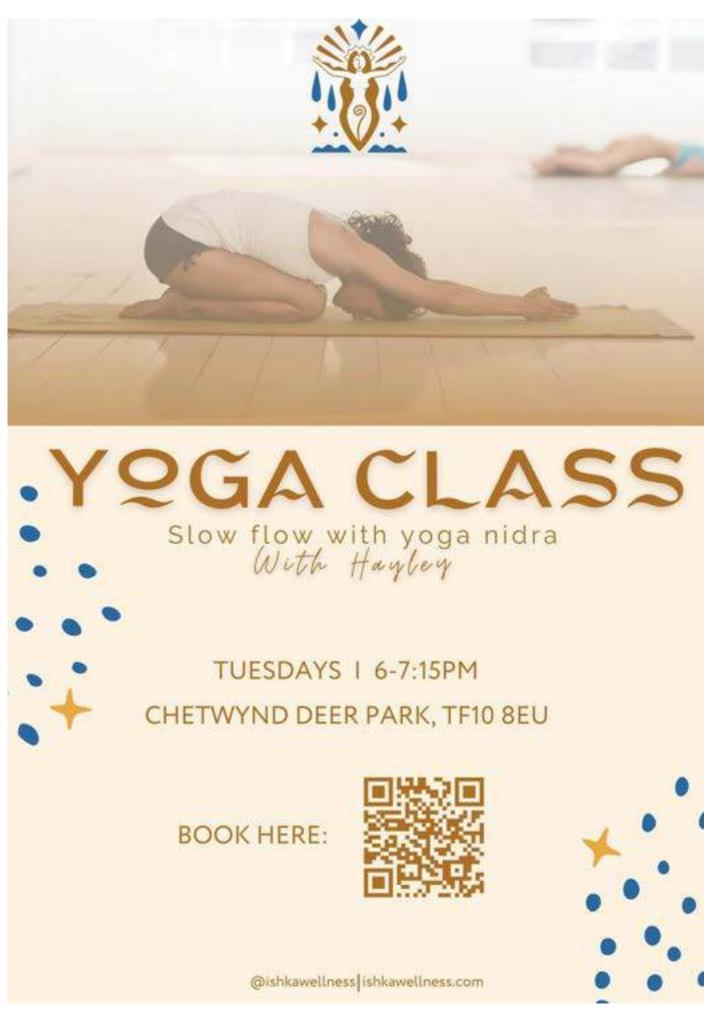


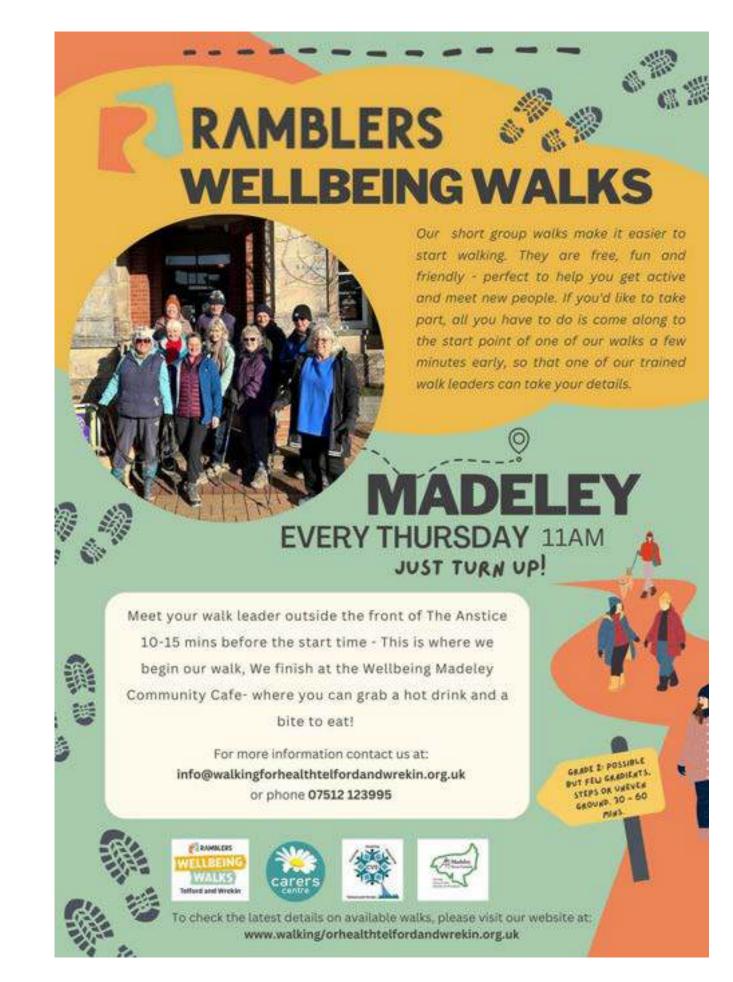


Connecting With Nature



















Learning & Opportunities





learn telford

adult learning starts here



Protect, care and invest to create a better borough



ACCESS TO HIGHER EDUCATION Information Event



Date: Time: Location: Friday, 20/06/2025

12 - 2pm

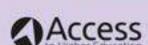
Bishton Court, Ironmasters Way, Telford, TF3 4JE



Want to go to university but don't have the qualifications to apply?

Our Access to Higher Education diploma is specifically designed for adults looking to change direction. Come along to our information session to learn more from staff, current students and the Learn Telford team.

For more information and to book a place, please scan the QR code or visit: https://learntelford.ac.uk/Search/FullDetails/7933710 or email at support@learntelford.ac.uk or phone 01952 382888









Getting ready to start school

Here are some things you can practise together at home that will really help your child when they start school



Build independent everyday skills like putting on shoes and coats....

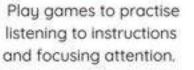


... managing the toilet routine on their own....



practising talking too.







Share books together chat about what's happening or how they are feeling.



Make a name placemat to support name recognition and making marks.



Stay active! It develops children's strength, co-ordination and good health.



Start positive conversations about school and offer reassurance about all feelings.



Arrange meet-ups with friends to strengthen social skills and relationships.





www.peeple.org.uk



ESOL Information Sessions

(English for Speakers of Other Languages)

Protect, care and invest

Dates to choose from:

Tuesday 9th / Wednesday 10th / Thursday 11th September

Starting each day at: 9.30am, 11am or 1pm

Location: Learn Telford, Bishton Court, TF3 4JE

- You will be tested in this session so that we can offer you a place on the right level of English course for September 2025.
- Learners must be aged 19 years and above.
- Fees may apply, eligibility depending on individual financial circumstances.

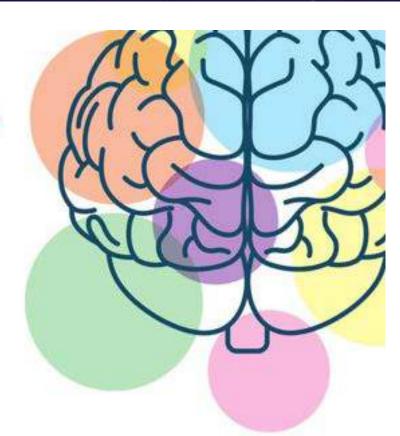
To register, please call us on 01952 382888 or visit www.learntelford.ac.uk











Introduction to Neurodiversity

Start Date: Thursday 3 July 2025 End Date: Thursday 17 July 2025 Start time: 10am - 12:30pm

Duration: 3 weeks

Location: Hub on the Hill, Sutton Hill, TF7 4HG

This FREE course offers an introduction to Neurodiversity to help support you or those you care for in work or everyday life. Eligibility: Adults aged 19+.





To register, please call 01952 382888 or visit www.learntelford.ac.uk















Learning & Opportunities











Volunteering & Opportunities





EILEEN HEWER COMMUNITY FUND

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SUPPORT AVAILABLE

- Advice and support completing application forms and bid writing
- Can be used to fund equipment/projects/events

GROUPS WE HAVE HELPED INCLUDE:

- Lawley Scout Group
- Lawley Village Line Dancing Lawley Lightmoor Comets
- Lawley Primary PTFA
- Telford Steam Railway
- Lawley Guide Group
- Lawley Running Club
- Lowley Community Association
- Lowley Village Yout Club
- Community Volunteer Group
- Lawley Walkers
- Ironbridge Lions

GRANT FUNDING

 Up to £2000 per year per group

 $\sqrt{3}$

- Links to other grant providers/funds
- Voted for approval by a resident panel

CONTACT US

Scan or search:

https://bytlawleyvillage.org.uk/ your villauginiteen hewercommunity-fund



Email BVT for more info: lawleystewardship@bvt.org.uk

Looking for a way to help the local community?

Join our volunteer network now! Email: lawleystewardship@bvt.org.uk





Shropshire & Powys Advanced Riders



Join us or contact us: www.saparweb.com

chairman@saparweb.com







SMS & WHATSAPP 07592 041666

How can I support my local multi-bank?

Ambient food items, including

Tinned meals - stew, meatballs, curry, chilli Long-life Milk - semi-skimmed & whole Kettle only items - pasta, rice, noodles Tinned veg - potatoes, peas, carrots Tinned minced, steak, chicken Cereal & breakfast products Rice pudding & tinned fruit Chocolate Bars & Biscuits Tinned tuna & salmon Microwave Rice

We are always grateful to receive donations of food, hygiene products, pet-food, and baby / toddler clothing & hygiene products.

If you have other items you would like to donate, please call us to check please.

Scan QR to make a secure online cash donation



Personal Hygiene Products

Shampoo Deodorant Shower Gel **Baby Wipes Period Products** Size 5,6,7 Nappies Shaving Gel & Razors Toothpaste + **Toothbrushes** Wet & Dry Cat and Dog food



bvtlawleyvillage.org.uk







Coffee & Sugar

Opportunities & Information



RAMBLERS

Telford and Wrekin

WE ARE ON THE LOOK OUT FOR KEEN, SOCIABLE

WALKERS WHO COULD BECOME CONFIDENT

WALK LEADERS FOR OUR WELLBEING WALKS IN

AND AROUND TELFORD & WREKIN. IF THIS

SOUNDS LIKE YOU, WE'D LOVE TO HEAR FROM

YOU!

For more information contact us at:

info@walkingforhealthtelfordandwrekin.org.uk

or phone 07512 123995

FULL TRAINING AND

SUPPORT PROVIDED!

DO YOU ENJOY

WALKING?

CONSIDERING VOLUNTEERING?







Become a Move to Thrive volunteer!

Would you like to volunteer to support people with dementia and their carers?

For our 'Move To Thrive' project for people with dementia and their carers, volunteers are being recruited to support people who attend the activity sessions as part of the project.

Move to Thrive is a partnership project with Age UK STW, Forum 50+, Telford & Wrekin Council's Public Health and Adult Social Care Teams, Community Resource and The Alzheimer's Society.

It will provide combined social and physical activity sessions for people with dementia and their carers, plus training opportunities, to improve health and wellbeing, bring people together and empower the individual.

The Move to Thrive volunteer role will involve welcoming people with dementia and their carers who attend the group physical activity sessions in Oakengates, helping to monitor everyone's wellbeing throughout the session, and encouraging participants to take part in the activity and develop social interactions with each other.

Training and travel expenses provided if needed.

Interested?

If so please contact Sue Chalk, Community Resource Email: sue.chalk@community-resource.org.uk Phone: 01743 342161

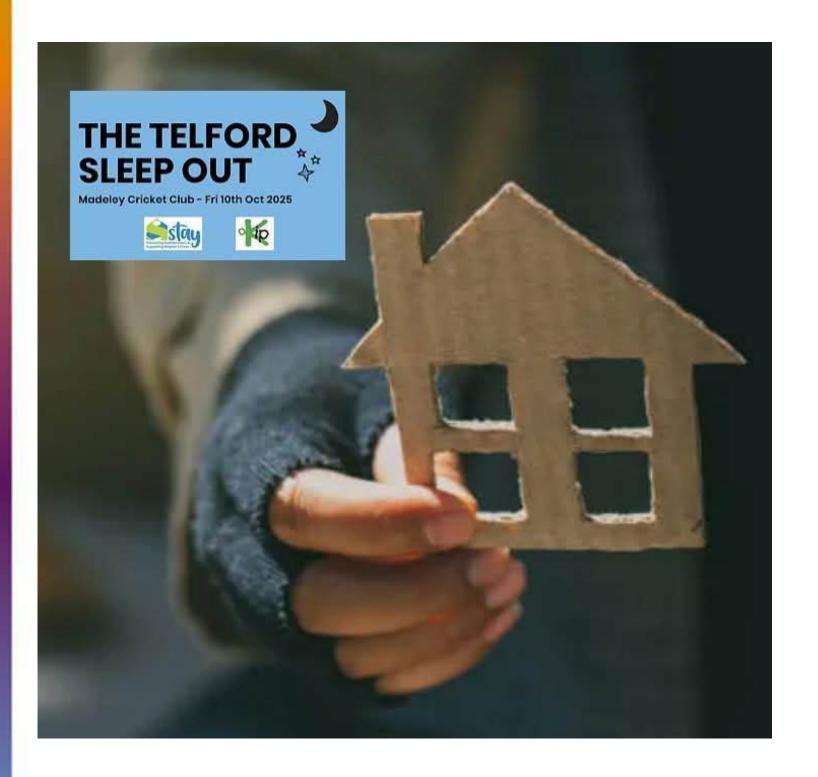
















SMS & WHATSAPP 07592 041666

A personal financial crisis can happen to anyone



TCS core support can help you through the crisis, but our Link Worker support can offer additional advice and information for accessing wider support, helping you to overcome your situation.

> If you would like to make an appointment to chat with our Link Worker please get in touch

adminetelfordcrisissupport.org.uk

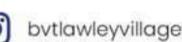














Armed Forces











SHROPSHIRE ARMED FORCES OUTREACH AT RAF MUSEUM MIDLANDS 2025

The Armed Forces Outreach is designed to provide help and support to all military personnel, veterans and their families.

The Outreach works with many service charities and other organisations to make sure that current and former military personnel have access to the right support. This can be coming along to the different outreach locations for a chat and a brew, for information, advice and guidance on many things including housing, benefits, physical and mental health and employment.

We have many sessions around Shropshire, and now we have dates at the RAF Museum Midlands. Why not come and join us?



Wednesday 12 March Wednesday 14 May Wednesday 13 August Wednesday 12 November



11am - 1pm Classroom 2 National Cold War Exhibition



Free parking for this event! Collect your pass from the Museum on the day



RAF Museum Midlands Lysander Avenue Shifnal TF11 8UP



Open to all families, serving personnel, veterans and those who support our Armed Forces community





sarah.kerr@shropshire.gov.uk SAFCC@shropshire.gov.uk



Shropshire Armed Forces Covenant



Armed Forces Support Shropshire Council



Shropshire Covenant





Funded by UK Government

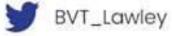




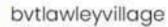










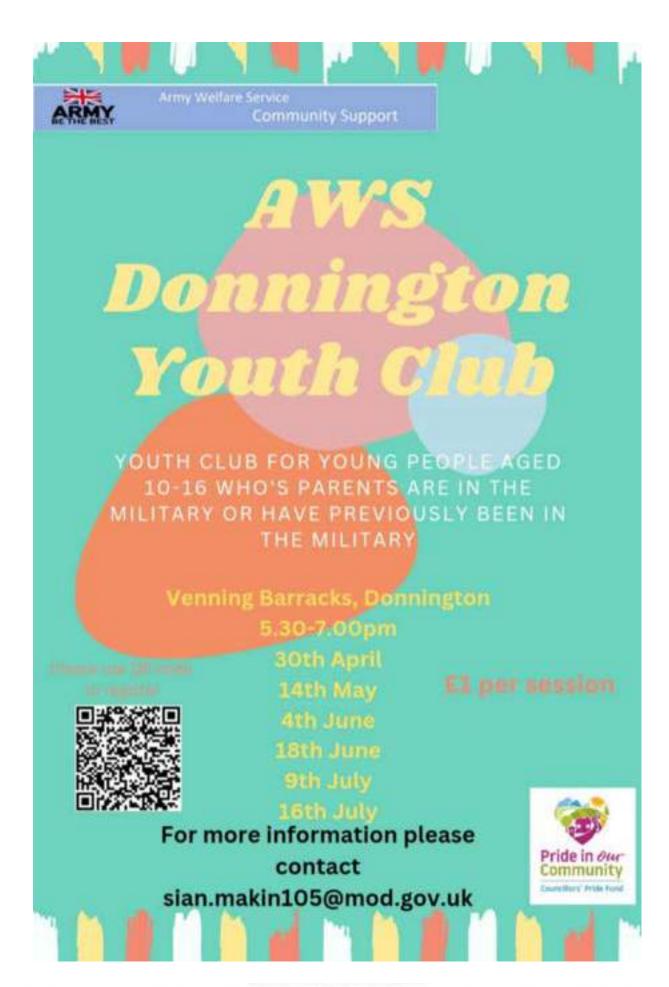




Armed Forces





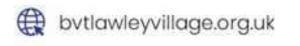


DATE & TIME	ACTIVITY	LOCATION
4PM - 6PM 1 st Wednesday of each month and the 3 rd Wednesday of each month starting from the 19 th February 2025.	Armed Forces Community Cafe	Turreff Hall, Turreff Avenue, Donnington, TF2 8HG
1.30PM - 4.30PM 1 st & 3 rd Tuesday of each month.	Models for Heroes Session	Leegomery Community Centre, 29 Halifax Drive, Leegomery, TF1 6XR
2 - 4PM 2 nd & 4 th Monday of each month.	Armed Forces Community Cafe	Dawley House, 22 Burton Street, Dawley, TF4 2ES
10AM - 12.30PM 1st Thursday of each month.	Armed Forces Community Drop-In Session	Sambrook Centre, Grange Avenue, Stirchley, TF3 1FL
1.30PM – 4.30PM 2 nd & 4 th Tuesday of each month.	Models for Heroes Session	St Georges & Priorslee Parish Council, Parish Centre, Grove Street, St Georges, TF2 9LJ
10AM - 11.30AM Each Thursday of the month	Art Classes for our Armed Forces Community	Donnington Community Hub St Matthews Road, Donnington, TF2 7PR
1PM – 3PM 2 nd and 4 th Friday of each month.	Armed Forces Community Craft/Sewing Group	Strickland House, The Lawns, Wellington, TF1 38X
9.30AM – 11.30AM Last Sunday of each month	Armed Forces Community Brunch	Horsehay Village Golf Club Wellington Road, Horsehay, TF4 3BT

The Veterans Cafes are run by Telford Mind on a drop-in basis and supported by the individual Town & Parish Councils. For further information on any of the above, or if you have suggestions for further events, please contact armedforcescovenant@telford.gov.uk or phone the Telford & Wrekin Council's Armed Forces Covenant Team on Mob. 07854 661346.











BVT_Lawley







Older Residents









Move to Thrive

Movement To Music sessions especially for people with dementia and their carers

Led by a qualified instructor, with social time and refreshments before and after each session.

> Every Tuesday 10.45am - 12noon Every Thursday 1.30 - 2.45pm

At Oakengates Rest Rooms, Charlton Street, Oakengates TF2 6BS

Just £5 per person with dementia per session (carers free)

Booking per session essential – as a referral or self-referral

Need support to get to these sessions? Contact us to find out about our 'Buddy System' provided by trained support workers.

Bespoke activity sessions are also available:

- For people with dementia and their carers in their home, who cannot access group sessions
- For people with a diagnosis of early onset dementia

To book a place or find out more contact enquiries@community-resource.org.uk or call 01743 360641





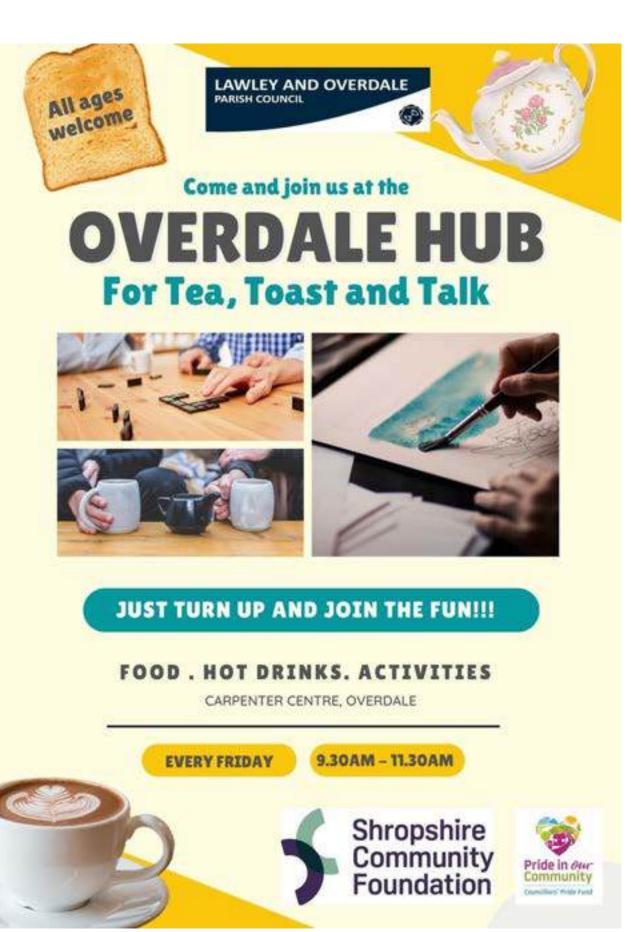








THINGS TO DO



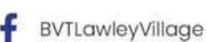












Older Residents















BVT_Lawley





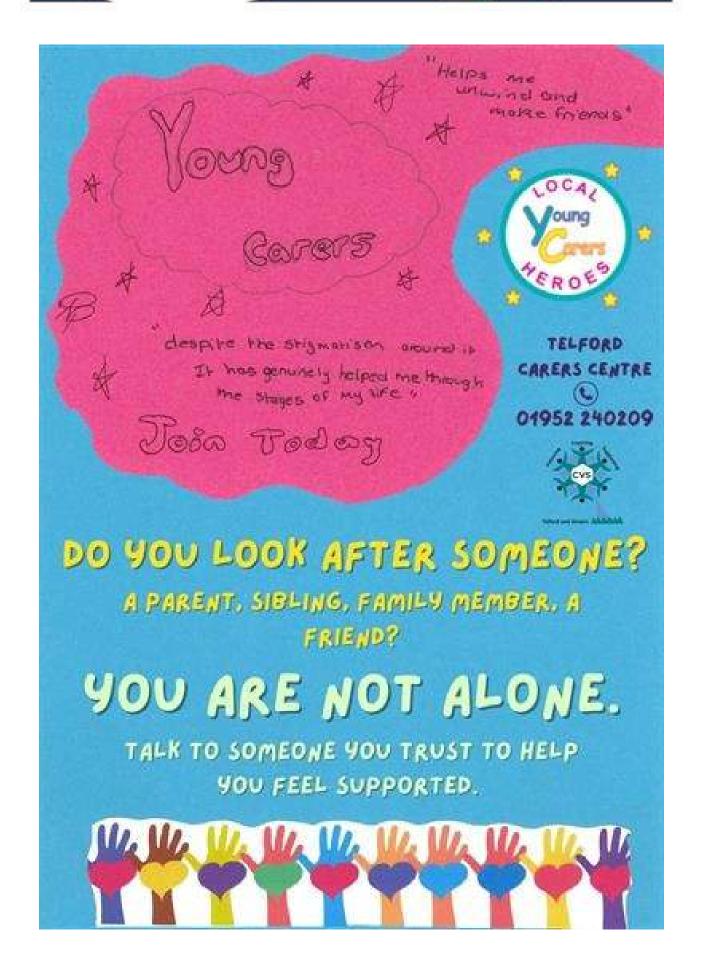
Carers Support













public Transport

minute walk

Number 4 bus to the Cock Hotel then a 5 - 10















Specialist physiotherapy for children and young people aged 0-18



Our mission

We help children with developmental challenges to improve their mobility and achieve maximum independence.

We offer comprehensive assessments and therapy for infants, children, and teenagers.

Who is it for?

- √ Cerebral palsy (CP)
- ✓ Muscular dystrophy
- √ Spina bifida
- √ Neurological disorders
- √ Chromosomal disorders
- ✓ Developmental delay
- √ Toe walking and other gait disorders

Why choose us?

Our team of experienced paediatric physiotherapists offers assessments and individually tailored physiotherapy provided in modern and well-equipped therapy rooms.

Contact us:

29 Waterloo Road, Wolverhampton, WV1 4DJ

6 01902 933012

contact@powerpaeds physio.co.uk

Take care of your child's development with the help of Power Paeds Physiotherapy specialists!

Are you looking after a loved one who needs help because of illness, disability, or age?

FREE 5 DAY SELF CARE Chellenge

If you're feeling overwhelmed,
exhausted, or guilty about taking time
for yourself, this online, free 5-day
challenge offers simple tools to help
you restore calm, boost energy, and
reconnect—in just 10-20 minutes a
day.



Monday 9th - Friday 13th June 2025



Email and online

10 - 20 minutes, whenever suits you



Scan the code or join at

www.workcareandthrive.com

Work Care and Thrive

In support of

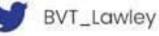












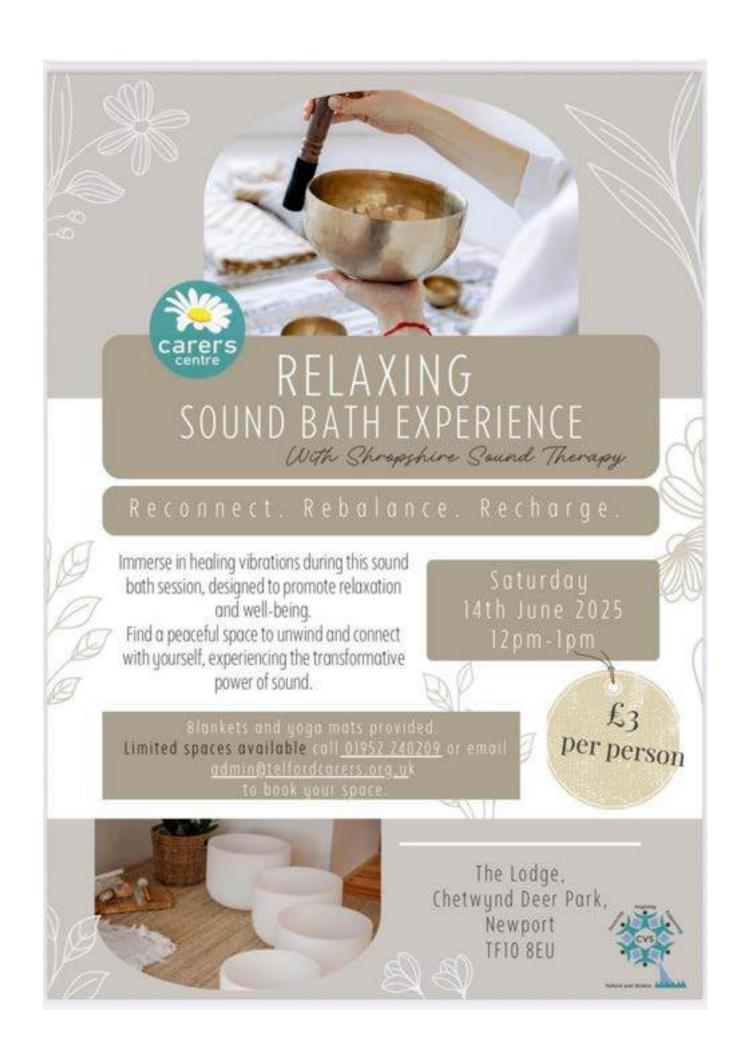
































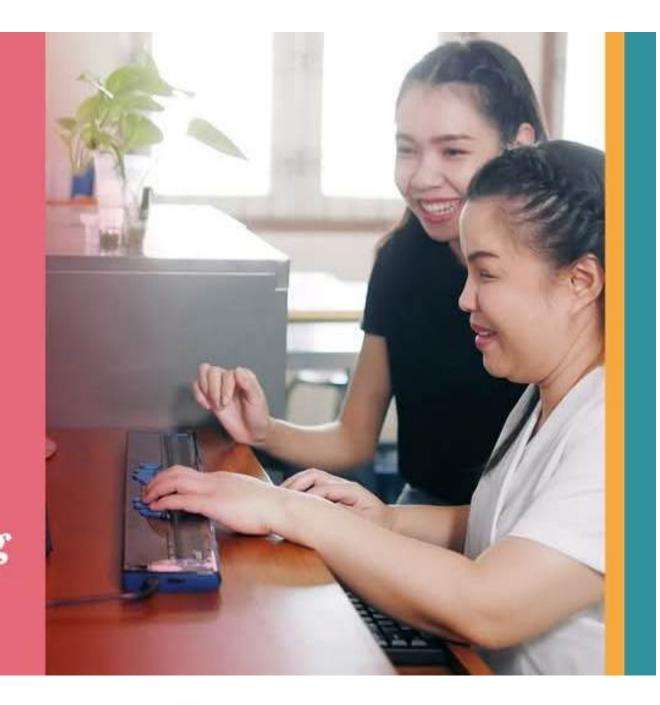
Are you a caregiver for a non-birth child?

Kinship care is when children are cared for by members of extended family, friends, or other people connected with them for a variety of reasons. We would like to support families by learning from your experiences to inform





Find information, advice, services and more at: www.telford.gov.uk/kwtg









Carers Discounts & Offers!

Attingham Park - Carers and their Cared for can get FREE access to Attingham park throughout Carers week! To take advantage of this wonderful offer please contact the Carers Centre on 01952 240209 or email admin@telfordcarers.org.uk to register and we will pass your details onto Attingham Park.

Weston Park - Visit the Rose Patterson Art Gallery at Weston Park where they are exhibiting the Triptyych- Three Midlands painters works and the Turner painting of *Cicero's Villa*.

The Bike Hub - 50% Off Bike hire throughout Carers Week- Proof of carer status required by showing your carers card which can be collected from The All Age carers centre, Suite 12&15 Hazeldine House, Telford, TF34JL, or at any of our community hubs.

For more information about individual events please contact the Carer's Centre, Suite 12-15 Hazledine House, Central Square, Telford, TF3 4JL

email: admin@telfordcarers.org.uk

Telephone: 01952 240209

Carers UK theme for Carers Week 2025 is 'Caring About Equality', calling for an equal society where carers are truly valued, recognised and supported. Each day of Carers Week will have a specific focus and highlight the different ways inequality impacts carers' lives:

Monday: Health and social care Tuesday: Financial wellbeing Wednesday: Work and employment Thursday: Younger carers Friday: Older carers

Saturday: Mental health and wellbeing Sunday: Reflections on Carers Week

At the All Age Carers Centre we have tried to incorporate these themes across our weekly timetable.







Telford & Wrekin

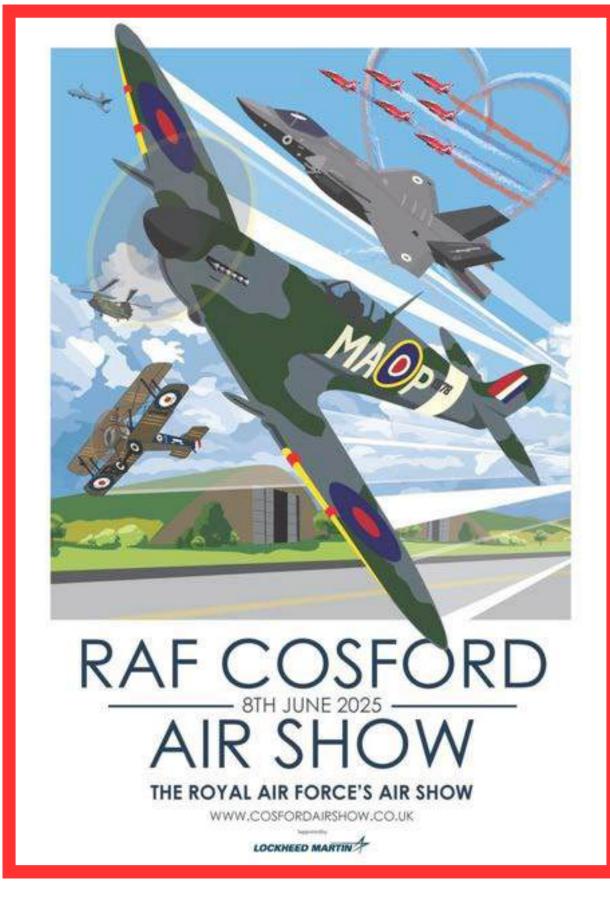


Protect, care and invest to create a better borough

Community Activities











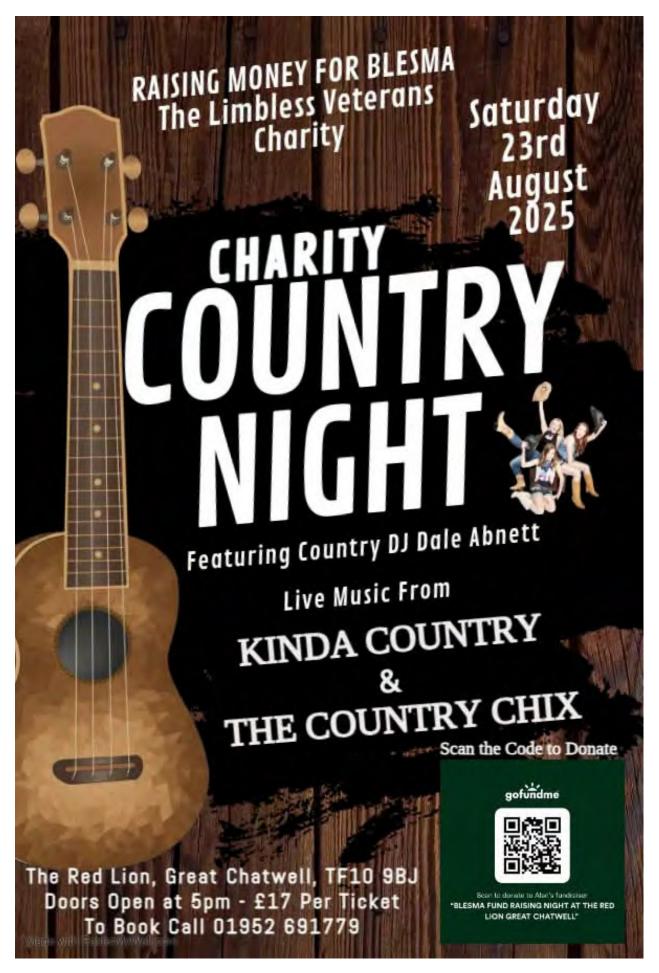




Something Different





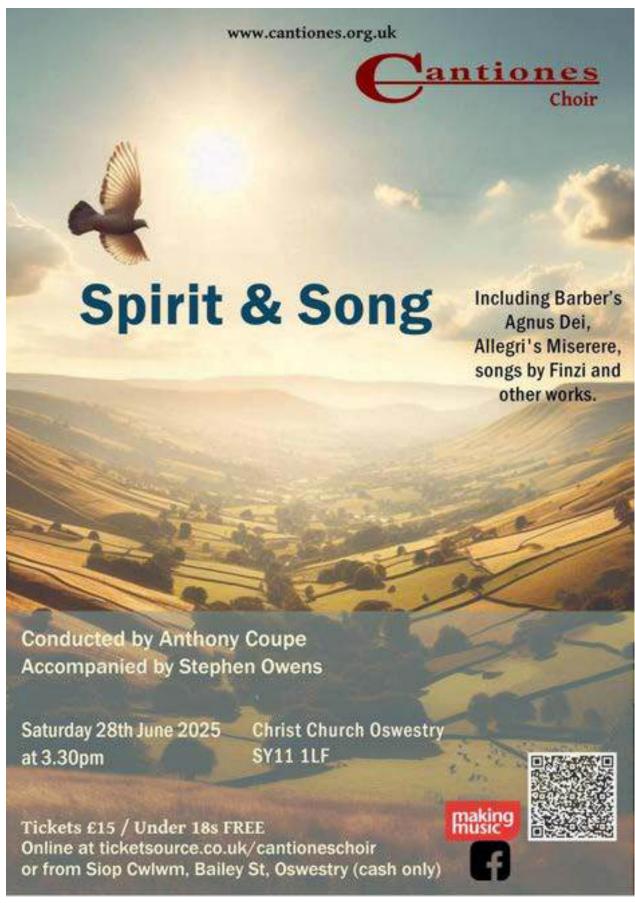


Looking for a way to help the local community?

Join our volunteer network now! Email: lawleystewardship@bvt.org.uk



Want your events, activities or group featured here?
It's easy! Send your flyers or posters over to us at BVT.
Contact:
Lin Powell
LindseyPowell@
byt.org.uk









Something Different



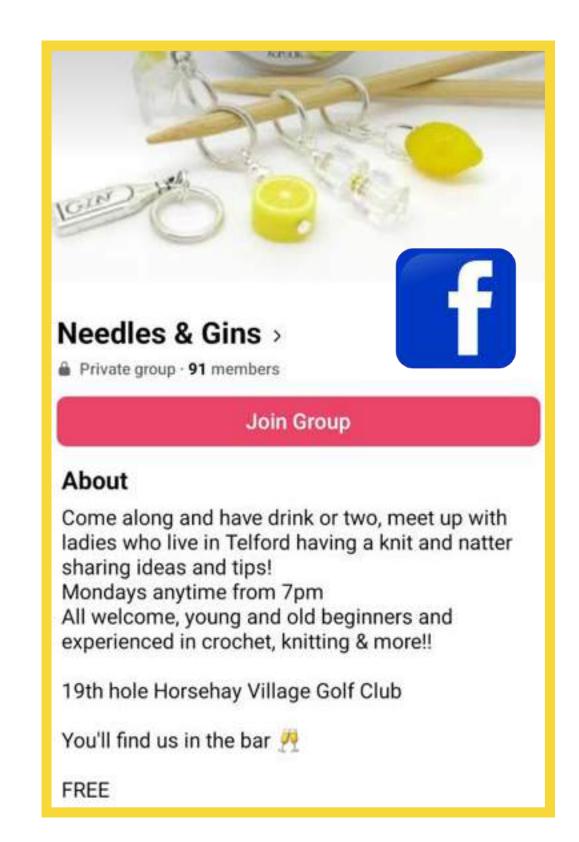












Community Activities





THE PARK WELLINGTON

STALLS WANTED!

SATURDAY, 26TH JULY 12:00 PM - 6:00 PM

WHITCHURCH ROAD, WELLINGTON, TFLFORD, TF1 3AG

Join us for a vibrant summer market! We're inviting local makers, sellers, and creatives to set up their stalls and share their unique goods with the community.

> INTERESTED IN A STALL? CONTACT US TODAY:

> > **6** 01952 255810

The Park Wellington

LET'S MAKE THIS A DAY TO REMEMBER!





Wellington Events 2025



Bayley mile road race

Road race for Wellington school children, Wellington businesses and residents. The Bayley Mile Road Race is an annual running event which originated in the 1930s, a testament to the vision of its

VE Day Celebrations

8th - VE Day 80 The Apley Piper and The Wellington Town Crier will mark this special occasion

with a proclamation at 9am in the market square.

10° - Wellington will be commemorating the day with plenty of entertainment in market square MAY

Late night Wellington Market

Always a popular event - Late night market event will be on from 5pm-10pm. £2 per person, kids free

14 Wellington midsummer fayre
The Midsummer Fayre is a traditional feel-good spectacular with costumes and entertainment,

JUN centred around the market square, All Saints churchyard and Wellington Market.

Wellington in Bloom Early

Hanging Baskets, Eco Gardens & Vegetable patches and Front Gardens are the categories for this year's competition. To enter please email lovewellington2020@gmail.com before Friday 13 June. JUL ludging with the Mayor will take place early to mid July.

Italian scooter day

Riders from all over the Midlands take to Wellington Market Square to show off their scooters of all JUL

colours and styles

JUL

13 Food festival – Wellington Cricket Club
The Wrekin Eatin' Festival with Street Food, Entertainment, and Family Fun. Back by popular demand

after its successful debut in 2024.

Saturdays in the square

Every Saturday in August from 11am-1pm will be our Saturdays in the Square, where there will be

AUG

music and entertainment able for the whole family.

23 Urban scarecrow festival

The Urban Scarecrow Festival will be open for Wellington residents to display from garden AUG scarecrows made from recycled materials and judged to win prizes. Details to be confirmed.

Autumn acoustics SEP

Listen to talented local artists performing acoustic sets on 13, 20 & 27 September in market square.

Wellington Walking Festival 8-14

The walking festival is back! Comprising of a usual mix of new and old favourite walks. There will be SEP short themed strolls around places of interest, strenuous walks and lots in between

18

The Ghost Tour will be an evening event 'Spirits and Spirits' theme with a spooky history walk around OCT

Wellington. Finishing in one of the pubs to share local ghost stories. More details to be confirmed.

Lighting up the town in market square, the light switch on is always a festive event, guaranteed to put





Willing to travel a bit further?









Talk & Play with The Sea Change Trust

TO ALLOW THOSE IN CAREGIVING ROLES TO CONNECT WITH OTHER FAMILIES & OUR THERAPISTS

Mondays 10am-3pm

THE BELL TENT **QUARRY PARK** SHREWSBURY

UNDER 5s





Tuesdays 1pm-3pm

MADELEY TELFORD

UNDER 2s





Wednesdays 10am-12pm

PAVILLION COMMUNITY HUB & LIBRARY PONTESBURY

UNDER 5s





All groups are term-time only and free to attend but donations are welcome The Sea Change Trust is a Registered Charity (1181866)













Community Support





Citizens Advice in your community

Stirchley Sambrook Centre

Every Wednesday

Appointment only

Interfaith Council Wellington

Every Thursday

Appointment only

Newport Community Library

Every Friday

Appointment only

Donnington Community Hub

1st & 3rd Monday of the Month

Appointment only

Hadley Community Centre

1st & 3rd Friday of the Month

Appointment only

Anstice Madeley

2nd & 4th Wednesday 10am - 1pm

Drop in Advice

Hub on the Hill

Leegomery

Community Centre

2nd & 4th Friday of

the Month

Appointment only

2nd & 4th Tuesday of the Month

Sutton Hill

Appointment only

Telford Job Centre Plus

1st & 3rd Wednesday of the Month

Drop in

Hollinswood Neighbourhood Centre

3rd Tuesday of the month

Appointment only

Woodside Park Lane Centre

4th Tuesday of the Month

Appointment only

Oak Tree Centre Lightmoor

1st Tuesday of the Month

Appointment only

Wrockwardine Parish Council

2nd Tuesday of the Month

Appointment only

St Andrews Church Aston

2nd & 4th Wednesday of the month

Drop in

Dawley Town Hall

Last Wednesday of the Month

Appointment only

Lawley Community
Hub

2nd Wednesday of the Month

Appointment only

Brookside Central

Every Thursday

Appointment only

St Georges Parish Council Office

2nd Thursday of the month

Appointment only

Meeting Point House

3rd Thursday of the month

Appointment only

The Wakes Oakengates

1st & 3rd Friday of the Month

Appointment only

citizens advice

Telford & the Wrekin

Woodside Park Lane Centre

2nd & 4th Friday of the Month

Drop in

Wellington Library

Every Tuesday & Thursday

Drop in

Meeting Point House

Every Monday

Drop in

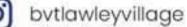
bvtlawleyvillage.org.uk



0300 333 6540



(i)





Health & Wellbeing







MENOPAUSE AWARENESS

Monday 7th July 2025, 6.30pm - 8.30pm Severn Wye Room, Ludlow Mascall Centre, SY8 1RZ

Wednesday 9th July 2025, 10.30am - 12.30pm Bishop's Castle Community Hospital, SY9 5AJ

Wednesday 16th July 2025, 6.30pm - 8.30pm Mayfair Community Centre, SY6 6BL

Wednesday 10th September 2025, 10am - 12pm Mayfair Community Centre, Church Stretton, SY6 6BL

To book your FREE place, call 01743 360641 or email healthevents@community-resource.org.uk

Supported by





Community Resource is an operating come of the Community Council of Stroppere, A Company Limited by Governites 4552487 and a Registered Charity 1006779.

Would you like to learn more about menopause and how to look after yourself through this period of your or a loved one's life?

Your session includes thought provoking information on the topic of perimenopause and menopause including:

- Understanding the wide range of symptoms (not just hot flushes!)
- Risks and benefits of hormone replacement therapy (HRT)
- Lifestyle changes to improve your symptoms
- A recorded Q&A session with GP Dr Deborah Shepherd
- A free gentle 30-minute yoga taster session
- Information on resources which provide support for people experiencing the menopause





About us

Community Resource is a charity that is committed to making life better for people and communities facing challenges in Shropshire, Telford & Wrekin.

A donation towards the work of our charity would be greatly appreciated.

www.community-resource.org.uk 01743 360641 enquiries@community-resource.org.uk





A healthy, balanced diet can improve your physical and mental health.

Join us for free guidance on how to eat well to feel well.

10:30am - 1pm on Tuesday 17th June 2025 Oswestry Library, Arthur Street, Oswestry, SY11 1JN

To book your FREE place Call 01743 360641 or

Email healthevents@community-resource.org.uk

Supported by



Are you confused about what you should and shouldn't eat? Take this opportunity to find out how to improve your nutrition and health.

This free, 2 ½ hour session includes a presentation from students of Worcester University's Dietetics degree course overseen by Dr Stacey Jones, Principal Lecturer. They will explain portion size, main food groups and a general guide to eating well.

Our talk also includes information on ultra processed foods, salts and sugars as well as what to do if you get a prediabetes diagnosis covering signs and symptoms.

Physical activity is essential to wellbeing. The talk will be followed by a gentle exercise taster and information on local exercise opportunities.



About us

Community Resource is a charity that is committed to making life better for people and communities facing challenges in Shropshire, Telford & Wrekin.

A donation towards the work of our charity would be greatly appreciated.

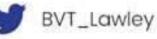
www.community-resource.org.uk 01743 360641 enquiries@community-resource.org.uk















Health & Wellbeing





SASA Wellbeing Hub



Exercise on Referral Scheme

The Exercise on Referral Scheme is a 12-week programme which consists of:

- an initial consultation
- · a 12-week exercise programme, tailored to meet individual needs
- · a final reassessment

Classes are held weekly, throughout the programme, and are led by a qualified instructor.

For more information contact:

Venues:

Sparc Bishops Castle -Church Stretton -

Web: Shropshire.gov.uk

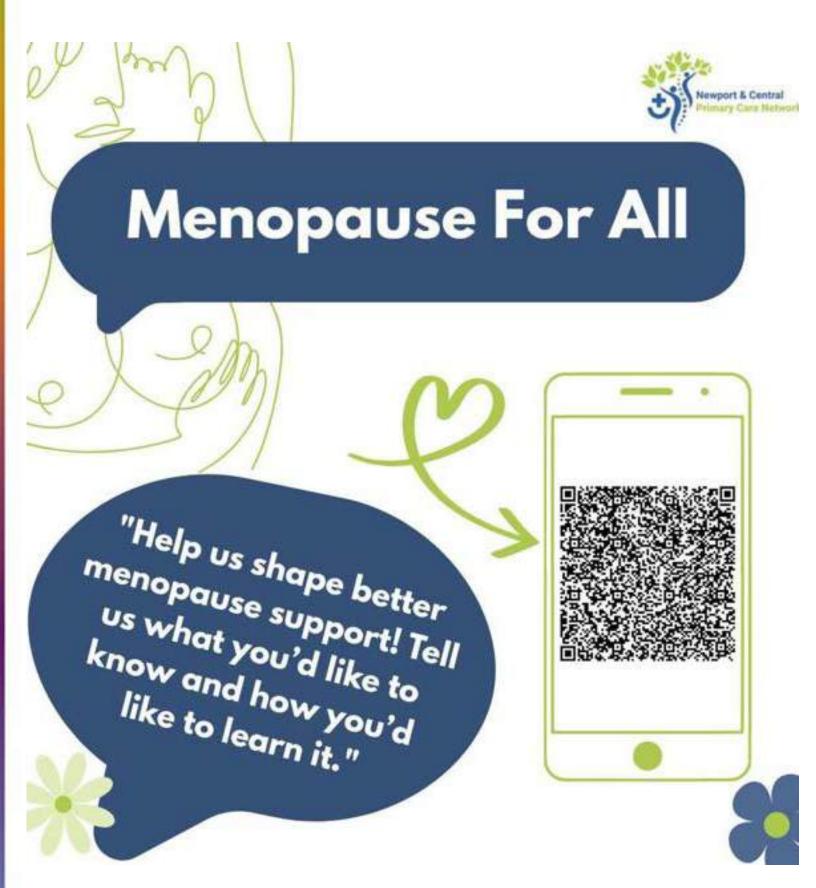
Email: EOR, leisure@shropshire.gov.uk



















Health & Wellbeing

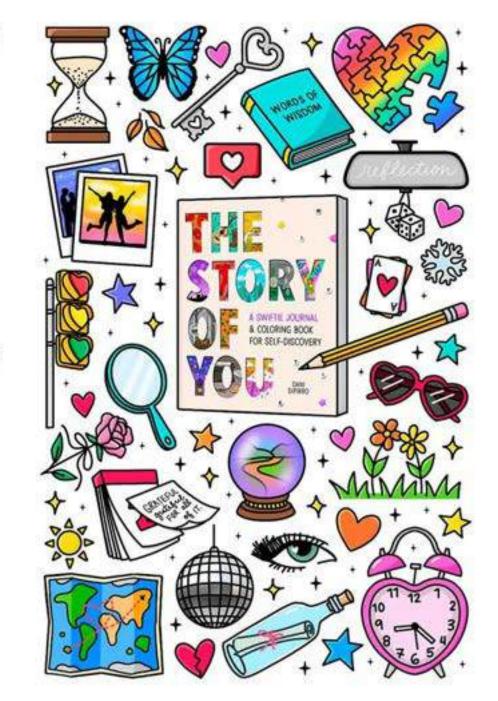






13 BENEFITS OF SELF-DISCOVERY

- 1 FIND YOUR TRUE PURPOSE
- 2 LEARN WHAT YOU VALUE
- 3 EXPLORE YOUR PASSIONS
- UNLOCK INNER WISDOM
- 5 LOVE YOUR UNIQUENESS
- REFLECT ON YOUR PAST
- KNOW YOUR PREFERENCES
- INCREASE CONFIDENCE
- NOTICE YOUR PATTERNS
- UNCOVER LIFE'S MEANING
- TRUST YOUR INSTINCTS
- IMPROVE RELATIONSHIPS
- (B) CREATE YOUR FUTURE





Staying Safe







Protect our children!

Parents and guardians: Our kids are now most commonly abused online, via their mobile phones and games consoles. Do you know how to keep your kids safe?

Learn more about the dangers of kids being online and how you can keep them safe. Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Scan the QR code to find out more about our awareness training and to sign up to one of our free sessions or go to www.westmercia.police.uk/exploitworkshops















Useful Information

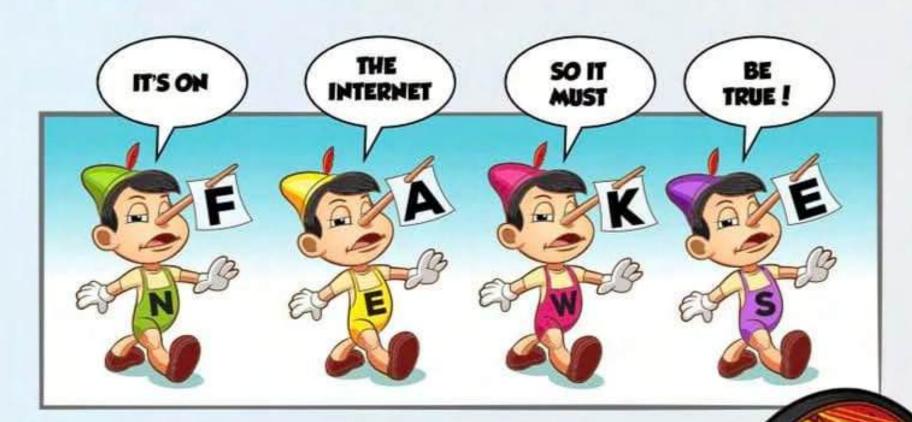


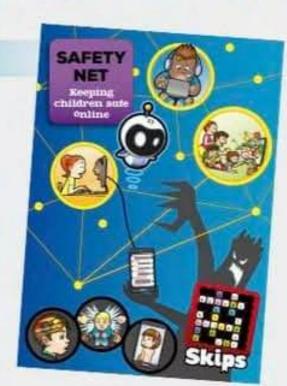




Keeping children safe online

A Parent's Guide to Fake News













your children safe online



Young people can very easily be dragged into things without parental guidance and support.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

0300 333 6540

Developed in partnership with







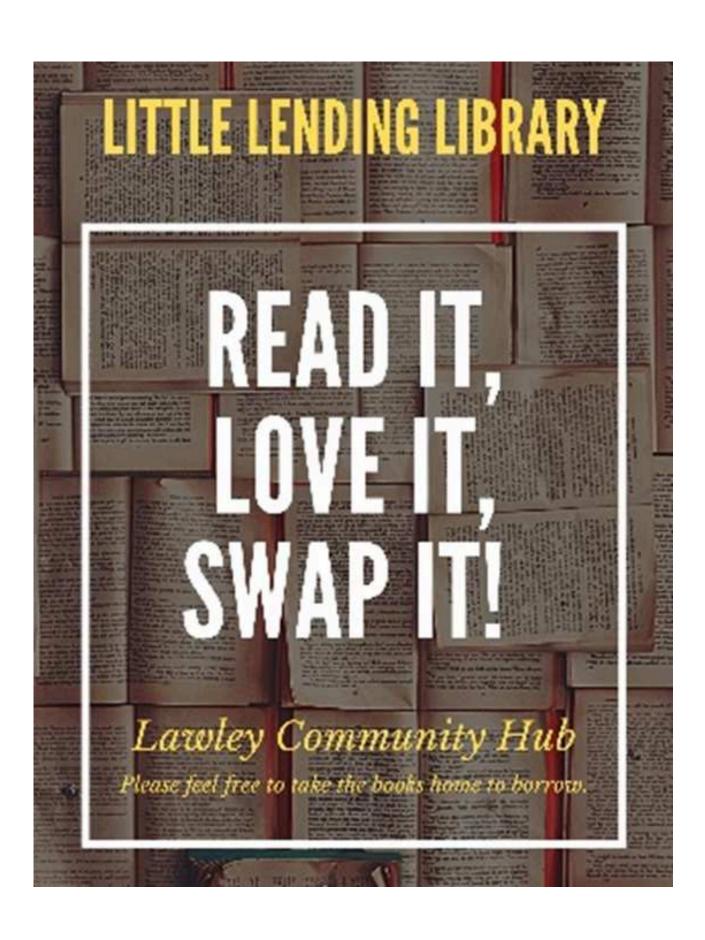
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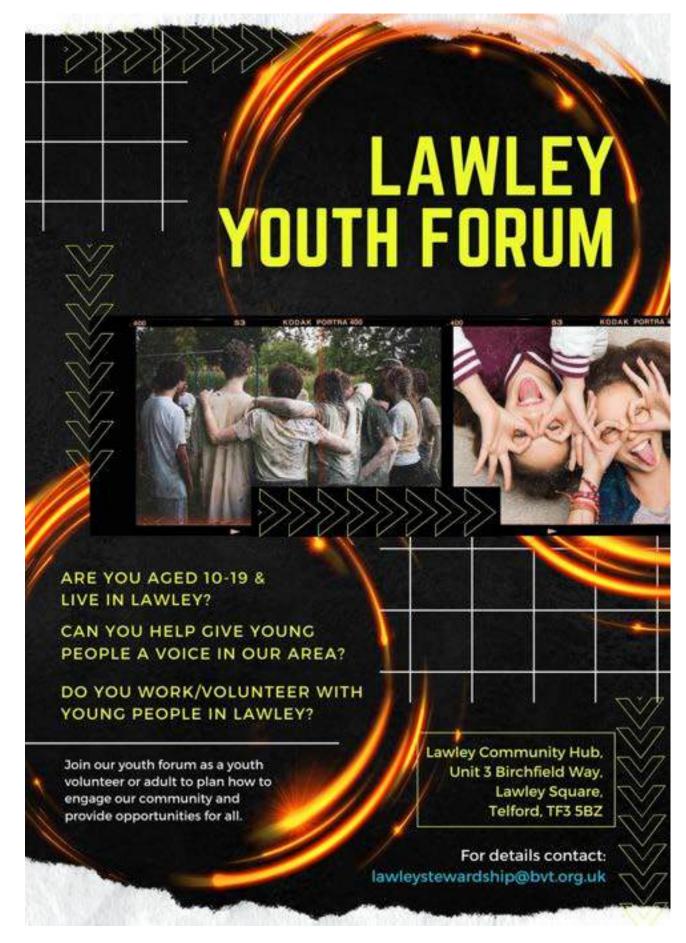
www.skipssafetynet.org

Lawley Groups













Stay Informed





Follow us!

If you'd like to keep up to date with information about community activities, events or service information you can by:

Signing up to our bi-monthly online newsletter:

https://www.bvt.org.uk/publicatio ns/register-for-online-newsletter/

Visiting our website: www.bvtlawleyvillage.org.uk

Following us on social media:

https://www.facebook.com/BVTL awleyVillage/

https://twitter.com/BVT_Lawley

Would you like us to share details of your events, groups and activities?
Email: lindseypowell@byt.org.uk



Looking for a way to help the local community?
Join our volunteer network now!
Email: Lawleystewardship@byt.org.uk

INFORMATION & WEBSITE



Check out our new website!

https://bvtlawleyvillage.org.uk

Scan the QR for details of BVT estates services, key information and event details in Lawley





Visit Lawley Community Hub to find out about using this space for community activities. Drop in to hear more about local events, activities and opportunities.

Lawley Community Hub, Unit 3 Birchfield Way, Lawley Square, Telford, TF3 5BZ

Community Places





LAWLEY COMMUNITY HUB: HERE FOR THE COMMUNITY











YOU ARE WELCOME TO

- Use the fast Wi-Fi connection
- Work from the hub for the day
- Use the space as a warm or cool place
- Meet local services and partners here

OO

THINGS WE DO HERE



- Private meeting space for hire and IT faciltiies
- Open space for drop in events and outreach
- Contact with BVT Estates
 Team and estate
 enquiries
- Art Gallery, Little Lending Library, Glasses Recycling

• 0 0

LITTLE WAYS WE'VE HELPED YOU

- Shared information about community groups
- Use of a phone charger in an emergency
- Looked up a bus timetable
- Printed sheets for community groups
- Designed posters for events
- Contacted local partners in the community for you

CONTACT US

Scan or search:

https://bvtlawleyvillage.org.uk/ your-village/lawleycommunity-hub



Email BVT for more info:

lawleystewardship@bvt.org.uk





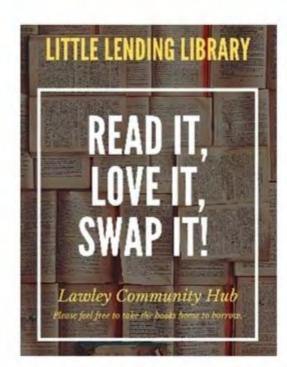
Community **Places**





LAWLEY COMMUNITY HUB: HERE FOR THE COMMUNITY







BROWSE, BORROW & BRING WITH THE LITTLE LENDING LIBRARY



PLAY WITH TOYS



TAKE HOME & DONATE SEEDS FROM OUR NEW SEED SWAP SHOP



RECYCLE **SPECTACLES** & INK CARTRIDGES **FOR CHARITY**



VIEW ARTWORK & LEAFLETS



VIEW EVENTS POSTERS & SHARE **YOURS**



CONTACT US

Scan or search:

https://bvtlawleyvillage.org.uk/ your-village/lawleycommunity-hub



Email BVT for more info: lawleystewardship@bvt.org.uk



If you're looking for a room to hire for meetings, a space for a community group or simply looking for a change from working from home, the new Lawley Community Hub located in the village square has a space for you.

Lawley Community Hub has a private meeting room to hire as well as a larger open space. Discounts are available for Lawley charge paying residents, charities, community groups and local authorities.

The hub could be used for:

- Business meetings.
- 121 wellbeing/counselling sessions.
- Local community groups.
- Local charities.
- Professional groups/meetings.
- Parent and baby classes.
- Knit and natter groups.
- · Book club.
- Community meetings.
- Desk space.



For more information about hiring the hub or using a hot desk, click on the QR code, pop in or call the number below.





Lawley Community Hub, Lawley Square, Birchfield Way Lawley